1. I recognize that a problem is a question that needs answering or a situation that creates difficulty. I also recognize that everyone has problems and the ability to solve them.
   □ Disagree       □ Unsure       □ Agree       □ Strongly Agree

2. I can apply the steps of the problem solving process to solving problems at school, and I can identify resources available at school to help me solve problems.
   □ Disagree       □ Unsure       □ Agree       □ Strongly Agree

3. I practice developing alternatives and analyzing consequences to solve problems at work and can apply problem solving strategies to specific workplace problems.
   □ Disagree       □ Unsure       □ Agree       □ Strongly Agree

4. I can identify common problems at home and can apply the six steps of the problem solving process to solve them.
   □ Disagree       □ Unsure       □ Agree       □ Strongly Agree