

“Managing Personal Resources”

Name:		
Grade:	Class:	Date:

1. I understand that attitudes are powerful, and I can identify techniques for developing a positive attitude.

☐ Disagree ☐ Unsure ☐ Agree ☐ Strongly Agree

2. I can define “accountability,” and I understand the importance of accountability in my life.

☐ Disagree ☐ Unsure ☐ Agree ☐ Strongly Agree

3. I can recognize sources of stress in my life, and I can identify methods for managing or eliminating stress.

☐ Disagree ☐ Unsure ☐ Agree ☐ Strongly Agree

4. I recognize the importance of prioritizing activities in order to manage my time.

☐ Disagree ☐ Unsure ☐ Agree ☐ Strongly Agree

5. I recognize that initiative affects my ability to seek assistance and gather information, and I recognize the benefits of seeking assistance from others.

☐ Disagree ☐ Unsure ☐ Agree ☐ Strongly Agree