

GETTING AHEAD (A)

<p>I drank a cola/ soda. 5 Steps</p>	<p>I ate potato chips. 2 Steps</p>	<p>I drank coffee. 5 Steps</p>	<p>I ate cookies. 4 Steps</p>
<p>I ate string beans. 7 Steps</p>	<p>I ate rice & beans. 12 Steps</p>	<p>I ate peanut butter & jelly. 9 Steps</p>	<p>I drank orange juice. 7 Steps</p>
<p>I ate a ham & cheese sandwich. 9 Steps</p>	<p>I ate an apple. 7 Steps</p>	<p>I drank a glass of milk. 8 Steps</p>	<p>I ate whole- grain bread. 7 Steps</p>
<p>I ate a baked potato. 8 Steps</p>	<p>I ate a bowl of vegetable soup. 11 Steps</p>	<p>I ate ice cream. 4 Steps</p>	<p>I ate a banana. 7 Steps</p>

