

## “Resolving Conflicts”

<b>Name:</b>		
<b>Grade:</b>	<b>Class:</b>	<b>Date:</b>

1. I can define “conflict” and identify stages of conflict. I understand that controlling emotions is essential to defusing conflict.

☐ Disagree      ☐ Unsure      ☐ Agree      ☐ Strongly Agree

2. I understand that controlling emotions is essential to defusing conflict.

☐ Disagree      ☐ Unsure      ☐ Agree      ☐ Strongly Agree

3. I recognize that stereotypes are misleading generalizations that ignore the fact that every person is a unique individual.

☐ Disagree      ☐ Unsure      ☐ Agree      ☐ Strongly Agree

4. I understand anger can lead us to say and do things we don’t mean, so I use techniques to control my anger.

☐ Disagree      ☐ Unsure      ☐ Agree      ☐ Strongly Agree

5. I can identify the characteristics of win-win situations, and I understand the role of a mediator in conflict resolution.

☐ Disagree      ☐ Unsure      ☐ Agree      ☐ Strongly Agree

6. I recognize the importance of being assertive when addressing conflicts, and I can identify and apply the steps of conflict resolution in my own life.

☐ Disagree      ☐ Unsure      ☐ Agree      ☐ Strongly Agree