

# Isalathiso

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## Isalathiso

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### IZIFUNDO

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- 2 Ukuyila iSicwangciso soLuntu
- 3 Ukuqokelela ulwazi kune nokuzibophezela
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- 5 Ukkunikela iintetho
- 6 Ukuthatha Isenzo
- 7 Usuku olukhulu
- 8 Ukuzihlalutya ngokwakho
- 9 Uvavanyo lweSizwe

## Usuku ebomini

**UCamilla Juarez ngomkhulu kwisikolo esiphakamileyo. Oku kulandelayo yimisebenzi ayilungiselele namhlanje.**

Apho	Ixesha	Nomsebenzi	Isondele ekoyiseni Iziphazamiso izifundo
<b>Ekhaya</b>	6:15 KUSASA.	1.Vuka.	
	06:20 KUSASA.	2.Unqume ukuba yena okanye umntakwabo (oshiya ngexesha elinye) ufika kwisitya kuqala.	
	06:25 KUSASA.	3.Thatha ishawa uze unxibe.	
	06:45 KUSASA.	4.Yitya isidlo sakusasa.	
	06:55 KUSASA.	5.Fumana iincwadi kunye namaphepha ndawonye esikolweni.	
	07:00 KUSASA.	6.Yiye esikolweni.	
	7:00 EBUSUKU	7.Gqibezela umsebenzi wasekhaya.	
	08:00 EBUSUKU	8. Nquma indlela yokuchitha okanye ukugcina ukuhlawula kwayo.	
	08:30 EBUSUKU	9.Zama ukufumana umsebenzi ohlukile.	
<b>Isikolo</b>	07:45 KUSASA.	1.Hlangana nomfundisi wesiNgesi ukuba umbuze ukuba unokufumana ukuvavanya kwakhe okokuqala.	
	09:00 KUSASA.	2.Thatha amanqaku kwiklasi yakhe yomlando, apho bengenayo incwadi yezfundo.	
	11:30 KUSASA.	3.Thetha kwintombi yakhe ngesidlo sasemini malunga neengxabano ababenayo izolo.	
	01:00 EBUSUKU	4.Gcwalisa iprojekthi yesayensi kunye neqela lakhe labelwe.	
<b>Umsebenzi</b>	01:45 EBUSUKU	1.Thatha ibhasi ukuze usebenze.	
	02:00 EBUSUKU	2.Hlolola iimpahla ngaphambi kokuqala kokutshintsha kwakhe.	
	05:30 EBUSUKU	3.Thetha kumphathi wakhe malunga nokuphakanyiswa okuthembisiwe, kodwa akukafikiwanga.	

## Ukwaziswa kuMalungelo Abantu

Indibano yeUnited States

iqalile kwaye igcinwe kwiSixeko saseNew York, ngomhla

NgoLwesithathu okwesine kaMatshi, iwaka elinamanci asixhenxe  
anamanci asibhozo anesithoba.

lingqungquthela zeenombolo zeeMerika, zakuba ngethuba lokumkela uMgaqo-siseko, zivakalise umnqweno, ukwenzela ukuthintela ukusetyenziswa kakubi okanye ukusetyenziswa kakubi kwamagunya ayo, ukuba amanye amacandelwana afanelekileyo kanye nezicwangciso mazibekiwego: Kwaye njengoko kukhulisa umhlaba wokuzithemba koluntu kuRhulumente uya kuqinisekisa ngokugqithiseleyo iiphelo ezizuzisayo zeziko lakhe.

Ukuqulunqwa yiSenethi kanye neNdlu yabameli be-United States yaseMelika kwiCongress yabuthana, ezbini zintathu zezindlu zombini ezihambelanayo ukuba ezi ziHlomelo zilandelayo ziphakanyiswe kwiiNtshontsho zamazwe amaninzi, njengoko izilungiso kuMgaqo-siseko wase-United States, bonke, okanye nayiphi na iinqnununu, xa zivunywe ziintathu zezine zeeLamthetho, ukuba zivumeleke kuzo zonke iinjongo kanye neenjongo njengenxalenye yalo Mgaqo-siseko.

Amaphepha ngaphezu koku, kanye nohlengahlengiso loMgaqo-siseko we-United States of America, ophakanyiswe yiCongress kanye nokulungiswa kweeNqununu zamazwe amaninzi, ngokuhambelana neSiqendu sesihlanu somgaqo-siseko.

## Uhlangahlengiso lokuqala eliShumu loMgaqo-Siseko

njengoko kuvunywe yilizwe

**Qaphela: Umbhalo olandelayo ubhaliso lwezilungiso zokuqala ezi-10 kuMgaqo-siseko kwifomu yazo yasekuqaleni. Ezi zilungiso zivunywe ngoDisemba 15, 1791, kwaye zenza oko kwaziwa ngokuba yi "Ngamalungelo Abantu."**

Uhlangahlengiso I

I-Congress ayiyi kwenza umthetho onxulumene nokusekwa kwenkolo, okanye ukuthintela ukusetyenziswa kwayo kwamahhala; okanye ukuphelisa inkululeko yokuthetha, okanye ye-press; okanye ilungelo labantu ngokudibanisa ukuhlangana, nokucela uRhulumente ukuba alungiselele izikhala.

Uhlangahlengiso II

I-Militia elawulwa kakuhle, efunekayo ekukhuselekeni koRhulumente okhululekileyo, ilungelo labantu ukuba bagcine kwaye bathwale izixhobo, abayi kuphulwa.

Ukuqualisa kwisikolo esiphakamileyo

## Uhlangahlengiso lokuqala eliShumu IoMgqo-Siseko

(iqhubekile)

### Uhlangahlengiso III

Akukho Mkhusele oya kuthi, ngexesha lokuthula libe liqela kuyo nayiphi na indlu, ngaphandle kwemvume yoMnikazi, okanye ngexesha lokulwa, kodwa ngendlela echazwe ngumthetho.

### Uhlangahlengiso IV

Ilungelo labantu ukuba likhuseleke kubantu babo, izindlu, amaphepha kunye nemiphumo, ngokuchaswa okungenangqiqo kunye nokutshatalalisa, akuyi kuphulwa, kwaye akukho ziqinisekiso eziza kuphuma, kodwa ngenxa yezizathu ezibonakalayo, ezixhaswe yiNkazo okanye ukuqinisekiswa, ngokubhekiselele indawo ekufuneka isetshwe ngayo, kunye nabantu okanye izinto eginokubanjwa.

### Uhlangahlengiso V

Akukho mntu uya kubanjwa ukuba aphendule inkunzi, okanye ngaphandle kobugebengu obugqithisileyo, ngaphandle kokuba kube ngumnikelo okanye umtshutshiso we-Grand Jury, ngaphandle kweemeko ezivela kumhlaba okanye kwimikhosy yamanxweme, okanye kwi-Militia, xa ngokwenkonzo ngexesha Imfazwe okanye ingozi kawonkewonke; kwaye akukho mntu uza kuba phantsi kwecala elifanayo ukuba aphinde abekwe engozini ebomini okanye kwisigxina; kwaye akayi kutyunjwa nakweyiphi na ityla lobugebengu ukuba abe ubungqina ngokumelene naye, okanye angabanjwanga ubomi, inkululeko, okanye ipropati, ngaphandle kwemigaqo yomthetho; kwaye akukho propati yabucala ingathathwa ukuze kusetyenziswe uluntu, ngaphandle kwembuyekezo.

### Uhlangahlengiso VI

Kulo lonke ulwaphulo-mthetho, umtyholwa uya kujongela ilungelo lokutshutshisa ngokukhawuleza kunye noluntu, ngecala elingakhethiyo likaRhulumente kunye nesithili aplo ulwaphulo-mthetho luya kwensiwa khona, isiphi isithili esiya kuqinisekiswa ngaphambilu ngumthetho, kwaye ukwaziswa uhlobo kunye nesizathu sesityholo; ukujamelana namangqina amelene naye; ukuba nenqubo enyanzelekileyo yokufumana amangqina ngokusithanda kwakhe, nokuba neNcedo IoMcebisi ngokuzikhulselo.

### Uhlangahlengiso VII

Kwiimpahla eziqhelekileyo kumthetho oghelekileyo, aplo ixabiso eliphikisanayo liza kudlulela iidola ezingamashumi amabini, ilungelo lokuvavanywa yi-jury liya kugcinwa, kwaye akukho nto eyenziwe yi-jury, iya kuphinda ihlolwe kwakhona nayiphina inkundla yase-United States, kunokuba imithetho yomthetho oghelekileyo.

### Uhlangahlengiso VIII

Ibheyili engapheliyo ayiyi kufunwa, okanye ihlawulwe umrhumo ogqithiseleyo, okanye izijeziso ezikoholakeleyo ezingaqhelekanga.

### Uhlangahlengiso IX

Ukubhaliwego kuMgaqo-siseko, kwamalungelo athile, akuyi kuthatyathwa ukuphika okanye ukuphazamisa abanye abagcinwa ngabantu.

### Uhlangahlengiso X

Amagunya anikezelwego eUnited States nguMgaqo-siseko, angavunyelwe kuwo kwi-States, ayigcinwa kwi-States ngokulandelanayo, okanye kubantu.

## Isikhombisi

Ukuqalisa

amalungelo: Ilungelo elibangelwa ngumntu okanye urhulumente karhulumente ngokomthetho, isithethe, okanye uhlobo.

buyisela umva 1 Nantoni na ebambe inkqubela phambili, impumelelo, okanye ukuzonwabisa. 2 Ukungonakali okanye ukuphazamiseka.

cingisia: 1 Ukuqwalasela okanye ukuphanda (umcimbi, umzekelo) ngokubandakanya ka ekujonganeni nokuxazulula iingxaki. 2 Ukuvelisa isisombululo ngale ndlela.

hlalutya: Uhlula ngamacandelo ukuze ufumnise indlela yayo yonke; ukujongisia ngenkukacha.

iinguqu zeqela: Imikhosi yokuvelisa okanye yokulawula umsebenzi okanye ukuhamba kweqela.

ikharityhulam: Iqela leikhosi ezihambelanayo, ngokuqhelekileyo kwindawo ekhethekileyo yokufunda.

iyasebenziseka: Ukungabonakali, ukucinga, okanye ukuveliswa kwengqondo yomntu.

kulindela: 1 Isenzo sokujonga ngokuzithemba into ethile; ukulangazelela.

2 Into enokucingwa ngayo okanye ethile iya kwenzeka.

mfihlelo: Isimo okanye imeko yokuthetha ngokuzithemba; thembile.

okusondele: Ukuba nesicelo esicacileyo kumcimbi okhoyo; uqhagamshelwano.

sebenzisana: 1 Ukusebenza okanye ukwenza ngokubambisana ukuya ekupheleni okanye injongo. 2 Ukwenza umbutho ngenzozo eqhelekileyo.

siseko: 1 Okwenziwe okanye ephathelene nesiseko okanye isiseko; siseko. 2 Ukwenza okanye ukukhonza njengento ebalulekileyo yenqubo okanye isakhiwo.

umda: Ukuphuma okanye ukubetha umgama omncinci; inzuzo.

umqobo: Into emele endleleni okanye iibhloko eziqhubela phambili.

## Ukumosha

Ezemidlalo noKomelela	Ubugcisa noMculo	Abahlobo kunye noSapho	Izifundo zesikolo	Nje ukuzonwabela
10	10	10	10	10
20	20	20	20	20
30	30	30	30	30
40	40	40	40	40
50	50	50	50	50

Amanqaku:

## UVAVANYO LOKOMELELA

Ukuhlanu \_\_\_\_\_ kokoMelela

1.

Amagama abavavanyi

2.

3.

4.

5.

Bavavanywe ngu \_\_\_\_\_.  
Igama

## I- 10 ELIPHAMBILI

abantu abaphambili abali-10 ebomini bam:

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

Izinto ezi-10 endithanda ukuzenza:

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

Izinto ezi-10 endithanda ukuya kuzo:

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

## I- 10 ELIPHAMBILI

(iqhubekile)

Izinto ezi-10 endithanda ukubanazo:

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

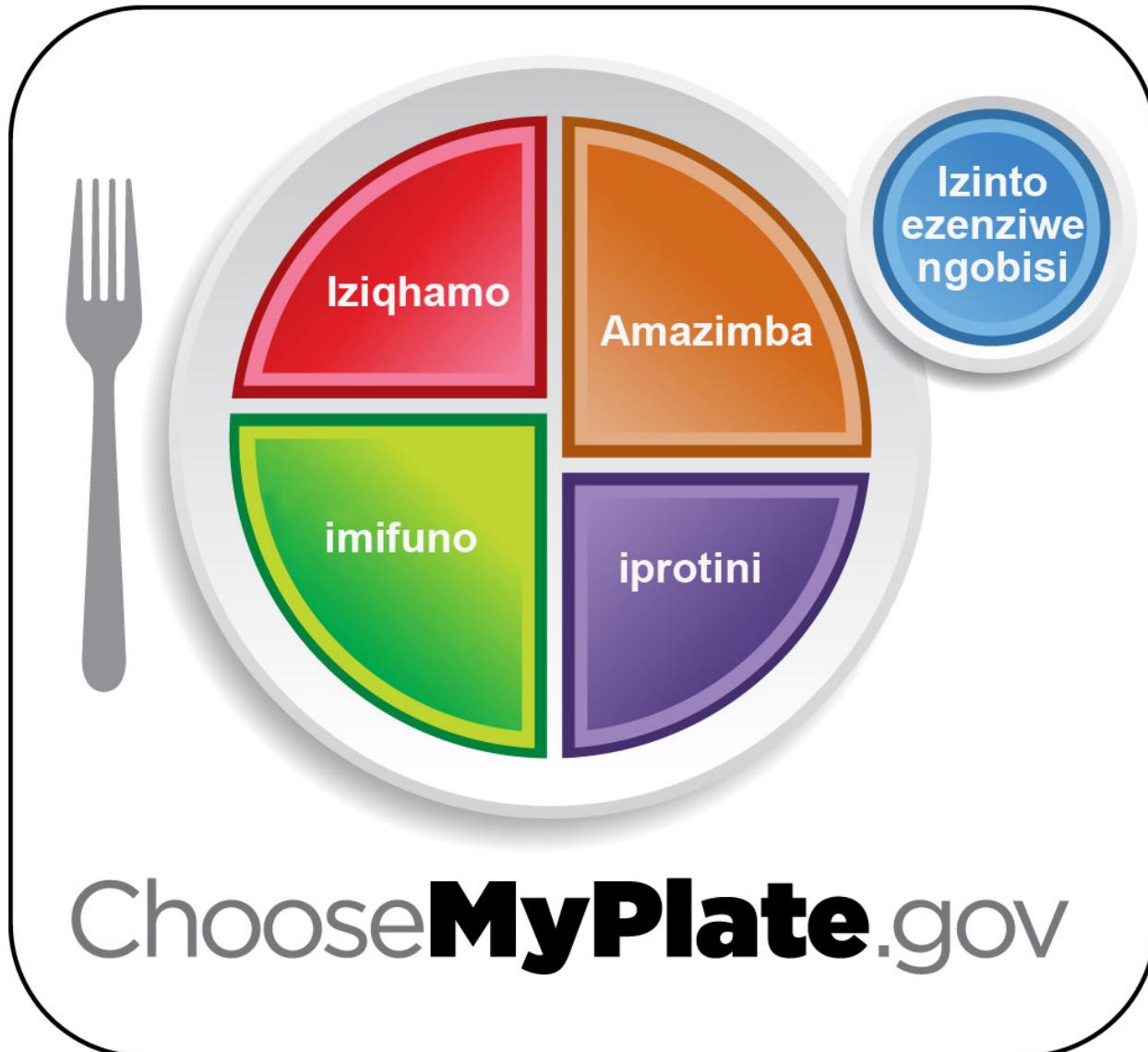
Izinto eziphambili ezili-10 endithanda ukuphila ngazo:

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

Amaphupha aphambili eli 10 endinawo ukwenzela ikamva:

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

## IPLEYITI YAM



## YITHI EWE EKWEHLENI KWENGCINDEZELO

UVIMBA	UPHAWU	NDITHI EWE KUXINDEZELO OLUPHANTSINGU—
1.	a.	
2.	b.	
3.	c.	
4.	d.	
5.	e.	

## Isikhombisi

### Ukwakha ukuzithemba

Chaphazela: Ndinefuthe kwi okanye ndenza utshintsho kwi.

ezobuchwepheshe: 1. Izakhono okanye ulwazi kwicala elithile 2. lingcebiso kachwepheshe okanye ulovo.

imigangatho yakho: Imigaqo, imigangatho, oknye iimbonakalo umntu azibona zibaluleke kakhulu okanye izirhalelekayo.

Ingcindezelo: limeko zobunzima obunzima, uxinzelelo, okanye ubunzima obunako ukuchaphazela impilo yomzimba

Intlonipho: 1. Ukuva okanye ukubonisa ubunganga, iqhuzu okanye ukuziva.  
2. Ukuxabisa.

Isondlo: Uvimba wokumandiswa, ngakumbi isiqholo esimandisayo ekutyeni.

ngcamango: Uluvo oluthile; ingcinga, injongo okanye iplani.

okulungileyo: 1. Ukukhukhulisa ziimvakalelo okanye umkhethethe wakho. 2. Ukubeka ulovo kwiinyani ezibukelweyo.

okusebenzayo: 1. Ukubanezipumo ezifunekayo okanye impumelelo. 2. Ukuvelisa indlela engalibalekiyo okanye impendulo.

