“Goal Setting”

Name: ____________________________
Grade: ____________________________
Class: ____________________________
Date: ____________________________

1. I recognize the importance of having goals, and I can identify goals as short term, medium range, and long term. I understand the difference between realistic and unrealistic goals.
   - [ ] Disagree
   - [ ] Unsure
   - [ ] Agree
   - [ ] Strongly Agree

2. I understand the difference between realistic and unrealistic goals.
   - [ ] Disagree
   - [ ] Unsure
   - [ ] Agree
   - [ ] Strongly Agree

3. I can define “prioritize,” and I can prioritize my own activities.
   - [ ] Disagree
   - [ ] Unsure
   - [ ] Agree
   - [ ] Strongly Agree

4. I recognize that a positive attitude can lead to positive behavior and results.
   - [ ] Disagree
   - [ ] Unsure
   - [ ] Agree
   - [ ] Strongly Agree

5. I recognize that when I encounter obstacles I can ask for help and that my community has many resources to help me achieve my goals.
   - [ ] Disagree
   - [ ] Unsure
   - [ ] Agree
   - [ ] Strongly Agree