“Managing Personal Resources”

1. I understand that attitudes are powerful, and I can identify techniques for developing a positive attitude.
   - [ ] Disagree  [ ] Unsure  [ ] Agree  [ ] Strongly Agree

2. I can define “accountability,” and I understand the importance of accountability in my life.
   - [ ] Disagree  [ ] Unsure  [ ] Agree  [ ] Strongly Agree

3. I can recognize sources of stress in my life, and I can identify methods for managing or eliminating stress.
   - [ ] Disagree  [ ] Unsure  [ ] Agree  [ ] Strongly Agree

4. I recognize the importance of prioritizing activities in order to manage my time.
   - [ ] Disagree  [ ] Unsure  [ ] Agree  [ ] Strongly Agree

5. I recognize that initiative affects my ability to seek assistance and gather information, and I recognize the benefits of seeking assistance from others.
   - [ ] Disagree  [ ] Unsure  [ ] Agree  [ ] Strongly Agree