Ubuwena: 1. Ukuzingca; nokuzihlonipha. 2. Uluvo olulungile lwakho.

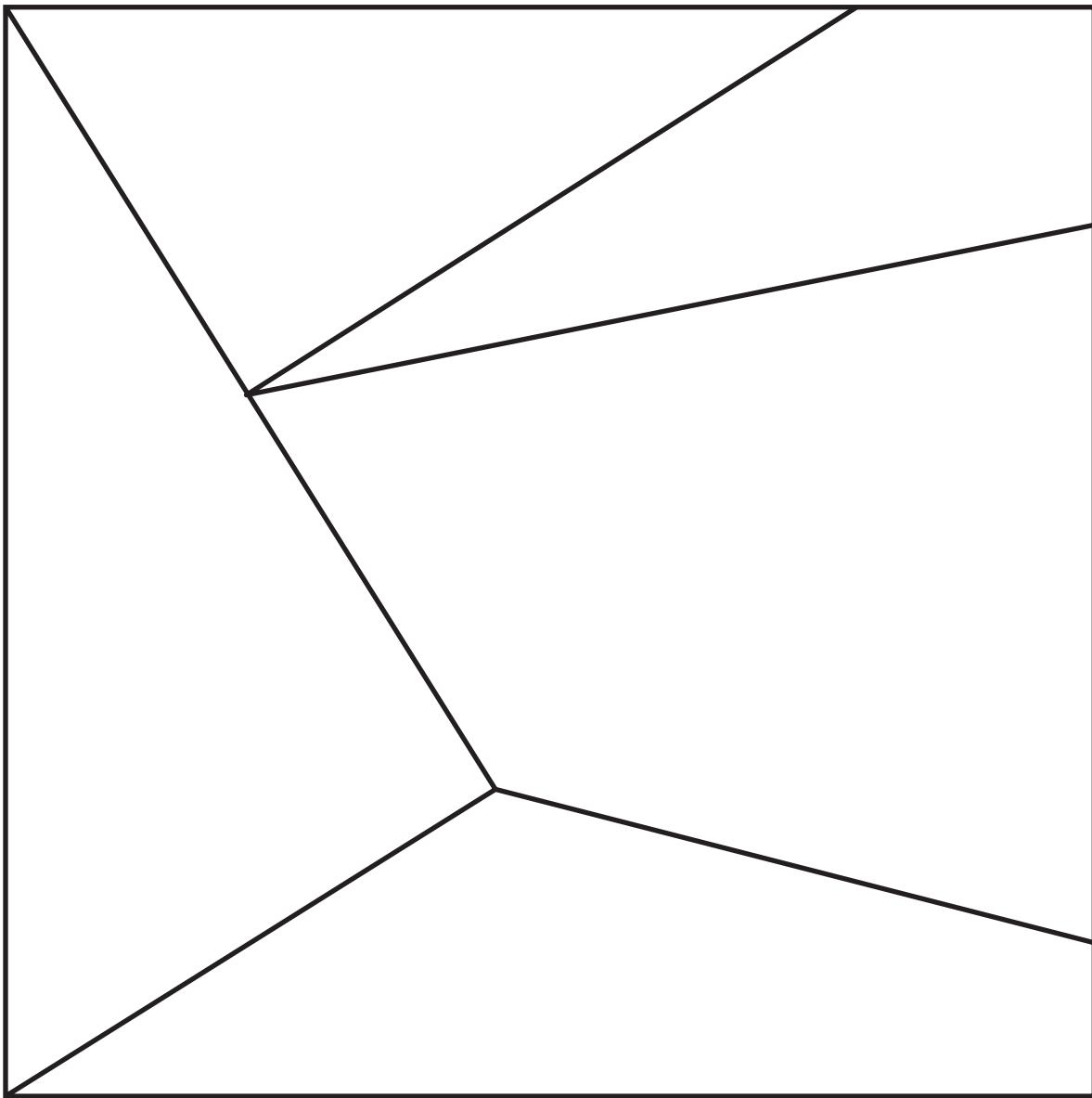
Uchaphazelo: Ukuziza.

ukholelo: Ukukhuthaza ukukhula kune nophuhlisa lwempilo; ukuvuselela.

Ukungancami: Imeko okanye imeko yokuhlala nemeko yentshukumo, inkolo, okanye injongo; ukuzinza.

Ukyika: Ukungakhululeki ngesiganeko okanye imeko; ukubanehala.

## Iseti yePhazile enekona ezine



## Ishiti yokugxeka

Mkhomba-ndlela:

1. Bhala inkazo emfutshane malunga neemeko kwibhokisi nganye "kwimeko".
2. Chaza imiyalezo engabonakaliyo eyenziwa ngumdlali ngamnye ngexesha lokudlala.
3. Ukuchonga ukuba imilayezo engabonakaliyo kwimeko nganye iyasebenza, kwaye kutheni.

	EZINGENGAWO EZAMAZWI IMIYALEZO ITHUNYELWE	UKUSEBENZA OKANYE UKUNGASEBENZI? KUTHENI?
Isimo 1:		
Isimo 2:		
Isimo 3:		
Isimo 4:		

## Iimpawu zokumamela

IIMPAWU ZAMAZWI

Intshayelelo  
Masixoxe ukuthetha ngokungabinasizi  
Ndifuna ukuthe ngentshukumo  
Isifundo sanamhlanje siquka  
Okokuqala

Ezona zimvo  
Mandiphinde  
Oku kubaluleke kakhulu  
Qaphela  
Khumbula ukuba

Ukutshintsha Indlela  
Okulandelayo  
Masigqithele kwi  
Kwelinye icala  
Nangona

Ezona nkukacha  
Njengale meko  
Njengalo mzkelo  
Ukuchaza  
Izizathu ezilandelayo

Isishwankathelo  
Ekuggibeleni  
Inqaku lokuggibela  
Ukushwankathela  
Lilonke

IIMPAWU EZINGEZIZO EZAMAZWI

Ukuthetha ngokukhwaza kakhulu  
  
Ukusondela kufuphi nommameli  
Ukubhedulula amehlo  
Ukutyityimbisa umnwe

EZAMAZWI  
EZAMAZWI

EZINGEZIZO

IIMPAWU EZONGEZEELWEYO

## Ukumamela ngocoselelo: Uqhagamshelwano olulahlekisayo

Ubuchwepheshe	Ingcaciso	Umzekelo	Iimpawu zokuThola
lingcamango zifihliwe njengenyani	Inyaniso yinto enokuqinisekiswa yinyani okanye into eyenzeka ngokwenene. Uluvo Imvakalelo yomntu okanye imbono. Ukuba isithethi asixhasi ulwazi olunikezwa njengetyona nyaniso, ngoko ke uluvo olufihliwego njengento.	Inyaniso: UGeorge Washington wayengumongameli wokuqala we-United States. Inggiqo iguqulwe njengenyano: Izazimlando ziyavuma ukuba uGeorge Washington wayengumongameli omkhulu u-United States owake wakhona.	Abathengi kufuneka baxhase izimvo ngeenkukacha ngaphambi kokuba uwamkele njengezivumelekileyo. Buza umbuzo ukufumana iinyani. Qinisekisa inyaniso ngokujonga imithombo yenkazel.
Intsingiselo yentsusa ekhohlisayo	Intsingiselo yentsusa igama lithetha uqobo. Intsingiselo yonxulumaniso yintetho ephakanyisiwego yegama kune nemibutho elinegama. Intsingiselo yonxulumaniso ingenza umphulaphuli azive okanye acinge ngendlela ethile.	Ukungabikho kwamanye amazwe: Ukuzimisela kwakhe kwamangalisa. Ikhonkco engathandekiyo: Ukunyanzela kwakhe kusimangalisa.	Ukuba isithethi sisebenzisa idibaniso yelizwi ukuguqula inyaniso kwaye ludlulise umphulaphuli, kukuthetha ngokungahambelani. Zibuze ukuba ukusetyenziswa kweliphi igama lisetyenziselwa ukuphazamisa inyaniso.
Ukubakrwada okungaqondakaliyo	Isikweko ligama okanye ibinzana elisetenziselwa ukuphepha ukuthetha ngokuthe ngqo ngento engathandekiyo okanye engafanelekanga.	ubuqatha: lintsali zamajoni azizange zifumanek. Igama elithe ngqo: Imizimba ybafi abangamajoni zange ifunyanwe.	I-Euphmisms isetyenziselwa ukunciphisa inyaniso. Zibuze ukuba kutheni isithethi sanyula ukusebenzisa u-euphemism endaweni yegama elichanekileyo.
Ulwimi olukhukhunyisiwe	Ulwimi oluxubileyo Ulwimi oluqulethe okwezfundisw, ubuchwepheshe, okanye amagama esayensi kune nemiqolo emide. IJargon , isigama esikhethekileyo somsebenzi okanye umsebenzi wokuzilibazisa, ngumzekelo wale nto.	Ulwimi olukhukhunyisiwe: Ayikho enye indlela efanelekileyo ekhoyo yokuzibophelela ngokuzimisela ekusebenzeni. Ulwimi olugqibeleleyo: Akukho ndawo ithatha indawo yokusebenza nzima.	IJargon ibonakala ibugcisa. Ingabonisa iingcamango ongaziqonda ngokulula xa zichazwe ngokucacileyo. Zibuze ukuba kutheni ulwimi oluthile luye lwasetyenziswa.

## Ukumamela ngocoselelo: Uhlalutyo

Inkqubo: \_\_\_\_\_

Isithethi	Isiteyithimehi/Intshukumo	Injongo/Ukhuthazo

## Ndichazele malunga nawe

Umviwa # 1:

UMVAVANYI: Ndixelet ngesiqu sakho.

UMVIWA: (ukuvakalisa ukuhlala kwisihlalo) Ewe, mhlawumbi ndibadlali abaphezulu kwisikolo sam. Ndikhawuleza njengawo nantoni na, kwaye ndiyakwazi ukunyusa ibhenki i-250 zeeponti.

UMVAVANYI: Ngoko, ulayishe kwaye ulayishe iibhokisi ...

UMVIWA: ... ungalicala lekhekhe! Kwaye ndifumana ibhayisiki elitsha eli-10 elingazisebenzisayo ukuhambisa iiFAST.

Andiyicingi into yokuba umzalwana wam weweleya kucinge, nangona i-bike ibingabo bobabini.

UMVAVANYI: Ingaba wakha wenza lo umsebenzi ololu hlobo ngaphambili?

UMVIWA: Hayi, kodwa ayikho into ebalulekileyo. Ndiyakwazi ukuyisebenzisa.

Amandla kunye nobuthathaka

Umviwa # 2:

UMVAVANYI: Ndixeletele ngesiqu sakho.

UMVIWA: Ewe, ndandisuka apha malunga nenyanga edlulileyo. Ndingumfundu olungileyo. liklasi zam azenzi kubonakala kunzima kakhulu, ngoko ndicinga ukuba ndiyakwazi ukusingatha umsebenzi wesikolo emva kwesikolweni.

UMVAVANYI: Ngoko, iiyure aziyi kuphazamisana neshedyuli okanye umsebenzi wesikolo?

UMVIWA: Hayi. Basebenza kakuhle kule semester.

UMVAVANYI: Uyazi ukuba umsebenzi uquka ukuphakamisa amabhokisi enzima ...

UMVIWA: ...Ndiyazi. Ndinamandla kunokuba ndikhangele! Xa sasihamba apha, kwafuneka ndiphakamise iibhokisi ezinzima. Ndenze kakuhle nabo.

UMVAVANYI: Ingaba wakha wenza nantoni na enye efana nale hlobo lomsebenzi?

UMVIWA: Hayi, kodwa ndihleli kakuhle. Kwaye ndiye kule venkile kakhulu, ngoko ndiyazi aphi izinto zikhona. Ndi mazi ummelwane, naye. Ngoko andiyi kulahlekelwa ukwenza ukuhanjiswa. Ndicinga ukuba ndiyakwenza umsebenzi.

Imodyuli yokuQala: Izakhono Zonxibelewano zeSikolo esiPhakamileyo

## UMHLOBO WAM UNDIQUMBELE...

**Umhlobo wam undiqumbele ngenxa yokuthetha izinto ngaye. Ndatsho izinto xa ndikunye nabanye abahlobo, kodwa ngandlela-thile ucinga ukuba nguyena mna kwaye undikhathaleleyo. Ndiya kuthethwa ngento ethile eyinxalenye yengxoxo yeqela! Ndingayilungisa njani le nto?**

*CT, 15, eHawaii*

Fumana indlela yokuxelela umhlobo wakho ukuba ubuhlungu kangakanani, nokuba ufanele ubhale inqaku uze uyifake kwi-locker yakhe. Nangona wawungekho wedwa, kufuneka uthathe uxanduva kwizinto othethileyo. Ungalindelanga ukuba abanye abahlobo

bakho bavume ukuthetha kwabo kwinxaxheba xa sele bekhwele, kodwa bacele uncedo lwabo ukuze bamkele uxolo. Ngexesha elizayo xa uvakalelwa ukujoyina iseshoni yokuhleba ngomntu onomdla, khumbula oku kwaye uziyeye.

\*Iphinde yashicilewa ngemvume evela kwa *React Imazine*. Ilungelo lokukopa 1999, Advance Magazine Publications, Inc. Isebenzisa: Umshini wokukopa, iprojekti ye-opaque, okanye imaster ekhanyayo yeprojektha yangaphezulu kwentloko. */React Imazine* ikunikeza ilungelo lokuba uphinde ulivelise eli phepha kwigumbi lokufundela.

## I-Imassage

**I-Imassage zindlela ezigqibelele ukuzicacisa xa ukhathazekile. Xa usebenzisa ilmessage, abantu bazimisele ngakumbi ukuphulaphula kwaye baphendule izicelo zakho ngaphandle kokuzikhusela. I-Imassage ikhuthaza ingxoxo vulelekile kwaye inganceda ingxaki isonjululwe ngukhawuleza kwaye lula.**

### UMZEKELO

Omnye wabahlobo bakho uhlala eboleka izinto kuwe kwaye angazibuyisi.

Ndiziva Ndikhathazekile

xa u engabuyisi

ngokuba ibalulekile kum.

Gcwalisa izithuba kule I-Imassage elandelayo:

- Umhlobo wakho osenyongweni uxelela abanye ngobomi bakho.

Ndiziva \_\_\_\_\_

xa u \_\_\_\_\_

ngokuba \_\_\_\_\_

- Utitshala wakho akabizanga zonke iiveki, nangona uphakamise isandla sakho.

Ndiziva \_\_\_\_\_

xa u \_\_\_\_\_

ngokuba \_\_\_\_\_

- Omnye wosapho lwakho uhlala elibala ukunika imiyalezo.

