### “Resolving Conflicts”

<table>
<thead>
<tr>
<th>Name:</th>
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<td>Grade:</td>
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1. I can define “conflict” and identify conflicts and the people involved.
   - [ ] Disagree  
   - [ ] Unsure  
   - [ ] Agree  
   - [ ] Strongly Agree

2. I can identify emotions and behaviors involved in a personal conflict.
   - [ ] Disagree  
   - [ ] Unsure  
   - [ ] Agree  
   - [ ] Strongly Agree

3. I can apply methods of controlling emotions and changing reactions to conflict situations.
   - [ ] Disagree  
   - [ ] Unsure  
   - [ ] Agree  
   - [ ] Strongly Agree

4. I can apply assertive behavior and communication skills to conflict situations in my life.
   - [ ] Disagree  
   - [ ] Unsure  
   - [ ] Agree  
   - [ ] Strongly Agree

5. I can recognize the dynamics of win-lose and lose-lose situations, as well as the benefits of win-win situations, and I can practice resolving conflicts.
   - [ ] Disagree  
   - [ ] Unsure  
   - [ ] Agree  
   - [ ] Strongly Agree