



# OVERCOMING OBSTACLES®

LIFE SKILLS EDUCATION

## PASS IT ON!

ACTIVITY THEME: BUILDING TEAMWORK SKILLS

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Overcoming Obstacles™ Life Skills Curriculum

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To be successful in school and in the workplace, students must develop strong teamwork skills. *Pass it On!* is an engaging and effective activity that helps students understand the importance of patience and communication when working as part of a team.

The Overcoming Obstacles Life Skills Program is full of success stories. To learn more about our middle school and high school programs, call us toll free at 877-840-9606 or visit [www.overcomingobstacles.org](http://www.overcomingobstacles.org).



# PASS IT ON!

Activity Theme: Building Teamwork Skills

## ACTIVITY OBJECTIVE:

Students participate in a race to pass a penny from one end of the line to the other using teamwork skills. Students discuss the importance of these skills in their daily lives.

**TIME ESTIMATE:** 30 minutes

**REQUIRED MATERIALS:** Two pennies

## PROCEDURE:

- Divide the class into two groups of equal size. Have each of the groups form lines facing each other with members of each team standing shoulder to shoulder.
- Explain that the groups will be in competition to pass a penny from one end of the line to the other. The student at the end of each line will have a penny placed on the back of one hand. Upon a signal, the person will then transfer the penny to their other hand by placing the back of their other hand over the penny and then flipping both hands at once. When the penny is on the back of their other hand, it must be passed to the next player using the same method. If a penny is dropped, it must be taken back to the beginning and the team must start over.
- Before beginning the race, the facilitator should model the passing technique to make sure the process is clear.
- To start the race, place a penny on the back of the hands of two students at the end of the team lines. When both groups are ready, signal for the race to start.
- The first group that completes the penny pass is the winner.

## DEBRIEF:

Ask the students:

- What factors helped their group perform the task?
- What factors made the race difficult?
- How does this challenge relate to teamwork in general?