Ndiziva \_\_\_\_\_

xa u \_\_\_\_\_

ngokuba \_\_\_\_\_

## Amagama eeMvakalelo

<b>A</b>	Ndinentlonti Ndineqhaya Ndingakhululekanga Ndingakwazi Ndingathembu Ndingekaggibi Ndingenakuzithemba Ndingenazigqibo Ndinovelwano Ndinoxolo Ndinqinelene Ndirhuqa iinyawo Ndisethemba Ndisoyika Ndisoyika kakhulu Ndisozela Ndithukiwe Ndivuselelekile Ndixakekile Ndizisola Ndonele Ndothuke kakhulu Ndoyikisiwe Ngqingqwa	Ukubanokuphiswano Ukubanomsindo ukudikwa Ukungazinzi Ukuvuyela kakhulu Ukyika Ulugorha Uluhlu alupheli Ulumkile Ulusizi Unamandla Unengcindezelo Unesazela Unethemba Unexhala Unobubele Unokugxeka Unokuqhula unokuxolisa Unokuzithemba Unombulelo Unomdla Unomona Unomsindo Unosizi unovuyo Unovuyo Unqwena	Uzinikele Uziphethe Uziva uwedwa Uzolile
<b>E</b>	Ezingazimiselanga	W	Wonwabile
<b>L</b>	Lusizi	<b>Y</b>	Yehlile ingcindezelo
<b>K</b>	kuphumla		
<b>N</b>	namonde Ndahlukile Ndamangaliswa Ndanganyelwe Ndehliselelwe Ndibubudengarha Ndibunkungu Ndididekile Ndidikiye Ndidiniwe Ndigeza Ndigwenxa Ndijonge phambili Ndikhathazekile Ndikhululekile Ndikhuselekile Ndikhuthazekile Ndikrelekrele Ndikrokra Ndimangalisa Ndimsulwa Ndinanamanwele Ndineentloni	O	Oyilingayo
		T	Thanda ubukelwa Thathele phezulu
		U	Ubhidekile Udikiwe Udiniwe Udlamkile Uhlazekile Ukhululekile Ukoyika Ukabanentloni
			Untshingintshingi Unwenela ukwazi Unyolukile Uphantsi Upholile Uphoxekile Uqondile Usoyika Uyavuya Uyonqena Uyonyanya Uyoyika kakhulu Uzimisele

Imodyuli yokuQala: Izakhono Zonxibelewano zeSikolo esiPhakamileyo

## Izihloko zeNgxoxo eLawuliwe

1. Bonke abafundi kufuneka bacelwe ukuba bame baze bafunde iSithembiso sokuBamkela.
2. Abafundi abafumana ingxaki nomthetho kufuneka bagxothwe
3. Abantu abaphilileyo kufuneka babengabanikezi bengmalungu.
4. Abantu kufuneka bavinjelwe ukuthetha ngeefowuni zabo kwiindawo zoluntu.
5. Izilwanyana kufuneka zihlale kwindawo zazo zendalo, kungekho kwiiizoo okanye kwiiiziteyishini.
6. Amakhwenkwe namantombazana mabavunyelwe ukuzama kunye nokudlala nakwiyiphi iqela lezemidlalo eliphezulu abafunayo, kubandakanya neHockey yebhola kunye nebhola.
7. Izibhamu ze-squirt, ii-laser pointers, kunye nezinye izinto zokudlala ezifana nezibhamu kufuneke zivinjelwe ezikolweni.
8. Imigaqo-nkqubo evala umsebenzi wasekhaya wesikolo kufunke ibekwe kwizithili zesikolo.
9. Zonke izikolo kufuneke zifune iyunifomu.
10. Bonke abafundi kufuneka bafuneke ukuba bafunde ulwimi lwangaphandle.
11. Abadlali abafunekayo kufuneka baphumelele kwiikholeji ngaphambi kokuba badlale imidlalo yezemidlalo.
12. Izikolo kunye namathala eencwadi kufuneka zivimbele iiwebhusayithi ezithile kwiikhomputha ezisetyenziswe ngabafundi bezikolo eziphakamileyo.
13. Izikolo ezibizwa ngabaphathi bamakhoboka kufuneka zithiywe kwakhona.
14. Ulutsha olwenza ulwaphulo-mthetho kufuneke babeneigwebo esihlazayo kuwonke wonke.
15. Abakhokheli bafundi kufuneka babe namandla okutshintsha umgaqo wesikolo.  
Imodyuli yokuQala: Izakhono Zonxibelewano zeSikolo esiPhakamileyo
16. Abakhokheli bafundi kufuneka babe namandla okutshintsha umgaqo wesikolo.  
Imodyuli yokuQala: Izakhono Zonxibelewano zeSikolo esiPhakamileyo

## Isikhombisi

Imodyuli yokuQala: Izakhono zokunxibelelana

Ijagoni: Ukuggosa okanye ulwimi lobuchwepheshe bokuthengisa, umsebenzi okanye amaqela asondele.

imeko: Ummiselo okanye iplani yendlela elindelekile entsukumo okanye iziganeko.

inkohliso: Ukuzama ukukhohlisa, ukunikela okanye ukukhohlisa; ngathembeki.

intluva: Isikhumbuzi; ukuphawula okanye ukusikisela.

Intsingiselo yentsuusa: 1. Isenzo sokwehlulwa ngegama; ukuphawulwa ecalni. 2. Oko kubonisa; uphawu

Intsingiselo yonxulumaniso: Isiqulatho sengqondo esicetyiswayo okanye ukabaluleka kwegama, eyongezelelweyo kwintsimi yalo; ngiselo.

lyenyukela: Ukwenyusa, ukwandisa, okanye ukuqinisa indlela eyonyukayo.

khusela: Ukuzikhushela rhoqo ukugxeka, ukungabikho kwemfesane, okanye ezinye izisongelo ezibonakalayo okanye ezibonakalayo.

okungabambeki: Inzima okanye akwenzeki ukuyiqonda okanye awunakuyiqonda.

okungathanga ngqo: Okungaqondeki ncum okanye kuboniswe; luzizi okanye lufifa.

ubuqatha: Into emele ubuphakathi okanye igama elivumelekayo umntu obonwa ekrwada okanye enobunyani.

ukubonisa: Ukuthetha okanye ukwazisa; ukuchaphazela.

Ukulahlekisa: Ukukhkhela iingcinga ezingeko okanye intshukumo, ngakumbi abakhohliza uzwelonke

Ukumamel ngocoselelo: Ukuphulaphula ukuhlalutya nokuvavanya amagama esithethi.

Ukungacacisi kakuhle: Ukutolika okanye ukucacisa ngokungalunganga.

ukungamameli kakuhle: Ukumamela ngaphendle kokucinga ukuba kuthiwani.

ukungenzi nto: Ukungathabathi nxaxheba okanye ukungathabathi nyathelo.

ukuphulaphula ngokwenene: Ukuphulaphula oku kugxininisa kwisithethi, kuqinisekisa oko kuvezwayo, kwaye uphendule kwizinto ezithethwa.

ukuxubana: Utshitshathsintshiswano phakathi kwabantu ababini oknaye ngaphezulu.

Imodyuli yokuQala: Izakhono Zonxibelelwano zeSikolo esiPhakamileyo

## UKUKHANGELA

**Uya kuphi na ukufumana ulwazi olunokukunceda ngeemeko ezilandelayo?  
Uluhlu lwemithombo emininzi ngangokunokwenzeka.**

1. Kufuneka ubhale iphepha lokuphanda eklasini yomlando.
2. Ubhala uhlaziyo lwephephandaba lwezikolo ngxaki kwingingqi yakho.
3. Ufuna umsebenzi wexeshana ukuze ufumane imali.
4. Unomdla wokwazi kwaye mhlawumbi uthandana nomfundi omtsha esikolweni.
5. Uthenga inkqubo entsha yestiriyo.

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

UMGCINI WENCWADI, ONEMINYAKA ENGAMA-31 UBUDALA

Ubomi ngawe Obufihliwego:

- Uqulunqe umatshini oguqla naliphi na isityalo ube yi-petroli. Uthanda imidlalo yazo zonke iintlobo. Ungumlobi olobi. Uyi-felon enetyala.

Amanqaku:

## Isikhusele eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

UMFUNDI WONYANGO WESIBINI, ILUNGU LEQELA ELIPHIKISAYO

Ubomi ngawe Obufihliwego:

- Nangona ungumfundu onomsebenzi, ufundile ukuba uya kukhutshwa ngenxa yokuba wawa emva kwezfundo zakho ngenxa yexesha elichithwe kwimisebenzi yezopolitiko. Usapho lwakho luchithe phantse yonke imali enayo kwimfundo yakho. Wena ungumdwebi obalaseleyo kunye nomculi.

Amanqaku:

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

UMLANDO-MLANDO OWAZIWAYO, ONEMINYAKA ENGAMA-42 UBUDALA

Ubomi ngawe Obufihliwego:

- Unememori yefoto. Ekubenit ufunde kakuhle, uyazi malunga nemballi, ukuchwela, kunye nomsebenzi. Utshatile nomntwana omnye. Umfazi wakho / umyeni uyisenethi yase-United States.

Amanqaku:

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

INTOMBI EDUMILEYO YEMBALI-MLANDO ENGU-12 UBUDALA

Ubomi ngawe Obufihliwego:

- Ungumfundu ophezulu, umqhubi onetalente, kunye nomqhubi wezemidlalo Njengomntwana kuphela, usetyenziselwa ukukhathalela okukhulu abantu abadala. Abantu abadala bavuya kakhulu kwinkampani yakho. Ngamanye amaxesha, kunzima ukuhamba kunye nabanye abantwana bakho ubudala.

Amanqaku:

## Isikhusele eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

INKWENKWEZI YASE HOLLYWOOD, UMDLALI / UMDLALI

Ubomi ngawe Obufihliwego:

- Uyi-wizard yekhompyutha. Inxaxheba yakho yokuqala yeenkwenkwezi kwi-movie iya kukhutshwa kwiiveki ezimbini. Ubhale abathathu iingoma phantsi kwegama lesigaba.

Amanqaku:

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

I-BIOCHEMIST

Ubomi ngawe Obufihliwego:

- Awukwazi kuzixuba nabantu. Awukwazi ukumelana nabantu. Awonwabanga ngomtshato osandul 'ukutshatyalalisa. Ubhala inkondlo ngexesha lakho lokuzonwabiswa.

Amanqaku:

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA elisezantsi apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

ILUNGU LABAFUNDISI, IMINYAKA ENGAMA-54 UBUDALA

Ubomi ngawe Obufihliwego:

- Uvele ufunde ukuba unyaka omnye ukuhlala. Utshanje ubuye kwi nkomba yehlabathi kwiinkonzo, apha intetho yakho eyintloko yayidume kakhulu. Usebenze kwinqwelo yeoli ngeliax ubekholeji.

Amanqaku:

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

UMDLALI WE-OLIMPIKI KWIMIZILA KUNYE NENSIMU, I-WORLD-CLASS TRIATHLETE

Ubomi ngawe Obufihliwego:

- Ukuze ukhuphisane, uthathe iziyobisi eziphucula ukusebenza. Wena utya iminqatha kwaye awukwazi ukumela inyama.. Ukuqequesho oluqinileyo kunye nemeko yokutya. Ukuba isenzo sakho siphazamisekile, uba ngumsindo.

Amanqaku:

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

### UMFUNDI WEKHOLEJI

Ubomi ngawe Obufihliwego:

- Ufunda ngqo injineli. Unokwakha kunye nokwakha ezininzi iintlobo zezakhiwo usebenzisa zonke izinto ezikhoyo. Ukwaziyo kakhulu kwi-elektronic kwaye unokulungisa ii-radios kunye namaTV. Uyaziwa esikolweni sakho njengongqongqo wezenhlalakahle, kwaye udibanisa kuphela "neqela".

Amanqaku:

## Isikhuseli eSiwile

ubomi ngawe obufihliwego

### IMIYALELO:

Uya kudlala indima enye yabalinganiswa ngokubhekiselele kwingcaciso yolwazi ngezantsi. Akufanele uxelele nabani na, kuquka nabanye abalinganiswa, malunga nale ngcaciso eyongezelelweyo. Ukuba ubuzwa umbuzo ongaggitywanga ngolu lwazi, unokwenza impendulo yakho ehambelana nomlingiswa. Bhala loo mpPENDULO KWINQANABA LEZANTSİ Apha. Nika njalo unempendulo efanayo kwimibandela efanayo okanye efanayo.

UMCIMI-MLILO

Ubomi ngawe Obufihliwego:

- Unomdla wezempilo kwaye unamandla kakhulu. Uyaziwa ngokuba lunchedo kakhulu kubantu abakwaziyo. Usuphumelele ukufumana ibhaso kwiprogram owayidala abantwana abangenamakhaya.

Amanqaku:

## Isikhuseli eSiwile

okubhalwe ngobomi bomntu

Umgcini weNcwadi, oneminyaka engama-31 ubudala

Umfundi wonyango wesibini, ilungu leqela eliphikisayo

Umlando-mlando owaziwayo, oneminyaka engama-42 ubudala

Intombi edumileyo yembali-mlando engu-12 ubudala

Inkwenkwezi yaseHollywood, umdlali / umdlali

I-Biochemist

Ilungu labafundisi, iminyaka engama-54 ubudala

Umdlali we-Olimpiki kwimizila kunye nensimu, i-world-class triathlete

Umfundi weKholeji

Umcimi-mlilo

## Isipho

Uphumelele u-\$ 2,000. Ufuna ukuthenga imoto esetyenziswayo ukuba ummelwane uthengise. Ngexesha lokugqibela ocelile, umnini uthengise imoto i-\$ 1,995. Uyazi ukuba yintoni imali oyigcinile kanye nento oyifumanayo ngeveki.

Kwitshati, dwelisa iimpawu kanye nemilinganiselo yokuthenga imoto.

	Iziphumo ezintle	Iziphumo ezibi
1. Iziphumo Ezilindelekileyo		
2. Okungalindelekanga Iziphumo		
3. Okungalindelekanga Iziphumo		

## Ukujongisisa Isigqibo Esiwile esigubungeleyo

**Mkhomba-ndlela:** Ukusebenzisa isilinganisi se-1 ukuya ku-5, kunye no-1 ephosakeleyo kakhulu kwaye u-5 ebalaseleyo, uvavanye umsebenzi owenziwe kwi-shelter yokumisa.

Amalungu eQela	Inqaku le Siggibo	Inqaku lokuCacisa	Izimvo

# AmaGorha eMihla ngemihla

## ISIPHO ESIHLALA SIPHILA

### UTiffany Culy ubongoza abasebatsha ukuba babengabanikeli amalungu omzimba.

Xa waqala ukugula kwisisu sakhe ngo-Matshi 1997, uTiffany Culy waqikelela ukuba ngumkhuhlane. Kodwa iintsuku ezimbalwa emva koko, uSaline, Mich., Umntwana ovuke amehlo kunye nolusu oluphuzi kunye "nentlungu engaqinisekanga" esiswini sakhe. Wanyuka esibhedlele, waqala ukunyuka kwicoma.

U-Tiffany wayenesifo sikaWilson, esasibhubhisa isibindi sakhe. Oogqirha bathi uya kufa ngaphandle kokutshintshwa kwasibindi.

Emva kokuphonononga izibonelelo ezine zomzimba, oogqirha bakwazi ukufumana isibindi esasiza kumsebenzela. UTiffany wachitha iinyanga ezintathu esibhedlele. Ngoku u-19 kunye nomntu omtsha kwiKholeji yaseHolophu eHolland, uMikh., UTiffany unempilweni kangangokuthi wakhuphisana kwimicimbi emibini yokubhukuda kwiiMidlalo zoTshintsho zika-1998. Kananjalo uye waba ngumkhosi-mkhosi wokunikela ngemibutho.

"abantu abangama-61,000 baseMelika balinde ukufakelwa kwegazi," kusho uTiffany. Kwaye umyinge wama-12 aseMerika afe ngosuku ngalunye elinde isibindi esitsha, intliziyi, iinjongo okanye enye inxalenye, ngokubhekiselele kwi-Coalition for Donation.

U-Tiffany unikela iintetho ezikolweni

nakumaqela olutsha, uxelele abantwana abafuna isilungu banokuthi kwenzeke kumntu. Uthi: "Ndandimangalisile.

U-Tiffany uzama ukukhupha iimbali zamatyala malunga nomnikelo womzimba. Ngokomzekelo, uthi abadumileyo abafaki ukufakwa phezulu kwoluhlu lweminikelo. "Kwaye akukho zimakethi ezimnyama kwizitho ezibiwe."

UTiffany uthi unesibindi ngenxa yokuba "ndandisempilweni kwaye amathuba ami okusinda ayilungile." Xa ugqiba ngubani ofumana ilungu, umbutho uthi awuthathi ingqalelo kwibala, ubulili, ubudala, ingeniso okanye udumo.

Ukuba ngumnikeli olula, uTiffany uthi. "Yonke into enokwenene uyenzayo ukuxelela isihlobo sakho esilandelayo, kuba nguyenya oya kubuzwa ngexesha lokufa. Ungabhalisa kwakhona xa ufumana ilayisenisi yakho yokuqhuba."

Kwaye kufuneka ungalindeli. "Nangona usemncinci, awunakunkandwa," ushilo. "Thetha kwintsapho yakho. Batsho ukuba ufunu ukugcina ubomi bomntu."

—UNancy Vittorini

\*Iphinde yashicilewa ngemvume evela kwa *React Imagazine*. Ilungelo lokukopa 1999, Advance Magazine Publications, Inc. Isebenzisa: Umshini wokukopa, iprojekti ye-opaque, okanye i-master's transparency master for projector. *React Imagazine* ikunikeza ilungelo lokuba uphinde ulivelise eli phepha kwigumbi lokufundela.

## Isikhombisi

Imodyuli yesiBini: Izakhono Zokwenza IziGqibo

ayinamsebenzi: Akuhambelani nomcimbi okhoyo; ezingabalulekanga.

ezifanelekileyo: Efanelekileyo; ngqiqweni; ukufaneleka kumcimbi okhoyo.

ezisondeleyo: 1. Ukuqhagamshelana nemeko ekhona ngoku. 2. Iimfuneko ezingenayo okanye ezifanele.

impendulo: Impendulo okanye izimvo zabanye.

ingqalelo: 1 CInga ngocoselelo; isenzo sangabomi 2 Isizathu esicatshangelwayo ekwenzeni isigwebo okanye isiggibo.

inqanaba: Umgangatho, umgaqo, okanye uvavanyo apha isigwebo esifanelekileyo okanye isiggibo sinokusekelwa.

kucela: Ukukhupha; ukufika (inyaniso, umzekelo) ngeengcamango.

kuhlaziya kwakhona: Ukuqwalasela kwakhona inani okanye ukubaluleka.

lungisa 1 Ukushintsha kwifom okanye kumlingisi; guqla. 2 Ukwenza okugqithiseleyo, okunzima, okanye okunamandla.

ukukala ukhetho: 1. Ukuzinza engqondweni ukuze wenze ukhetho; ucingisisise okanye uvavanye. 2. Ukuvavanya ezinye iindlela.

unokuninzi oluphindiwe: Yenzeka kwakhona okanye ngokuphindaphindiweyo, ngokukodwa kwixesha eliqhelekileyo.

vavanya: 1. Ukuqikelela okanye ukulungisa umgangatho okanye ixabiso le. 2. Ukuhlola nokugweba ngokucophelela; kuluhlu.

linjongo Zam

Umsebenzi?

Imfundo?

Ixesha Lokonwaba

Usapho?

Ekhaya?

Izinto zakho?



