VALID GOALS

List three goals in the left column. Evaluate them, one by one, by answering yes or no to each question. If the answer "no" ever occurs, revise the goal to make it valid.

Goals	Is it personal?	Is it realistic?	Are the consequences positive?	Does it have a deadline?	Revised Goals
1.					
2.					
3.					

Module Three: Goal Setting Middle School

OVERCOMING OBSTACLES