GETTING AHEAD (B)

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٥	l stayed up late gaming. 5 Steps	l rode my bike after school. 8 Steps	l watched TV after school. 0 Steps	l went to bed early. 10 Steps
σ	l played a game outdoors. 10 Steps	l stayed up late doing homework. 5 Steps	l ran a mile. 8 Steps	l stayed up late talking on the phone. 5 Steps
	l did my home- work right after school. 10 Steps	l walked instead of riding in a car. 8 Steps	l stayed up late for no reason. 5 Steps	l raked leaves. 8 Steps
	l ate broccoli. 8 Steps	l ate a balanced dinner. 10 Steps	l ate a candy bar. 3 Steps	l ate a hamburger. 5 Steps



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