## Indlela yokuBoniswa

1. Phola. Vala amehlo akho, uphefumle ngokujulile, ucacise ingqondo yakho.
2. Yenza upende umfanekiso okanye wenze ividiyo engqondweni yakho ebonisa ukuba uphumelele kwiinjongo. Ngokomzekelo, ukuba umgomo wakho kukunika intetho enkulu phambi kwabaphulaphuli abaninzi, zibone ngokwakho usebenza ngokukhawuleza, uthetha ngokucacileyo, kwaye ugxininisa abaphulaphuli.
3. Yenza umfanekiso wakho wengqondo ucaciswe, kwaye ubone ngempumelelo impumelelo. Musa ukuvumela imibono engafanelekanga njengokwesaba, ukungaphumeleli, okanye ukuphazamiseka ukungena emfanekisweni. Jonga ngokwakho sele ufezekisa ngempumelelo iinjongo zakho.
4. Yongeza amagama athile, izenzo, kunye neengqondo zakho ekuboniseni kwakho. Ziqhelise oko ufunu ukukwenza okanye ukuthetha ngokubonakala kwakho. Ukuphinda uhlaziye ngokuqinisekileyo ukuqinisa ukusebenza kwakho kwangempela.
- 5 . Gcina ukubonakala kwakho engqondweni yakho. Yilungele ukuyikhumbula xa ukhetha. Phinda ubonakalise ukubonakala kwakho ngokuphindaphindiwego njengoko unako phambi komcimbi.

## isiteyithimenti sendlela yokuqinisekisa

1. Yenza iingxelo zomntu. Sebenzisa igama lakho, "mna," okanye "wena."
2. Gcina iingxelo ezifutshane. Ufuna ukuwakhumbula. Iingxelo ezinde zikhuni ukukhumbula.
3. Sebenzisa ulwimi oluhle. Ukuba ufunu ukulawula ukukhathazeka kwakho uthi, "Ndizolile kwaye ndiqinisekile. Ndikulungele kakuhle lo vavanyo." Musa ukuthi, "Andiyi kuba neengxaki malunga nokuhlolwa kwam math."
4. Bhekisela zakho iziqinisekiso njengenyaniso, njengokungathi ziyezeneka nangona ungazifumananga. Ngokomzekelo, tshela, "Ndiza kuphumelela esikolweni esiphakeme nge-3.2 GPA."
5. Phinda uqinisekise zakho ubuncinane kanye ngosuku. Ukuphindaphinda kukukhuthaza ingqondo yakho ukukunceda ufikelele kwiinjongo zakho.
6. Ngengqondo yakho, zithetha zakho iziqinisekiso. Kwakhona, bhala phantsi iziqinisekiso zakho uze uzibeke apha unokuzibona khona rhoqo. Njengazo zikhangiso kumabonwakude okanye kwi-rediyo, xa ubona okanye uva ukuqinisekiswa, ucinga ngakumbi.

Nazi ezinye zeempawu zokuqinisekisa:

- Ndine talente ukuba iphoswe njengesikhokelo kumdlalo.
- Ndiza kunikezelwa lo msebenzi kuba ndilungele udliwano-ndlebe.
- Mna nomntakwethu siya kuvana kakuhle ngalo lonke ihlobo.

## Ungenzinto, Umsindo, kwaye Izenzo zokuzithemba: Imeko

**Imiyalelo kumfundisi:** Buyela lo msebenzi njengemfuneko. Gqungqa enye yeendlela zokuziphatha ezibhalwe phantsi kwimeko nganye; ukutshintsha iimpawu ozijkelezayo ukuba ngamnye umelwe ngokulinganayo. Cima imeko nganye kunye nohlu lwazo lokuziphatha. Hlulela enye kwiqela ngalinye.

Ubolekisile ikhati lakho eliyintandokazi waza waphalaza ngento ethile kuyo. Ucele uxolo, kwaye umzala wakho ukuxolele. Ngoku, ufunu ukuboleka izicathulo zomzala wakho omtsha, eziza kubonakala zikhulu nento enxibe ngalobu busuku. Uza kwenza ntoni?

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

Ufumanisa ukuba umntu ocina ukuba ungumhlobo uye wasasaza amahemuhemu ngawe. Uyabona umhlobo ehamba ezantsi kwesitalato kuye. Ingaba wenza ntoni?

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

Umhlobo wakho omhle ufunu ukupasa izibalo. Wena useklasini enye. Ngomso luvavanyo olubaruleke kakhulu, kwaye umhlobo wakho akafundile. Ufunu ukukopela. Ingaba wenza ntoni?

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

Usebenza esitolo sesilwanyana emva kwesekolweni nangomqibelo. Umphathi wakho uqaphele ukuba imali ilahlekile kwirejista yemali. Ukutyholile. Mxelele ukuba awuyena mntu uthathe imali.

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

## ungenzinto, umsindo, kwaye Izenzo zokuzithemba: Imeko

(iqhubekile)

Abazali bakho baye bamiela i-curfew kuwe ngeveki. Njengomfundi wesikolo esiphakamileyo, uziva ukuba ixesha elibekwe ngalo aliqiqanga. Buza ukuba batshintshe ixesha lokufika.

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

Umfundi onesidima sokungabi namkhetha kunye nogonyamelo uthathe isikhwama sakho. Ucela ukuba abuyisele.

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

Inja yommelwane wakho e-yard yakho okanye phambi komnyango wakho phantse imihla ngemihla eyenza umonakalo kunye nokukhwaza. Tshela ummelwane wakho ukulawula injayakhe.

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

Uboleke imali kumhlobo osondeleyo. Sekudlulileyo kweeveki ezintathu, kwaye akayikuhlawula. Ufuna imali ukuphuma kule vek veki. Cela imali.

Ukubonakalisa ukuziphatha okujikeleze ngezantsi:

UMSINDO    UKUNGENZINTO    UKUZITHEMBA

## Ukuphuhlisa Izakhono zokuziThemba

Ubuntu bomntu

Ukomelela	Ubuthakathaka

## Ukupuhlisa izakhono zokuzithemba

Icebo lenyathelo

linjongo: \_\_\_\_\_  
\_\_\_\_\_

Isicwangciso seNkqubo soBuntu sokufezekisa injongo: \_\_\_\_\_  
\_\_\_\_\_

Isakhelo sexesha soHlelo lokuSebenza: \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Isikhombisi

Imodyuli yesithathu Ukubeka kanye nokufezekisa iinjongo

Beka phambili: Ukujonganayo nayo ngokuba kokubaluleka

enye indlela: Ukhetho phakathi kwezinto ezimbini ezifanayo; enye inokwenzeka.

gcina: Ukuqhubeka naluphi na injongo okanye ishishini; ukuqhubeka nokuzama naphezu kobunzima.

imvakalelo: Uluvo okanye indlela yokucinga

injongo: Into ethile isebenze okanye ijolise kuyo; injongo okanye injongo.

isiqinisekiso: Isincomo esifanelekileyo siphindaphindwa rhoqo imihla ngemihla ukukhuthaza nokuqinisa imizamo yomntu wokufezekisa injongo.

isiteyithimenti soxanduva: Ingxelo echaza umgaqo, inkolelo okanye injongo.

jonga inyaniso Isekelwe kwizinto njengoko zinjalo.

okujolisile: Injongo ekujoliswe kuyo umzamo okanye umzamo.

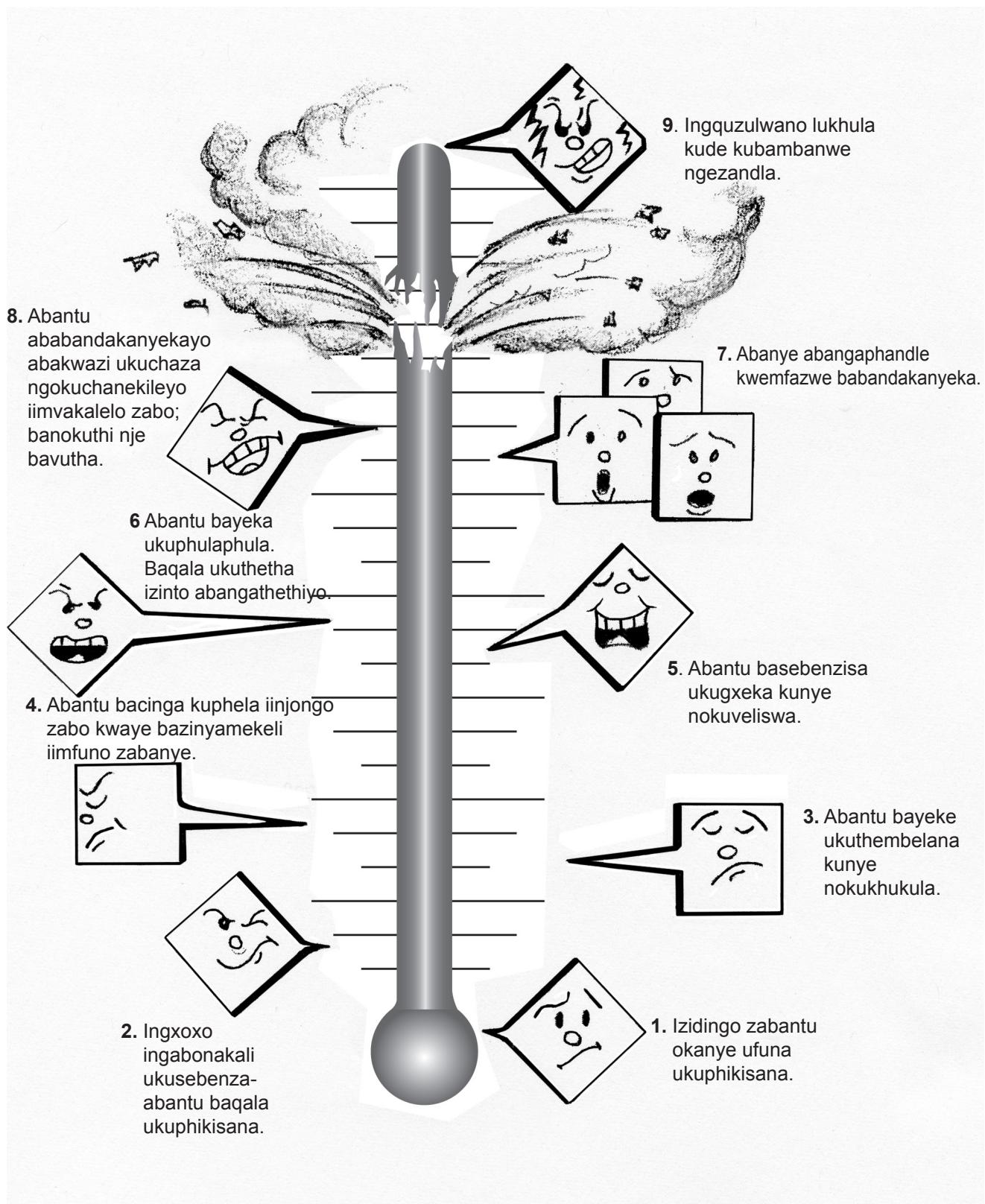
ukuya ngomsindo: Ukuba ngenyameko; mhlawumbi ukuhlaselwa okanye ukuqala ukulwa.

uphawu: Isici esinceda ukuhlukanisa umntu okanye into.

uqinisekile: Ukubeka okanye ukuthetha ngendlela ecacileyo nefanelekileyo; u kholose.

yibanombono: 1. Ukwakha umfanekiso wengqondo we. 2. Ukuqlatha umfanekiso okanye ifoto se, ngakumbi njengento engenzeka kwikamva.

## Amanqanaba engxabano



Imodyuli yeSine: Ukusombulula ingxabano kumabanga aphakamile

## Amagama eeMvakalelo

### A

Akanalwazi  
Akanazigqibo  
Awukwazi kuzinceda  
Awuvumelani

### E

Ezingazimiselanga

### L

Lusizi

### N

namonde  
Ndahlukile  
Ndamangaliswa  
Ndanganyelwe  
Ndehliselelwe  
Ndibubudengarha  
Ndibunkungu  
Ndididekile  
Ndidikiwe  
Ndidiniwe  
Ndigeza  
Ndigwenxa  
Ndijonge phambili  
Ndikhathazekile  
Ndikhululekile  
Ndikhuselekile  
Ndikhuthazekile  
Ndikrelekrele  
Ndikrokra  
Ndimangalisa

### D

Ndimsulwa  
Ndinamanwele  
Ndineentloni  
Ndinentlonti  
Ndineqhaya  
Ndingakhululekanga  
Ndingakwazi kuphumla  
Ndingathembu  
Ndingekaggibi  
Ndingenakuzithemba  
Ndingenazigqibo  
Ndinovelwano  
Ndinoxolo  
Ndinqinelene  
Ndirhuqa iinyawo  
Ndisethemba  
Ndisoyika  
Ndisoyika kakhulu  
Ndisozela  
Ndithukiwe  
Ndivuselelekile  
Ndixakekile  
Ndizisola  
Ndonele  
Ndothuke kakhulu  
Ndoyikisiwe  
Ngqingqwa

### O

Oyilingayo

### T

Thanda ubukelwa  
Thathela phezulu

### U

Ubhidekile  
Udikiwe  
Udiniwe  
Udlamkile  
Uhlazekile  
Ukhululekile  
Ukoyika  
Ukubanentloni  
Ukubanokuphiswano  
Ukubanomsindo  
ukudikwa  
Ukungazinzi  
Ukuvuyela kakhulu  
Ukyika  
Ulugorha  
Uluhlu alupheli  
Ulumkile  
Ulusizi

### U

Unamandla  
Unengcindezelo  
Unesazela  
Unethemba  
Unexhala  
Unobubele  
Unokugxeka  
Unokuqhula  
Unokuxolisa  
Unokuzithemba  
Unombulelo  
Unomdla  
Unomona  
Unomsindo  
Unosizi  
unovuyo

### U

Unovuyo  
Unqwena  
Untshingintshingi  
Unwenela ukwazi  
Unyolukile  
uphantsi  
Upholile  
Uphoxekile  
Uqondile  
Usyika  
Uyavuya  
Uyonqena  
Uyonyanya  
Uyoyika kakhulu  
Uzimisele  
Uzinikele  
Uziphethe  
Uziva uwedwa  
Uzolile

### W

Wonwabile

### Y

Yehlile ingcindezelo

## Ndithe...Bendisithi

UBrenda noMaria bayangxamelana ...

UBRENDA: "Ndaya kwivenkile kuba ndifanele ndithenge ubisi kuShante."

UMARIA: "Andikholwa wenze loonto! Usisiphukuphuku, ushiya isisi wam olusana yewa!"

UBRENDA: "... kodwa ndacela uTom ukuba ambukele xa ndaphuma."

UMARIA: "Andizi nokuba kutheni ndimthemba ukuba umlindile!"

UBRENDA: "Kulungile! Yinyamekele udade wakho! "

Bathetha ...

UBRENDA: "Ndaya kwivenkile kuba ndifanele ndithenge ubisi kuShante."  
Ndandingakhathazeki ngenxa yokuba bekungekho ubisi endlwini yentsana.

UMARIA: "Andikholwa wenze loonto! Usisiphukuphuku, ushiya isisi wam olusana yedwa!"  
Kuyingozi kakhulu ukushiya umntwana yedwa! Ndiyoyika ukuba kungakhona into engenzeka kuye!

UBRENDA: "... kodwa ndacela uTom ukuba ambukele xa ndaphuma."  
Ndisisiphukuphuku? Luhlobo luni loadade olunyamekela udade lwakhe kodwa engenawo ubisi endlwini?

UMARIA: "Andizi nokuba kutheni ndimthemba ukuba umlindile!"  
Ndandithandabuza ngokushiya uShante kunye naye. Ndikhumbula ngela xesha wamvumela akhale ebhedini yakhe yedwa. Andizange nditsho kwanto kodwa ndandidikwe kakhulu

UBRENDA: "Kulungile! Yinyamekele udade wakho!"  
Kwaye ndandimthanda nje! Libala. Andiyi kumnceda kwakhona.

## Ukuphumelelisanana, Iimfuno zam/Ezakho

IIZIKHOKELO ZOKUDALA IINGXAKI ZOKUNQOBA

- Khetha indawo engathathi hlangothi kwintlanganiso.
- Musa ukuxoka okanye ugxininise; ukwakha ithemba ukusuka ekuqaleni.
- Sebenzisa unxibelelwano olungabonakaliyo: sebenzisa amehlo, sebenzisa ukungabikho
- ukuhamba, kwaye uhlale ucacile.
- Zama ukufumana indawo efanayo.
- Yiba nomoya ovulekileyo malunga namanye amacebiso.  
Gxininisa kwizinto ezibaluleke kakhulu kuwe, kwaye uzama ukuzimisela
- izinto ezibaluleke kakhulu komnye umntu.
- Hlala okwangoku; ukuphepha ukuzisa iingxabano ezidlulileyo.
- Beka ikhefu lexesha obabini ovumelana ngalo.  
Yenza isisombululo, uze ungabuyeli.

IIZIDINGO ZAM / IIMFUNO ZAKHO

Ingaba yintoni ingxaki? \_\_\_\_\_

Yintoni emacaleni omabini aya kulahleka? \_\_\_\_\_

Ingaba umntu A ufunu ntoni? Ngokuba? \_\_\_\_\_

Ingaba umntu B ufunu ntoni? Ngokuba? \_\_\_\_\_

Ingaba umntu A udinga ntoni? \_\_\_\_\_

Ingaba umntu B udinga ntoni? \_\_\_\_\_

Ezinye izinto zomntu A?\* \_\_\_\_\_  
\_\_\_\_\_

Ezinye izinto zomntu B?\* \_\_\_\_\_  
\_\_\_\_\_

\*Ezinye izinto ezikhuthaza abantu ziquka imfuneko yokulawulwa, imfuno yemali, isidingo sokuziva esiye saziwa okanye sithandwa, njl njl.

