

REAL TIME TALLY

There are 168 hours in the week. Here is how I spend my time:

sleeping: _____

school: _____

eating: _____

watching TV: _____

talking on the telephone: _____

other activities: _____

TOP FIVE FAVORITE ACTIVITIES:

1. _____
2. _____
3. _____
4. _____
5. _____

LEARNING STYLES (To the teacher: Save for part 3.)

Cut out each learning style. Tape them to the bottom of the appropriate skill category on the “Skills” activity sheet.

Athletic, Body	Musical	Visual, Artistic	Mathematical, Logical	Verbal, Linguistic	Social, Interpersonal	Social, Intrapersonal
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