Imodyuli yeSine: Ukusombulula ingxabano kumabanga aphakamile

## Isikhombisi

Imodyuli yeSine: Ukusombulula Ingxaki

ukusinga: Into efunyenwe ngokungenakuvunywa okanye eyamkelwe njengenyaniso ngaphandle kobungqina.

ukutyheshela okunye: Ukuhlalisa kweentlukwano apha icala ngalinye linika into ethile; ikhosи ephakathi.

ingxabano: limeko zokungazibandakanyi phakathi kwabantu abangahambelaniyo okanye abachasiwego, iingcamango okanye iimfuno; ukulwa.

ukurhoxisa: Ukwenza unobungozi obuncinane, ubude, okanye obusondayo.

ukusizela: Ukuchonga kunye nokuqonda imeko yomnye, iimvakalelo kunye neenjongo.

ungelelo: Ukungena okanye phakathi kokuphazamisa okanye ukuguqula isenzo.

mlamli: Umntu oxoxisana neengxabano zabanye ngemvume yabo, ngenjongo yokudibanisa ukungalingani.

thethwano: Ukudibana nomnye okanye abanye ukuze uqhathanise imibono kwaye uze ufilekelele kwimimiselo okanye ufilekelele kwisivumelwano esisodwa.

uluvo: Insight, intuition, okanye ulwazi olufumene ngokuqwalaselwa.

isisombululo: 1 Inkubo yesenzo esinqunywe okanye isigqibo. 2 Ingcaciso, njengengxaki okanye iphazili; isisombululo.

sombulula: 1 Ukwenza isigqibo esiqinileyo malunga. 2 Fumana isisombulilo; ku hlalutya.

ingcamango: 1 Umfanekiso okanye ulovo olungaphezulu. 2 Isethi yezinto ezingalungile, ezilula.

indlela: Isicwangciso senzathelo sokufeza injongo ethile okanye inzima.

bulumko: Ukuvakalelwa kwinto efanelekileyo nokufanelekileyo ekusebenzelaneni nabanye, kuquka ukukwazi ukuthetha okanye ukwenza ngaphandle kokucaphukisa.

nyamezela: Ukuqaphela nokuhlonela amalungelo, iinkolelo okanye izenzo zabanye.

## ukulungisa Ingxaki

### NGU

AMALUNGU EQELA: \_\_\_\_\_

UMSEBENZI: \_\_\_\_\_

MANYATHLELO OKWENZA ISIĜQIBO: IZIMVO:

1. Cacisa ingxaki.
  
  
  
  
  
  
2. Ukuqokelela iinkcukacha.
  
  
  
  
  
  
3. Wenza ezinye iindlela.
  
  
  
  
  
  
4. Ujongisise imiphumela.
  
  
  
  
  
  
5. Yenza isigqibo
  
  
  
  
  
  
6. Cinga ngempendulo novavanyo.

## Isikhombisi

Imodyuli yesiHlanu Ukulungisa iNgxaki

Ingaki: 1. Umbuzo omakajongwe, olungisiwe, okanye ophenduliwe. 2. Imeko, imo, ucalucalulo: 1. Ubume okanye imeko yokuba uphathwe ngokwahlukileyo ngokwesini, iminyaka okanye uhlanga; ucalucalulo. 2. Ukuphatha ngakwahlukileyo; ngumkhethe.

ukuhlukunyezwa ngesondo Nayiphi indlela yonxibelewano engamkelekanga okanye ukuziphatha okuhlangene nesondo.

ungelelo: Ukungenelela ngobubele kwiingxaki zabanye ngeenjongo zokusombulula umehluko.

yehlula: Ukumisa okanye ukuhlela ngokweklasi okaye uhlobo.

## Ndifunda iProfayile yeSitayela

**Kwisiyithimenti esilandelayo, bhala "2" ukuba isiyithimenti sithi usoloko, "1" ukuba isiyithimenti sicacisa wena ngamanye amaxesha, kwaye "0" ukuba isiyithimenti sicacisa wena ungazange.**

1. \_\_\_\_\_ Ndiqonda kakuhle ukuba utitshala uthini xa ezoba umboniso okanye igrafu.
2. \_\_\_\_\_ Ndingayiva ingoma kanye okanye kabini ndibe sendicula amazwi.
3. \_\_\_\_\_ Ndifuna ngokugqibelele xa ndixoxa loonto nomnye umntu.
4. \_\_\_\_\_ Ndikhetha ukulungisa ialjibra nengxaki zejiyometri.
5. \_\_\_\_\_ Xa ndigqibile ukuba ndiyayifuna into, ndenza yonke into endinayo ukuyifumana.
6. \_\_\_\_\_ Ndilungile ukuchaza abantu.
7. \_\_\_\_\_ Ndingumbhali omhle.
8. \_\_\_\_\_ Ndiyathanda ukuqonda ubudlelwane phakathi kwezinto.
9. \_\_\_\_\_ Ndikhumbula amagama kakuhle.
10. \_\_\_\_\_ Ndicinga ngemifanekiso nemifanekiso yenqondo.
11. \_\_\_\_\_ Ndiyazazi iimvakalelo.
12. \_\_\_\_\_ Ndingakuxelela xa amanqaku omculo ephumile kwikhi.
13. \_\_\_\_\_ Ndiyingcaphephe ekuzameni abantu ukuba bavumelane nam.
14. \_\_\_\_\_ Ndiyakuthanda ukukhuthala emzimbeni.
15. \_\_\_\_\_ Isininzi ndiyaziculela.
16. \_\_\_\_\_ Ndibhala amabali, iileta okanye imibongo.
17. \_\_\_\_\_ Ndiyazi ukuba ndiza kwenza njani kwiimeko ezininzi.
18. \_\_\_\_\_ Ndiyathanda ukudlala iidlalo yemeko (efana netshezi) kunye nokusombulula orayirayi.
19. \_\_\_\_\_ Ndiyakwazi ukuva ukuba abanye abantu bava njani.
20. \_\_\_\_\_ Ndiyathanda ukubalisa amabali.
21. \_\_\_\_\_ Ndiyathanda ukugcina izinto zam zime ngendlela.
22. \_\_\_\_\_ Ndingakhawuleza ukuchana amanyathelo amatsha okudanisa okanye iintshukumo zomdlalo.
23. \_\_\_\_\_ Ndidinga ixesha lam yonke imihla.
24. \_\_\_\_\_ Ndizoba imizobo kwincwadi yam yonke.
25. \_\_\_\_\_ Ndiyakonwabela ukuthabatha inxaxheba kwiiklabhu kanye umsebenzi wamaqela.
26. \_\_\_\_\_ Ndiyathanda ukwenza izandi.
27. \_\_\_\_\_ Ndilungile ekupakisheni nasekufakeni izinto kwiisuitcase, amabhokisi, iimoto kunye nezinye.
28. \_\_\_\_\_ Ndiyathanda ukufunda ngezobunzululwazi nezibalo.
29. \_\_\_\_\_ Ndiyakwazi okomelela kwam nobuthathaka zii
30. \_\_\_\_\_ Ndidlala isixhobo somculo.
31. \_\_\_\_\_ Ukuthatha uhambo kundinceda ndikhululeke.
32. \_\_\_\_\_ Ndisoloko ndisiva ukuba iindlela eggibelele yokuzibonisa kukubhala iingcinga ama.
33. \_\_\_\_\_ Ndingumntu umntu bangamtsalela umnxeba ukuqonda kwenzekani ngempela-veki.
34. \_\_\_\_\_ Kuyandinceda nyhani ukufaka imibala amanqaku okanye umsebenzi.
35. \_\_\_\_\_ Ndimhle kwizixhobo.

Imodyuli yesithandathu: Izakhono zeSikolo kunye nangaphezulu Kwesikolo esiPhakamileyo

# Indela yokufunda esisiShwankathelo

## Inombolo yombuzo

liziKinesthetic zomzimba	unomculo	Emoyeni	Kunengqondo- Kubalile	Kongolwimi	Kungawe	Kungengcina- zakho
6 _____	2 _____	1 _____	4 _____	7 _____	3 _____	5 _____
14 _____	12 _____	10 _____	8 _____	9 _____	13 _____	11 _____
22 _____	15 _____	24 _____	18 _____	16 _____	19 _____	17 _____
31 _____	26 _____	27 _____	21 _____	20 _____	25 _____	23 _____
35 _____	30 _____	34 _____	28 _____	32 _____	33 _____	29 _____
Iyonke: _____	Iyonke: _____	Iyonke: _____	Iyonke: _____	Iyonke: _____	Iyonke: _____	Iyonke: _____

Imodyuli yesiThandathu: Izakhono zeSikolo kanye nangaphezulu Kwesikolo esiPhakamileyo

## Umsebenzi oyiProjekthi

IKLASI: IMBALI YASEMELIKA

IsiHloko: Iziganeko ezaphambi kweMfazwe yeNguuko (umz., I-Party yaseTyster, iStamp Act, iBoston Massacre, ukukhwela kukaPaul Revere)

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Umsebenzi: Yenza isicwangciso somboniso malunga neminye imicimbi ephambili ephambi kweMfazwe yeNguqulelo.

### Umsebenzi

### Kufuneka eGqitywe Ngu

### Uhlobo lokufunda olukhethwayo

Umzekelo: yenza iiposters     Lamar Ling     Imiboniso/Spatial

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## Ibali likaLuis

I-alarm kaLuis yaqala ukukhankanya ngo 6:00 ekuseni. Wayeqqibile ekubenit avuke kusasa ukuze aphelise intetho yomlomo eyayifanelekile ngaloo mini. Ucinga ukuba embalwa imizuzu engaphezulu yokulala yayimenza azive ephumle kwaye ancede inkulumo yakhe, uLuis wahamba waza wacinezela inkinobho yokunyusa.

Emva kokugquma kwinto eziva ngathi njengemizuwana, uLuis wafikelela ngaphaya ukushaya kwakhona iqhosha lokunyunuza kwakhona, kwaye wabona ukuba kwakungu 7:00, ixesha eliqhelekileyo lokuvusa. Wenyuka ebhedeni waza walungiselela isikolo. Wayephethe imizuzu engamahlanu ukujonga ngaphaya kwenkqubo yakhe ngaphambi kokuphuma emnyango.

Xa isikolo siphelile ngo 3:30, usuku lukaLuis aluzange luhambe kakuhle. Akuzange nje kuphela ukuba wayengayilungiselelanga intsingiselo yakhe, kodwa wayekhohliwe ngesincoko esasilungelwe ngaloo mini. ULuis wayefuna ukuggithisa iiklasi lakhe kwiklasi. Wayefuna amabakala amhle ukuze angene esikolweni aphoona umzalwana wakhe waya khona. Uxakekile, uLuis wagqiba ekubeni wayefuna ukuphuka emsebenzini wesikolo. Waya ekhaya waza wavula iTV ukuze amncede.

Ngo 4:30, waqonda ukuba unemizuzu engama 30 ngaphambi kokuhamba emsebenzini. Wayegubha isikhwama sakhe esikhwameni sakhe waza waphonsa iincwadi zakhe edeskini. ULuis wayesazi ukuba uye wabhala phantsi isabelo sakhe sematriki kwindawo ethile, kodwa akafumananga. Xa uLuis ekuggibeleni wamfumana isabelo,

1. Ngaba unxulumene nebali likaLuis? Kutheni okanye kutheni?
2. Iimvakalelo zikaLuis zokukhungathea zichaphazela njani izifundo zakhe?
3. Ziziphi izinto eziphazamisayo uLuis ekufumaneni umsebenzi wakhe wesikolo? Nika imizekelo ethile kwibali.
4. Yintoni uLuis ayenokwenza ngokuhlukile ukulawula kakuhle ixesha lakhe?

Imodyuli yesiThandathu: Izakhono zeSikolo kune nangaphezulu Kwesikolo esiPhakamileyo

waqonda ukuba wayedinga ipensela waza waya ekhitshini ukuze athole enye. Ekhitshini, uLuis wabona isikhwama se-chips ehleli kwi-counter kwaye saqala ukutya. Umphathi wakhe akaze amvumele ukuba adle emsebenzini, ngoko ke wanquma ukuzilungisa isandwich.

Ukukhangela ngehora, uLuis wahlala phantsi ngesantiki yakhe waza waqonda ukuba wayeneemzuzu ezili-10 ngaphambi kokuba ahambe aye emsebenzini. Wayeyazi ukuba akanakuze enze nantoni na eyenziwe ngexesha elifutshane. Wavakalelwa kukuba akaze athathe umsebenzi wakhe wesikolo.

Ngo 4:30, waqonda ukuba unemizuzu engama 30 ngaphambi kokuhamba emsebenzini. Uboniso lwakhe oluthandayo lwaluphezu, ngoko wayebukele umTebe nomntakwabo. Xa lo mboniso waphela ngo 10:00, wahlala phantsi kwidesika yakhe ukwenza umsebenzi wesikolo. Kwakudingeka azalise isicatshulwa kune nesabelo sobalo. ULuis wacinga ukuba angasasaza ngesabelo sematriki kuba utitshala wakhe akazange ahlale ehlola umsebenzi wesikolo, ngoko waqala oko. ULuis ugqibile izibalo kwaye waqhubela phambili kwisincoko. Njengoko wayebumba ngamaphepha akhe efuna umbhalo ochanekileyo kune namanqaku ukuphendula umbuzo, ifowuni yavuma-yayiyintombi yakhe. Babenengxabano ngosuku olulandelayo, kwaye uLuis wayengakathethi naye. Wathetha naye ixesha elithile.

Xa uLuis ekuggibeleni waphuma kwifowuni, yayikufutshane nobusuku bobusuku. Wajonga amaphepha ahlakazekile kwideski yakhe. Kwakungekho ndlela ayayikugqiba ngalobu busuku.

## Ukueba uSuku nosuku

Umhla waNamhlanje: \_\_\_\_\_

Cwangcisa

Izinto eziyimfuneko  
(umzekelo, iincwadi,  
izixhobo zemidlalo, njl.)

**7:00 - 8:00**

**8:00 – 9:00**

**9:00 – 10:00**

**10:00 – 11:00**

**11:00 – 12:00**

**12:00 – 1:00**

**1:00 – 2:00**

**2:00 – 3:00**

**3:00 – 4:00**

**4:00 – 5:00**

**5:00 – 6:00**

**6:00 – 7:00**

**7:00 – 8:00**

**8:00 – 9:00**

**9:00 – 10:00**

**10:00 – 11:00**

**Sukulibala:**

## Ukuceba iVeki neveki

Iveki ye: \_\_\_\_\_

<b>uMvulo</b>	
<b>uLwesibini</b>	
<b>uLwesithathu</b>	
<b>uLwesine</b>	
<b>NgoLwesihlanu</b>	
<b>uMgqibelo</b>	
<b>iCawa</b>	

## Ukuceba Isiqingatha

<b>Umhla</b>	<b>uSeptemba</b>	<b>Umhla</b>	<b>Februwari</b>
<b>Umhla</b>	<b>Oktober</b>	<b>Umhla</b>	<b>Matshi</b>
<b>Umhla</b>	<b>Novemba</b>	<b>Umhla</b>	<b>Epreli</b>
<b>umhla</b>	<b>Desemba</b>	<b>Umhla</b>	<b>Meyi</b>
<b>Umhla</b>	<b>Janyuwari</b>	<b>Umhla</b>	<b>Juni</b>

## Akukho Xesha

**Xa umsebenzi kanye nemisebenzi kuthatha yonke into ebizwa ngexesha elikhululekile, unokufumana njani umzuzu ukuba ube nguwe?**

**"Ndivakalelwa ngathi ndingaphakathi** lonke ixesha, "kusho uMichael Colley, oneminyaka eyi-18, oyena mfana kwiNtaba yaseVernon High e-New York. "Ndikhumbula ukungena epakini, ukubona iifilimu nokuphumla."

UMegan Thornton, oneminyaka eyi-17, oyena mfana waseCumber-land Valley High School eMechanicsburg, uPa., Uthi: "Abantu bandixeleta njalo ukuba ubomi buya kuba nzima kakhulu kwiikholeji. Kodwa ndiyazi ukuba akunakukwazi ukufumana okubi kunokuba ngoku."

UMichael noMegan baneengxaki ezifanayo: iishedyuli ezingaphezulu. Bachitha ixesha elide kwimisebenzi yabo yangaphandle kanye nemisebenzi kunokuba basebenze ekhaya, kwaye baninzi ixesha emsebenzini wabo wesikolo ngaphandle kohlobo lwabo. Kwaye ngaba ngamalungu amabini kuphela kwisizukulwana sabaselula abanomdla: u66 phesenti wenu uxel elipholi ye React ukuba aninaxesha elanele elilodwa.

"Ulutsha lukhuphisana kakhulu," kusho uPenny Peterson, isazi sengqondo seMontgomery County, uMd., Izikolo zikarhulumente. "Akusekho okwaneleyo ukufumana umdlalo wesikolo okanye ube ngumqhubi weHockey: Kufuneka wenze ezo zinto kwaye ube yintloko yebhunga lomfundu kwaye ubambe umsebenzi wakho kwintengiso."

Abaninzi abaselula bathi bayawutyalela iishedyuli zabo zesikolo eziphakamileyo kwintambo ekwamkelwa kwiikholeji. UKim Warhurst, oneminyaka eyi-18, ungumntu omtsha kwi-Butler County Community College e-El Dorado, eKhana, ngaseWichita. "Umcebisi wam uebisi wathi imisebenzi ibonakala kakuhle kwi-transcript yakho-ukuba ufumane ukudubula okungcono kwiikholeji zeekholeji ukuba ulungelelene kakhulu. Kwaye abantu abadala

abaphethe umsebenzi ngamnye balindele ukuba ube umsebenzi wabo kuqala.

"Ndihlala ndixakeke ngexesha lonke," kusho uKim. Uninzi Iweentsuku, uphinde abuyelete kwigumbi lakhe emva kobusuku, emva kweeklasi, umsebenzi wesikolo, ixesha elikwiphepha lakhe kwikolishi kanye nomsebenzi wexeshana eWal-Mart. Ishedyuli sakhe, uthi, umnyanzelisa ukuba alahle ezinye zezinto zakhe zesikolo esikolweni: "Kwafuneka ndiyekе i-violin kanye ne-softball kuba kufuneka ndijonge kwiinjongo zesikhathi esizayo."

UMegan ubelokhu eqhuba umsebenzi ngomculo, eqhuba upiyano, umququzo kanye nezwi ngalinye ngesigamu seyure ngosuku, kodwa ngoku utshintshe ukugxila kwakhe. "Ndiyazi ukuba ndiza kufaka ixesha elide kanye nomgudu kunokuba ndizimisele kule ngxaki," utsho. "Kuninzi ixesha elibandakanyekayo ekusebenzeni. Ndingathanda ukuba nexesha lokuthetha kwifowuni kanye nabahlobo bam. Kukho obuninzi ebomini kunokuba uqhube upiyano, ugubhu kanye nezwi lonke ixesha. Ndingathanda ukubanemali eshiyekile."

Kwabanye abafundi, iingcinezelo zentlalo, kungekhona iishedyuli, zigcine zisebenza ebusuku. "Abantwana esikolweni bendibonakala bezityebi-bembethe i-Jacket ye-North Face nganye ngeveki," kusho uAryanna Fernando, oneminyaka eyi-18, ophakamileyo kwiBeekman High School eNew York City. Ngokuhambisana nomdlalo wokudanisa kanye neklasi yobumba, u-Aryanna uye wabamba uluhlu lwemisebenzi ukuze athole imali ecinga ukuba ufunu ukuhlala kanye noontanga bakhe. Uthi: "Andifuni ukuba ngumntu ocebileyo, kwaye ngenxa yokuba ndingumntu ophezulu, ndifumana ukulala okungaphantsi kunanini ngaphambili."

Kukho ezinye iinzuzo: UKim uthi usebenza kwizikolo zemfundo ulungiselela ikamva

## Akukho Xesha

(iqhubekile)

njengombhali. UDavid Skeist, oneminyaka eyi-18, ophakamileyo kwiSikolo saseDalton eNew York City, uthi iqela lakhe lokucula, i-chorus kunye nomdlalo wezemidlalo kumnika ubomi obunokwakhelo lwentlalo: "Ukubeka kwimveliso ngeqela labantu kwenza ndiziqhenye, inxalenyenye yeqela. Kodwa ngokuya kumaqela ahlukaneyo, andinamathele kwelinye iqhosha."

Kodwa kukho iingozi ezinokukhathazeka, iintsku ezinokukhawuleza, ezifana nokucima ubuthongo ukucima emsebenzini wesikolo emva kobusuku okanye kusasa, kwaye ukuxhomekeka kwi-caffeine kunye nokutya okungenamsoco ukuze uzuze ububele. "Ndibona inani elandayo labaselula abanezikhalazo eziphathekayo ezinxenzelele uxinzelelo-iingxaki zesisu, ukulala, ukungaboni, iintloko kunye neengxaki zokuhlala bephapheme eklasini," kusho uPeter. Kwaye xa abafundi bexakekile bephendulela uthwala, ugwayi okanye ezinye iziyobisi ukuba bahlale bephapheme ubusuku bonke, ukuba balele okanye banciphise ukunyamezeleka kwengqondo, ukubhalwa kwesikolo esikwi-high school kungaba ithikithi esibhedele, uthi.

Ukuthintela ishedyuli ehleliwego ukusondeza uvuyo ebomini, uPeter uthi, zibuze le mibuzo: Ingaba andinalo ixesha lezinto ebomini bam obangela ukuba ndivuyiswe-njengexesha kunye nosapho okanye abahlobo okanye izinto zokuzilibazisa endandithanda ngazo? Ukuba kunjalo, lixesha lokwenza utshintsho.

"Kudinga isibindi ukuguqula izinto, kodwa kufuneka uyenze," ushilo. "Susa ezinye izinto. Kungcono ukuzibandakanya kwimisebenzi emibini okanye emithathu kwaye ubugqwesileyo kubo, kunokuba uziqhelise kakhulu ngezinto onayo ixesha lokuba wenze ngenhliziyo."

### Thatha ixesha lakho

Ukuba ishedyuli yakho isongela ukukugwinya ngokupheleleyo, zama ukulandela ezi ngcebiso

zokumisa uxinzelelo.

### Khabela umva

Xa ekuggibeleni usenza ikhaya, uDkt. Peterson uncomta ukuba uthathe "ixesha lempilo" yengqondo. Ngaphambi kokuba ugale umsebenzi wakho wesikolo, ulala phantsi embhedeni wakho imizuzu embalwa okanye ube nengxoxo esheshayo kwifowuni. Ikhefu liya kukunika ithuba lokutshintsha iigesi kwibhokisi ukuya kwijometri. UKim uthi upholaphule umculo weklasi kwaye uthatha ixesha elide ekhupha ilizwe ukuphumla. UMichael ubukela iividio. Amanzi okuhlamba kunye nokucamngca umsebenzi u-Aryanna.

### Sungcangcazela

Ingaba uyoyika ukuba xa ungabandakanyeki kuyo yonke imisebenzi esikolweni, awuyi kukwenza kwikholeji oyikhethayo? Ungabi. Kunye into, uPeter uthi, "Unokuthi udibanise yonke loo misebenzi kwaye ungangena kwisikolo sakho sephupha." Kwelinje icala, izikolo ezininzi zivame ukuchukunyiswa ngabafundi abenza izinto ezimangalisayo ngemisebenzi emibini okanye emiibini kunokuba bajoyine amaqela angama-15 abengenakuchitha ixesha elininzi kunye nabo.

### Fumana Intloko Evelwano

U-Megan uxelela abazali bakhe nanini na ukuba uvakalelwa kukuba uya kugwinya, kwaye uyahlawula. Kodwa ukuba awukwazi ukucinga ukuba wenze utshintsho olufunekayo kwindela yakho yokuphila ukuze unciphise uxinzelelo lwakho-kwaye abazali bakho abanakunceda kuba bengayiqondi ingcinezelo ophantsi-cela umcebisi oce bisa uncedo. "Ngamanye amaxesha kufuneka uvale kubazali bakho, umqequeshi wakho okanye nawuphi na okulungele ukuguqula izinto ezibaluleke kuqala-ukuba kabalulekile ukuba uhlambuluke," kusho uPeter.

—UJennifer Kornreich

\*Iphinde yashicilelwu ngemvume evela kwa *React* Imagazine. Ilungelo lokukopa 1999, Advance Magazine Publications, Inc. Isebenzia: Umshini wokukopa, iprojekti ye-opaque, okanye imaster ekhanyayo yeprojektha yangaphezulu kwentloko. *React* Imagazine ikunikeza ilungelo lokuba uphinde ulivelise eli phepha kwigumbi lokufundela.

Imodyuli yesithandathu: Izakhono zeSikolo kunye nangaphezulu Kwesikolo esiPhakamileyo

## Ukuthabatha Amanqaku Asebenzayo

1. Ingaba wazi ntoni ngenkquo?

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2. Yintoni endifuna ukuyifunda ngesi sihloko?

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3. Ndiza kufumana njani oko ndifuna ukwazi?

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4. Gxininisa kwizinto ezibalulekileyo.

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## Bala iLeta

Funda umhlathi olandelayo uze ubale  
inani leetekisi "f" libonakala.

I-sheriff yaseFargo, eNorth Dakota, ifumene isikhwama  
esikhulu semali yeedola ezintlanu.

Akaqinisekanga ukuba zingaphi iifom zikhoyo  
kwisikhwama, kodwa uya kubabela abanye  
abaphenyi abangenangqondo  
ukuba bajonge esi siganeko.

## Ukuthabatha uVavanyo Lokuziavanya

1. Uvakalelwa njani xa utitshala echaza ukuba uya kuthatha imibuzo?
2. Kutheni uziva ngale ndlela?
3. Ngakanani ixesha elide uqala ukufundela uvavanyo?
4. Igama ezintathu izixhobo zokufunda ezinokukunceda uzungiselele uvavanyo.

## UMBONISO WOMDLALO

1. Luhlobo luni Iwephepha lokufunda elikunceda ukuba uqoke amanqaku, njengamagama kune nemihla?  
lifayile eziphambili
2. Kude kangakanani na ukuba uqale ukufundisisa uvavanyo?  
Kwiintsku ezintlanu ukuya kwezixhenxe
3. Gcwalisa isivakalisi: Inokukunceda isimo sakho sengqondo ukucinga ngolu vavanyo njenge \_\_\_\_\_.  
Ithuba lokubonisa oko uyaziyo
4. Kutheni i-quiz pop ibangela ukuba uxhalabise ngaphezu kwemibuzo ebhengezwe ngaphambili?  
Ngenxa yokuba awunalo ithuba lokulungiselela
5. Igama ezimbini iindlela zokufunda ezifanelekileyo.  
Nokuba yeyiphi kwezimbini kwezilandelayo: ukuthabtha amanqaku alungile eklassini, ukuhlala uqoqoshekile, ukwenza amanqaku amakhadi okanye makhadi okukhumbua, ukwenza amanqaku ngawona amagama kwishiti okanye ishiti yomxholo gabalala, isixhobo sokugcina, ukufunda ngamaqela, ukumisel ixesha lokufunda, ukuphinde ujunge amanqak emveni kweklasi, okanye ufumane indawo ethule
6. Inyani okanye ubuxoki: Kufuneka uchithe iiyure ezininzi kunokwenzeka ukuba ufunde ubusuku phambi kovavanyo olukhulu.  
Ubxoki-kufuneka ukhululeke uze ulale ubusuku obuhle.
7. Ziziphi iintlobo zabantu omele uziphephe ngosuku loviwo?  
abantu abakwenza ube neentloni
8. Igama ezimbini ezingalunganga zokufunda ngamaqela.  
Nokuba yeyiphi kwezimbini zilandelao: yenza abafundi bafunde komnye nomnye, ngeengxoxo ezibanzi, ishedyuli emile okufunda, ukumxhasa kwakwenzayo, ukwenza ukufunda kubemnandi, ukufundisa abanye kunyusa ukugcina kwakho iinyani.
9. Igama ezimbini ezingalunganga zokufunda ngamaqela.  
Nokuba yeyiphi kwezimbini zilandelao: ukulahlekelwa lixesha xa abahlolo bengekalungeli, ukulahlekelwa lixesha ujonga izinto osele uzazi kakuhle, abafundi abanexala basasaze ukoyika uvavanyo, amaqela aasebenzise ixesha kakubi
10. Yibani izinto ezimbini omele uyenze ekuseni.  
Nokuba yeyiphi kwezimbini zilandelao: ukutya isidlo sakusasa esilungile, ukunxiba ngokukhululekileyo, ukuzisa iwoshi, ukufika kwangoko, ukuqinisekisa ukuba unazo zonke izinto ozidingayo
11. Inyani okanye ubuxoki: Kufuneka udle isidlo sasekuseni kakhulu ngosuku loviwo.  
Ubxoki-kufuneka udle isidlo sasekuseni esilungileyo, kodwa kungabi ngaphezu kokuty.
12. Igama ezimbini iindlela ezibalulekileyo zokusebenzisa ngexesha lovavanyo.  
Nokuba yeyiphi kwezimbini zilandelao: ukujonga lonke uvavanyo ngaphambi kokuba uqalise, ugcine ixesha (bgokusekelwe kumgangatho wamanqaku), ukufunda isikhokhelo kakuhle, ukufunda umbuzo ngamnye kakuhle, ukubukela ixesha nendlela yokwenza ngokwakho, ukufaka izangqa kwimibuzo enzima kwaye ubuyele kuzo
13. Qamba elinye icebo lokunciphisa uxinzelelo.  
Naluphi na oku kulandelao: lungiswa kakuhle, uthathe umoya ophefumlelwego, ucinge ngendawo enokuthula  
Imodyuli yesithandathu: Izakhono zeSikolo kune nangaphezulu Kwesikolo esiPhakamileyo

## UKUXINEZELEKA OKANYE HAYI?

**Le ncoko ilandelayo inendima ezintathu:**

- Utisthala
- UEddie
- UDominique

**Ziqhelanisa intetho eziliqela ngaphambi kokuba uyenze phambi kweklasi.**

(Kuba malunga nemizuzwana engama-30, aba bafundi babini bahlala kwiidesiki ngaphambilii kwegumbi. U-Eddie uhamba ngokukhawuleza ngamaphepha, ezama ukunyamezela ukuhlolwa kwembali. UDomininique uhlala ngokuzolile, kwaye ujunge ukhululekile, mhlawumbi ufunda incwadi. Utitshala ungena kwigumbi aze ahambe edeskini yakhe ekhoneni, ekhuluma njengoko ehamba.)

**UTITHSALA:** Iklasi elungleleyo, ixesha lokuvavanya kwimbali yakho. Ndikufuna ukuba ususe yonke into kwiidkski zakho.

**U-EDDIE:** (esasikhupha, kuye ngokwakhe) Ngenye ixesha ... Hayi, ngubani owayengumongameli ngexesha lokuPhukisa okukhulu?

**UTITHSALA:** Eddie, ngaba undivile? Ixesha lovavanyo. Nceda kucima yonke into kwidesksi yakho. (Utitshala uqala ukuhlela amaphepha athile.)

**U-DOMINIQUE:** (ku-Eddie) Hayi, unjani ukhathazekile? Le nto iya kuba yintlampo!

**U-EDDIE:** Uthini ukuba kuya kuba yintlampo? Ndiyayimfuneko ubuncinci B kule klasi ukufaneleka ukudlala kulo nyaka, kwaye ukuba andizange ndiphumelele kule vavanyo, andiyi kuwufumana.

**U-DOMINIQUE:** Ewe, ndifuna ukufumana ibakala elihle kweli klasi, naye. Oku kuyimfuneko ebalulekileyo ekholejini endifuna ukuyifumana. Kodwa awuboni ndihamba ngaphandle kwayo.

**UTITHSALA:** (ukubuyisela ingqalelo kubafundi) Iklasi, andinakuqala ukuvavanywa de deks zicacile.

**U-DOMINIQUE:** (ku-Eddie) C'mon! Ndifuna Ukuqalisa!

(U-Eddie ukhangeleka ngokubonakalisa ukwesaba.)

## Imeko ezenza ingcidezelo


## Isikhombisi

Imodyuli yesiThandathu: Izakhono zeSikolo kunye nangaphandle

hlala: Ukulungiselela izinto ezibhaliwego ukupapashwa okanye ukunikezelwa ngokulungisa, ukuhlaziwa okanye ukulungiswa.

imnemonic: Ifowuni, efana nefomula okanye isigqi, isetyenziswe ngoncedo ekukhunjulen ulwazi.

iqulunqo lokuqala: Umbhalo wokuqala wezinto ezibhaliwego apha umbhali athabatha iingcinga kunye nezimvo zakhe eziphambili.

isifaniso: Ukufana phakathi kwezinto ezingafaniyo.

Iwangaphakathi: Ukubhekiselele kuyo, kuvela phakathi, okanye kubandakanya abantu abaninzi.

Iweelwimi: Kulo okanye malunga nolwimi.

ngokwasemoyeni: Ze okanye malunga nokuthi izinto zihambelana njani kwindawo.

Ucamngco: Ngokusekelwe kwiingxelo zangaphambili okanye ezaziwa, iziganeko, okanye iimeko; efanelekileyo.

ukuphazamiseka: Ukuphazamiseka kwengqondo.

ukuphonononga: Ukuphonononga nokuhlaziya iqhosha elibhaliwego kude kube zonke iipelisi, igrara, kunye neempophu zephutha zilungisiwe.

umxholo: Isihloko sengxoxo; ngundoqo okanye ngundoqo.

uyilo lokuggibela: Inguqu yokuggibela yezinto ezibhaliwego apha zonke i-mechanics, ezifana nesipelingi, iziphumlisi kunye negrama, zifezekiswa.

uzinzo: Ukuxhomekeka okanye kuxhomekeke kwisindululo; esebezayo.

## Ixesha lokwenyani

**Ukwenzela iveau enye, shicilela ixesha olichithayo kumsebenzi nganye owenzayo. Bhala emveni kwesikolo okanye imisebenzi yexesha lelithile, imidlalo okanye ezinye izinto ozithandayo, imisebenzi, ukufunda uzonwabisa, ukuthetha emnxebeni, imihla kunye nokunye.**

Usuku:	Usuku:	Usuku:	Usuku:	Usuku:	Usuku:	Usuku:
ekuseni:	ekuseni:	ekuseni:	ekuseni:	ekuseni:	ekuseni:	ekuseni:
emalanga:	emalanga:	emalanga:	emalanga:	emalanga:	emalanga:	emalanga:
ngokuhlw <u>a</u> :	ngokuhlw <u>a</u> :	ngokuhlw <u>a</u> :	ngokuhlw <u>a</u> :	ngokuhlw <u>a</u> :	ngokuhlw <u>a</u> :	ngokuhlw <u>a</u> :
IYONKE: imizuzu/iijure	IYONKE: imizuzu/iijure	IYONKE: imizuzu/iijure	IYONKE: imizuzu/iijure	IYONKE: imizuzu/iijure	IYONKE: imizuzu/iijure	IYONKE: imizuzu/iijure
ulele:	ulele:	ulele:	ulele:	ulele:	ulele:	ulele:
Isikolo:	Isikolo:	Isikolo:	Isikolo:	Isikolo:	Isikolo:	Isikolo:
esitya:	esitya:	esitya:	esitya:	esitya:	esitya:	esitya:
I-TV:	I-TV:	I-TV:	I-TV:	I-TV:	I-TV:	I-TV:
umnxeba:	umnxeba:	umnxeba:	umnxeba:	umnxeba:	umnxeba:	umnxeba:
eminye	eminye	eminye	eminye	eminye	eminye	eminye
imisebenzi:	imisebenzi:	imisebenzi:	imisebenzi:	imisebenzi:	imisebenzi:	imisebenzi:
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

## Ixesha Lokwenyani tally

Ziyi 168 iijure ngeveki. Apha yindlala endichitha ngayo ixesha:

ulele: \_\_\_\_\_

Isikolo: \_\_\_\_\_

esitya: \_\_\_\_\_

Urukela umabonakude \_\_\_\_\_

thethe efowniwi: \_\_\_\_\_

IZINTO EZINTLANU EZIPHAMBILE OZITHANDAYO:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

IZIFUNDO ZOKUFUNDA (Ku titshala: Gcina inxalenye 3.)  
Cima ngasinye isitayela sokufunda. Yicishilele phantsi kwinganaba lekhono elifanelekile lwe "Zakhono"

Umziba, owomelele	Unomculo	Ebonakalayo, Ubugcisa	Ukucinga, Kokubala	Ulwimi, Lomlomo	Uluntu, ngakuwe	Uluntu, ngaphakathi
Umziba, owomelele	Unomculo	Ebonakalayo, Ubugcisa	Ukucinga, Kokubala	Ulwimi, Lomlomo	Uluntu, ngakuwe	Uluntu, ngaphakathi
Umziba, owomelele	Unomculo	Ebonakalayo, Ubugcisa	Ukucinga, Kokubala	Ulwimi, Lomlomo	Uluntu, ngakuwe	Uluntu, ngaphakathi

Imodyuli yesiXhenxe: Isicwangciso seMidlalo yeKholeji / iMfundu ePhakamileyo yesiKolo esiPhakamileyo

## Izakhono

Khetha ezintathu zezinto ozithandayo. Bhala uluhlu lwezakhono ezipunekayo nganye ngezantsi.

Umsebenzi: Izakhono:	Umsebenzi: Izakhono:	Umsebenzi: Izakhono:
Bhala uluhlu lwezakhono ezilapha ngasentla phantsi kwesihloko esilandelayo. Bala inani lezakhono uze ubhale inani elingaphantsi kwebhokisi nganye.		
ABANTU (okanye IZILWANYANA)	IZINTO	IIINKCUKACHA
Ukuftuna iziTayela(s):	Ukuftuna iziTayela(s):	Ukuftuna iziTayela(s):

IYONKE: \_\_\_\_\_  
 Ngezakhono endinazo, Ndingawonwabela umebenzi, umsebenzi, okanye umsebenzi wokusebenza no \_\_\_\_\_

## Amaqela amaThathu eZakhono, Imisebenzi Emininzi

A. Abantu (okanye Izilwanyane)	B. Izinto	C. Inkukukacha
• ukunceda nokukhathalela i	• ukulungiswa	• ukuceba
• ukonabisa	• zithuthi	• ukwenza
• Ukufundisa	• usebenzia izixhobo	• ukuyila
• ukuqequesha	• ukusebenza kunye nendalo	• okuqoqosha
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
Umsebenzi	Umsebenzi	Umsebenzi
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____

## Siyasebenza

Ukusebenza ngamaesha athile, Emveni kwesikolo,	Indlela ndafumana ngayo umesbenzi	Hindlela endabanazo umsbenzi	Izihobo enizizisebenzisayo emsebenzini imisebenzi yempelaveki
1.			
2.			
3.			

Gwalisa le miqolo ukwenzela enye yemisebenzi engentla:

Izakhono endazisebenzisa njengokuba ndandisebenza njenge

kuqukiwe \_\_\_\_\_, \_\_\_\_\_, ne \_\_\_\_\_.

Ndifumanisile ukuba ndingane \_\_\_\_\_ Ukuba bingingazi luk  
hulu \_\_\_\_\_.

Ulwazi olwengeziwe endiludingayo lungafunyanwa \_\_\_\_\_.

## Ukuba awukwazi kufunda oku

### lintsingiselo zoshunqulelo

EOE	umqashi wamathuba alinganayo
FT	ixesha eliphelele
PT	ixesha elithile
expd. okanye exp.	amava (experience)
req. okanye req'd	(imfuneko) required
wpm	(amazwi ngomzuzu ngaanye) (ongawachwetheza kakuhle)
/yure.	ngeyure nganye
IBA	ibachelor of arts degree
IBS	ibachelor of science degree
immed	ngoko nangoko
sal	umvuzo
attn	ingqalelo
pls	nceda
prfd	okukhethiwe
sks	izakhono
grt	kuhle kakhulu

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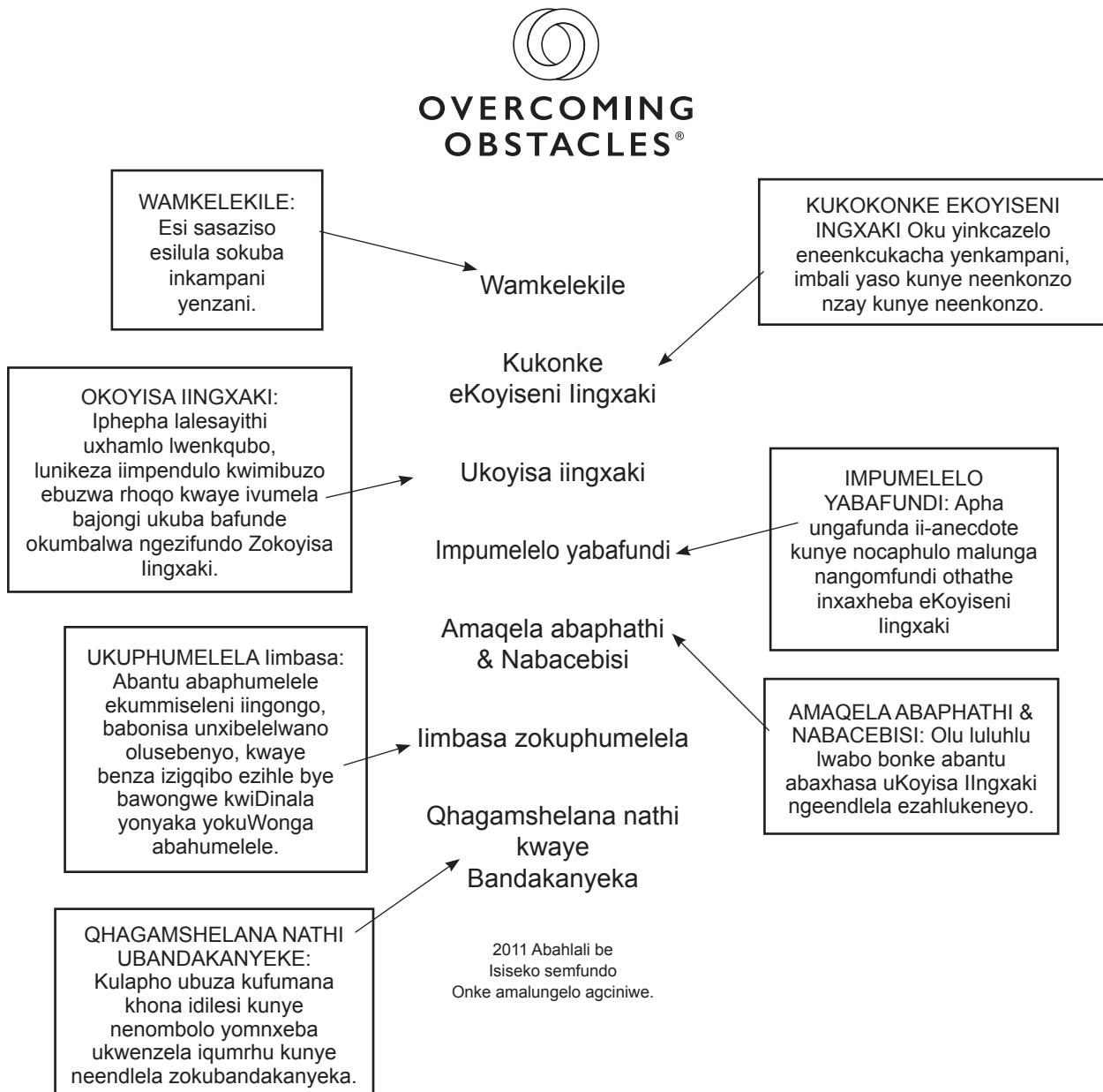


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## Iwebhusayithi yeNkampani



## Singathetha ?

- MNA: Molo, \_\_\_\_\_.
- UMAMKELI Ndingathi ngubani ofownayo?
- MNA: Igama lam ngu \_\_\_\_\_.
- UMAMKELI Oku kubhekisele enini?
- MNA: INdingumfundi e\_\_\_\_\_ . Iklasi yam ifunda ngemisebenzi eyahlukene. Ndingathana ubanodliwano-ndlebe \_\_\_\_\_ maunga nomsebenzi awenzayo.  
Ingaba \_\_\_\_\_ unganemizuzu eli 10 okanye 15 ukudibana nam?
- UMAMKELI Nceda bamba.
- .....
- UMVAVANYWA: Molo. Oku yi \_\_\_\_\_.
- MNA: Molo. Igama lam ngu \_\_\_\_\_.
- Ndingumfundi e \_\_\_\_\_ . Iklasi yam ifunda ngemisebenzi eyahlukene. Ndithanda ubanodliwano--ndlebe malunga nomsebenzi.  
Ingaba unganemizuzu eli 10 okanye 15 ukudibana nam?
- UMVAVANYWA: Ndingakubona nge \_\_\_\_\_ e \_\_\_\_\_ . Ingaba ilungile?
- MNA: Ewe. Enkosi kakhulu. Ndijonge phambili ukudibana nawe e \_\_\_\_\_ nge \_\_\_\_\_.
- OKANYE
- UMVAVANYWA: Ndiyaxolisa, kodwa ndiza kuphuma edolophini kwiiveki ezimbini ezizayo. Mandi ggithisela wena kosebenza nabo, \_\_\_\_\_ . Angakwazi ukunceda.
- MNA: Enkosi kakhulu.

## ileta yokubulela

[umhla]

[igama]

[inkampani]

[idilesi]

Molo \_\_\_\_\_,

Enkosi ngokuthabtha ixesha udibane nam e \_\_\_\_\_  
Ndikonwabele ukuva nge\_\_\_\_\_

Bendinomdla kakhulu ukufunda ukuba\_\_\_\_\_

\_\_\_\_\_

Ndikonwabele ukudibana nawe kwaye nokufunda banzi ngawet  
\_\_\_\_\_ Enkosi kwakhona ngexesha lakho.

Ozithobileyo,

[utyikityo]

[igma elichwetheziwe]

## Uvavanyo Iwasekholeji

Isikolo sobuchwepheshe	Ikholeji zasekuhlaleni	Ikholeji zeminyaka emine /IYunivesithi
Igama: Amanqaku:	Igama: Amanqaku:	Igama: Amanqaku:
Igama: Amanqaku:	Igama: Amanqaku:	Igama: Amanqaku:
Igama: Amanqaku:	Igama: Amanqaku:	Igama: Amanqaku:

## Ukucutha Indawo

Ikholeji A:	Ikholeji B:	Ikholeji C:
Imali yesikolo: \$ _____ ngetyala ngalinye imali ye _____ iidigri: \$ _____	Imali yesikolo: \$ _____ ngetyala ngalinye imali ye _____ iidigri: \$ _____	Imali yesikolo: \$ _____ ngetyala ngalinye imali ye _____ iidigri: \$ _____
Indawo:  limfuneko:  Ezinye iinkcukacha:	Indawo:  limfuneko:  Ezinye iinkcukacha:	Indawo:  limfuneko:  Ezinye iinkcukacha:

## Lungi selela ikholeji

9 <sup>TH</sup>  BANGA	10 <sup>TH</sup>  BANGA	11 <sup>TH</sup>  BANGA	12 <sup>TH</sup>  BANGA
IsiNgesi: _____	IsiNgesi: _____	IsiNgesi: _____	IsiNgesi: _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____
Izibalo: _____	Izibalo: _____	Izibalo: _____	Izibalo: _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____
Imballi: _____	Imballi: _____	Imballi: _____	Imballi: _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____
Ubunzululwazi: _____	Ubunzululwazi: _____	Ubunzululwazi: _____	Ubunzululwazi: _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____
Ulwimi lasemzini: _____	Ulwimi lasemzini: _____	Ulwimi lasemzini: _____	Ulwimi lasemzini: _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____
Ubugcisa (Umboniso no Ukwenza): _____	Ubugcisa (Umboniso no Ukwenza): _____	Ubugcisa (Umboniso no Ukwenza): _____	Ubugcisa (Umboniso no Ukwenza): _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____
Ukhetho nenzinye iikhosi: _____	Ukhetho nenzinye iikhosi: _____	Ukhetho nenzinye iikhosi: _____	Ukhetho nenzinye iikhosi: _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____
Ibanga: _____	Ibanga: _____	Ibanga: _____	Ibanga: _____

# IBronx roots usanakekele iindlela zomsebenzi

ngudavid gonzalez

Xa uLobert J. Cappelli waphumelela eWilliam H. Taft High School ngo-1949, wagqiba ukwenza oko abaninzi bahlobo bakhe kwiBronx benza: akuninzi. Kwakukho uqoqosho, kwaye imisebenzi yayimile. Wayehamba ukusuka ekhaya lakhe kwi-Avenue ye-Courtlandt kunye ne-160<sup>th</sup> Isitalato, ewela kwiPatro Avenue kunye nentloko kwi-hangout kwi-Avenue ye-Morris kunye ne-165<sup>th</sup>, apho inqabileyo enkulu yentsuku ethile ibukele isitalato ivuliwe.

"Akukho namnye kuthi wayesebenza," watsho. "Sasibe nexesha elihle elixhomekeke kwikona, ipulazi lokudubula, ukuphulaphula umculo kunye nokuya kuma-movie. Senze iidola ezimbawla ukuhambisa imiyalelo."

Kwaye kwafika omnye umyalelo.

Ubaba wathi, 'Louie, fumana umsebenzi,' "kusho uMnu. Cappelli. "Ubawo wayedinga ukuba ndixeletele kanye." Ngoko uLouie wayegqoke ephakamileyo kwisigqibo sakhe sokugqiba isikolo esiphakamileyo, wathenga i-New York Times waza wakhangela phantsi kwe "Nkwenkwe ye-ofisi" ngenxa yokuba "yinto endicinga ukuba ndinako ukwenza."

Esinye isikhango samkhokelela kwi-Standard Factors Corporation.

"Ndandinikela ngokukhawuleza umsebenzi," watsho. "Ndaqalisa ukusebenza ngaloo mini. Kwaye ndilapha apha."

Ingaba wakhe wa. U-Louie, unyana ka-iceman, uye wasuka kwikona yesitalato eya kwiofisi yekona njengosahlalo kunye negosa elilawulayo laseSterling Bancorp, umzukeli kwi-Standard Factors. Uhambo Iwakhe lomnyaka wama-50 luye Iwabangela ukuba uyabulela iintiskelelo ezininzi zobomi, ngokuqala ngabazali bakhe. Ngoko xa eya kwi-ofisi yakhe yePark Avenue, ukhumbula ukuba le ndlela yasenyakatho ifinyelela kwindawo yakudala.

"Andizange ndilibale apho ndivela khona," watsho. Ndiya kuxelela oogxa bam, xa ukhangela kwisibuko, ungaziboni malunga nokuba ungubani. Ungazami ukuba yenze into."

Kwakukho ixesha apho abanye bamxelela ukuba bayalibale malunga nokuba nantoni na. Uyavuma ukuba ube ngumfundu ophakathi, owathi wambi wadibanisa ootitshala. Emva koko, intsapho yakhe yayihlala e-Morris Avenue kunye ne-162<sup>nd</sup> Isitrato, kufuphi neYankee Stadium ....

Uyise, uPetros, owafika eMelika njengomntwana osemncinci, wenza i-hunks yeqhwa yokuphila. Nangona engazange afundiswe, wagcina i-akhawunti engqondweni yakhe. Wafundisa abantwana bakhe ukabaluleka kokuhlonipha intsapho kunye noluntu. Abazalwana bakaMnu Cappelli nodadewabo bamfundisa ukabaluleka kwezemfundo, bemcela ukuba athole idiploma yezemfundo eTaft, kunokuba ahambe kwizikolo zezobugcisa abahlobo bakhe beza kuzo.

Wenyuka ebusweni bebhanki xa efumana i-degree ukusuka kwiKholeji yaseSixeko ebusuku. Wafunda uhlolo-mali, isiyalo athetha ngaso ngokuhlonela. Amanani kwi-spreadsheet, uthi, xela amabali ngamashishini kunye nabantu abasebenza kubo, kubandakanye nebhanki yakhe. Uziva unembopheleleko kubo, wathi, kuba kwelinje icala okanye kwelinje ebuden'i bakhe, mhlawumbi wayenomsebenzi ....

"Ndihamba ngaphesheya kwinqanaba, ngoko ndiyazi ukuba kuthini. Andizange ndiphume kwiHarvard Business School kwaye ndiqale njengomphathi wongameli ....

"Ukuba uhlakaniphile ngokwaneleyo," watsho. "Ayiyontlahla. Lixesha. Kufuneka ube esiteshini ngexesha elifanelekileyo."

Imodyuli yesiThandathu: Izakhono zeSikolo kunye nangaphandle

ISIKOLO ESIPHAKAMILEYO



# IBronx roots usanakekele iindlela zomsebenzi

ngudavid gonzalez

Okanye kwigumbi lokufundela. Iminyaka embalwa edlulileyo wayeyiNqununu yeSuku kwiSikolo esiPhakamileyo seTaft ....Ngaphakathi elinye iklasi yokuxhamla, uNoemi Cruz waliphulaphula ibali lakhe impumelelo.

"Ndifumana njani umsebenzi kwibhanki yakho?" Wabuza, isiqingatha sokutya.

Wamquesha. Waqala ukusebenza ngokushona, kwaye waqhubeka emva kokugqiba. Ngoku ungumncedisi wolawulo, eseberza ngokugqibeleyo xa eya kwiYunivesithi yaseNew York ebusuku, enobulungisa kwibhanki.

"Ndifuna ukuhlala apha," watsho. "Ndiyathemba, ndiza kufumana ioftsi yakhe ...."

Uthi, "Ndiyakwazi ukuthetha naye," watsho. Wacoca iminwe yakhe. "Ngaloo nto, ndiyakwazi ukumqonda."

Eli nqaku lichazwe kwaye liphinda liphishwe kwakhona ENew York Times, NgoMeyi 8, 1999.

## I+ isicelo

Phendula yonke imibuzo ngokubanzi.	Bhala okanye uthayiphe kakuhle.
Qalisa ubungqina kunye nokuhlaziya.	Phawula umhla wokuggibela kwikhalaenda.
Phinda uhlaziye isicelo phambi kokuthumela. Qinisekisa ukuba iimpawu ezifunekayo kunye nemirhumo yesicelo zifakwe.	Cinga ukuhambisa izixhobo ezonezelelweyo ezibonisa izinto ezithatha ixesha elide lokuzonwabisa okanye ukuqokelela, uchaza umsebenzi wesikhathi sonyaka, zibandakanya ukurekhoda okanye ukurekhoda kwevidiyo yomculo wangaphambili okanye umdaniso, okanye uqulethe umbongo oshicilelweyo okanye omnye umbhalo.
Funda yonke isicelo.	Ifotokopi yakho yokugqibela.
Bhala ileta yesikhombisi ebonisa ingqalelo kwiimpawu ezithile zokomelela okanye ucacise imeko engafakwanga kwisicelo.	Yenza ikopi yesicelo semirhumo embi.
Landela izikhokelo ngokuchanekileyo.	Cwangcisa ukunika ixesha elininzi lokuggiba ngasinye isicelo.

Imodyuli yesiXhenxe: Isicwangciso seMidlalo yeKholeji / iMfundu ePhakamileyo yesiKolo esiPhakamileyo

## Ukuceba Isicelo saseKholeji

**Mkhomba-ndlela:** Bhala igama linye yeenketho zakho eziphezulu kwiikholeji kwikholamu nganye. Gcwalisa imihla xa ugcwalisa isinyathelo ngasinye.

AMANYATHELO OKUFAKA ISICELO	COLLEGE:	KHOLEJI	KHOLEJI
Isicelo esifunyiwe			
Isicelo esifunyenweyo			
* ISICELO ESINGENAYO			
Idatha yomuntu siqu igqityiwe			
Idatha yezemfundo izaliswe			
Ulwazi lovavanyo olugqityiweyo			
Ulwazi lweentsapho lutzaliswe			
lntlonelo, ezongezelelwego zigqityiwe			
Amava omsebenzi agqityiwe			
Intswana emfutshane uyilo 1			
hlaziywa			
eyokuggibela			
Isiteyithumenti sakho ngcaciso			
Idrafti 1			
Idrafti 1 ejongisisiwe			
Idrafti 2			
Idrafti 2 ejongisisiwe			
Idrafti 3			
Idrafti 3 ejongisisiwe			
idrafti yokuggibela:			
ukuphonononga			
igqityiwe			
ISICELO SITHUNYELWE NGEMEYILE			

## Faka isicelo ngokwabo

**Ubusuku bonke ukuwa kwalo,** UJenna Arnold, oneminyaka eyi-17 ubudala, uhlaziya umculo wakhe wesikolo esiphakeme. Kodwa xa uYenna ebenomzuzwana, wayesebenza kwibali lobomi bakhe. Umntu ophezulu ovela e-Elkins Park, uPa, akafuni ukuba umbhal-unethembra lokuba ngumyili wexesha elilodwa. Kodwa ukufezekisa injongo yakhe, wayesazi ukuba kufuneka aphumelele inqaku elilodwa elibalulekileyo.

Njengezigidi zabantu abadala asekholejini, i-Jenna kufuneka ifike kumagosa angenayo amagosa kune namabanga akhe, izikolo ze-SAT, imisebenzi-kune nencoko yakhe. "Nguyen kuphela inxalenye yesicelo apho kufuneka uvakalise khona kwaye ubatshela ukuba ungbani," kusho uYosh Berezin, 19, waseShaker Heights, eOhio, owathi wayiphendulula incoko eyamnceda ukuba angene kwiYunivesithi yaseYale ukuya kwincwadi ethi Ukufumana Yale (\$ 14, Hyperion). "Yithuba lakho lokubanobuchule."

Kodwa oko kunokuba nzima ukuba ungekho ukubhala okuninzi.

U-Parke Muth, umncedisi wee-adan kwi-Yunivesithi yaseVirginia, uye wabona ininzi yesincoko-kune nokungaphumeleli. "Enye yeengxaki ezinzulu ukungabikho kokugxilwa," utsho. "Abantu bacinga ukuba kufuneka bafike ngesihloko esikhulu, esibalulekileyo-eMiddle East, ukukhipha isisu. Loonto inkulu kakhulu."

Ukukuncheda ufumane ingqwalasela yakho, khangela ezi ngcebiso ukusuka eMuth, Jenna noJosh:

- **Cinga kancinci.** Khetha isihloko esikuvumela ukuba ubhale kubomi bakho kwaye usebenzise iinkcukacha ezithile. UJenna wagxila kwintlungu yakhe ngesifo esingavamile, i-alopelia areata, ebangela ukuba ubenenqayi. "Ndakukho, ndizama ukuhlala ubomi obuqhelekileyo kwaye ndifuna ukufana namakhwenkwe," utsho. "Kwaye ndandisoloko ndikhathazeka

nge-wig Yam iyawa." UJenna wakhetha isiqhelo esisodwa, esibuhlungu ukuchaza-ngomzuzwana umhlobo wakhe wangqongqoza ngengozi.

"Ndaziva ukuba i-wig islayidi yabuyela ngasemva kwehla Yam intloko, njengesiqhekeza seshokoledi ekhupha i-ice cream. Uloyiko lwam olunzulu lwaba luyinyaniso; Ndatyhila. Ekukhanyeni kwelanga, phandle, imfihlelo Yam ibonakalisiwe, njengokuba kwakubonwe iinwele ezincinci ebezhleli ekhanda lam."

- **Bhala luvivi.** Yaye mayeke usebenze ngokuqhelekileyo. Nantsi indlela uJosh wazichaza ngayo entsimini:

"Ndize ndihleke ngezinye iixesha. Ndilapha, ngenyawo-5-foot-8, ndijikelezwe ngamanye ama-linemmen ahlaselayo, aphakathi kwe-6-foot-2. Kumele kube yinto yokubona. Mna, ngasemva kwe-huddle, ndihlwitha indlela endala ngaphakathi kwindlebe kwikota yekota, okanye elula kwiingcebiso zamantonami, enyanelisa ukufunda imilomo yakhe."

- **Vuma ukuthabatha ingozi.** Abanye abafaki zicelo badibanisa iikhathuni, bhala iincwadi zeempendulo ze-movie okanye bawunaki umbuzo baze baphuphe kwiimfono zabo.

"Kakade, unokonakala uze utshise,", kusho uMuth. "Umntu ongeyombhali oqinileyo mhlawumbi akufanele athathe umngcipheko."

Kodwa ngamanye amaxeha umngcipheko ukhokhela omkhulu. Umbhalo shicilelweyo uJosh uthi akazange azicingele ukuba ungbumlobi. Uthi: "Iqabane elilodwa lendiceko endicinga ngalo kukuba," utsho. "Kuvakala ukuba sisidenge kwaye sitshintshile nayo yonke into, kodwa yile ndlela kuphela yinto eya kuba yinto enhle."

—nguJoseph D'Agnese

\*Iphinde yashicilelwa ngemvume evela kwa *React* Imazine. Ilungelo lokukopa 1998, Advance Magazine Publications, Inc. Isebenzisa: Umshini wokukopa, iprojekti ye-opaque, okanye imaster ekhanyayo yeprojektha yangaphezulu kwentloko. *React* Imazine ikunikeza ilungelo lokuba uphinde ulivelise eli phepha kwigumbi lokufundela.

## Ukucingisia ngeSihloko

**Bhala enye imbono kwibhokisi nganye.**

Ubudlelwane bomntu kunye neempembelelo	Amava Okuphila	Intlobo zobuwena

## Nantsi iMali

Igama lenkqubo \_\_\_\_\_

Inkcazo yenqubo:	
Oko kufuneka ukuba ufanele ukufaneleka:	
Yintoni omele uyenze ngexesha lokufunda esikolweni:	
Imali okanye imali yesibonelelo okanye umda:	
Intlawulo iqala ngokulandelayo:	
Indlela yokufaka isicelo:	
Ixesha lokufaka isicelo:	
Amanqaku:	

## Injongo yesiSteyithimenti sokufunda/izinto ezihlangene nobhaliso

Ndiyakuqinisekisa ukuba nayiphi na imali efunyenwe phantsi kwe-Pell Grant, iSibonelelo soMsebenzi weekholeji, i-College Work-Study, i-Perkins / Stafford Loan, i-Perkins / Stafford Loan, iiNgxowa-mali ezongezelelweyo zabafundi, okanye iNgxowa-mboleko yabazali kubafundi be-Undergraduate Students. ukuya okanye ukuqhubela phambili kwiziko elingeantsi. Ndiyaqonda kwakhona ukuba ndijongene nokuhlawulwa kwemali ekhutshulwayo nayiphi na inxalenye yentlawulo eyenziweyo engenakuthi ihlawulwe ukuba iindleko zemfundo ezihambelana nokuya kwiziko. Isixa salo ntlawulo siza kusekwa ngokwemiqathango echazwe nguNobhala wezeMfundu eMelika.

Ndiyakuqinisekisa ukuba kulwazi olugqibelele, andinatyala lamali le-Pell Grant, iGranti Yamathuba enikezwayo yemfundo okanye iGranti enikezwa ngurhulumente ngaphambili eyayifunyanelwa ukuba ifunde kunaliphi na iziko lezemfundo. Ngolwazi olungcono Iwam, andiyikho phantsi kweNgxowa-mboleko yabafundi bePerkins / Stafford okanye iMboleko yoMzali yabafundi be-Undergraduate Students.

- \_\_\_ Ndiqinisekisa ukuba ndibhaliswe kwiNkonzo yoKhetha.  
okanye
- \_\_\_ Ndiyaqinisekisa ukuba andIBHUMBI ukubhaliswa kunye  
Inkonzo yokukhetha ngenxa
  - \_\_\_ Andizange ndifike ngomhla weshumi elinesibhozo sokuzalwa.
  - \_\_\_ Ndingowesifazane.
  - \_\_\_ Ndikwinkonzo ykuXhoba kumsebenzi oqhubekeyo. (Amalungu oLondolozo IweSizwe kunye neeNdawo zokuLondolozwa kweeMpahla aziqwalaselwa ngokusebenza ngokusebenzayo.)
  - \_\_\_ Ndililungu lesigxina IweTrust Territory wePacific Islands okanye iNorthern Mariana Islands.

Isaziso: Awuyi kufumana isiXhosa seVeki IV ngaphandle kokuba uzalise ingxelo kwaye, ukuba kuyimfuneko, unikezele ubungqina bokuthi ubhaliswe kwiNkonzo yoKhetha. Ukuba uthetha ngobuxoki ukuba ubhalisiwe okanye ukuba akudingeki ukuba ubhalise, unakho ukuthotywa, uvalelwé entolongweni, okanye zombini.

Ndiyaqinisekisa ukuba ulwazi oluqulethwe kule sicelo luyinyani kwaye lupheleleyo. Ndiza kwazisa uMlawuli wezeMali naluphi na utshintsho kwiimeko zezemali yam intsapho ngokubhaliwego.

Isilumkiso: Ukuba unenjongo yokunika ulwazi olungamanga okanye oludukisayo kule fomu, unokufumana isohlwayo, isigwebo sento, okanye zombini.

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Usayinwe

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Umhla:

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Umqondiso okanye umTyikityi weSinali

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Umhla:

## Isikhombisi

Imodyuli yesiXhenxe: Isicwangciso seMidlalo seKholeji / ephakamileyo

Engabalulekanga Inqanaba lesibini leemfundo ezizodwa zemfundo, ezifuna iikhosi ezimbalwa okanye iikhredithi ngaphezu kokubalulekileyo.

idigri kufuphi I-degree evezwe yikholeji yeminyaka emibili emva kovavanyo olumiselweyo luye lwagqitywa ngempumelelo.

idometri: Isakhiwo sokwakha indlu inani labafundi esikolweni.

ikhampani: Izizathu zesikolo, iikholeji, iyunivesithi, okanye isibhedlele.

ikhefu lesikolo: Isikolo esinikeza uqequesho kwisakhono esikhethekileyo okanye ubugcisa obuza kuqhutyelwa emsebenzini.

I-Mahjongg Uvimba wophando yophando Iwezemfundo apha umfundi ekhetha ukukhetha.

Imali yesikolo: Umrhumo wokufundisa, ngokukodwa kwiziko elisemthethweni lokufunda njengekholeji.

iqondo: Isihloko somfundo esinikezelwa iikholeji okanye iyunivesithi kumfundi oye wagqiba izifundo zokufunda.

Isicelo esiqhelekileyo: Ifomu yesicelo ehambelana nomgangatho wokuba abafundi besikolo esiphakamileyo banokuzalisa kanye kwaye bathumele kwizikolo ezahlukahlukaneyo.

isidanga sebhatshele: Idigri evezwe yikholeji yeminyaka emine okanye iyunivesiti emva kovavanyo olumiselweyo luye lwagqitywa ngempumelelo.

isifundo somsebenzi: Inkubo apha abafundi befumana imali kwiziko lokufunda ngokutshintshela umsebenzi owenziweyo kwiyunivesithi okanye kwiikholeji.

kwiikholeji zasekuhlaleni likholeji ezinika iiprogram ze-associate degree, kwaye ngokuqhelekileyo zidinga iminyaka emibini yokufunda ngokusisigxina.

Iwangaphakathi ngokufana: Ekhoyo okanye eqhutyelwa kwimida yeziko, ingakumbi isikolo.

mboleko: Isiqinisekiso esisemthethweni okanye ukuqaphela ukuba umfundi uphumelele ngokuggibeleyo izifundo zokufunda; iyuniti yokufunda.

nelelo: libhaso zebhasari ezingafuneki zihlawulwe.

ubugcisa bobukhulu: Ikhosi yokufunda equka uluhlu olubanzi Iwezfundo, unlike abafundi ithuba lokufunda kwiinkalo ezahlukaneyo kunye noqequesho.

ufundiso: Isibonelelo sobonelelo Iwemali esinikwe umfundi, ngenjongo yokuya kwiikholejini.

ukudibanisa: Ukubandakanya okanye ukumela iikholeji ezimbini okanye ngaphezulu.

Imodyuli yesiXhenxe: Isicwangciso seMidlalo yeKholeji / iMfundu ePhakamileyo yesiKolo esiPhakamileyo

## lintengiso

**Abathuthi bayafuneka  
ngoko nangoko  
kukho mava afunwayo  
\$8/hr., Ixesha elifutshane  
fownela 555-2899**

**Umncedisi Nobhala, kufuneke  
abenezakhono ezihle,  
namava eminyaka emi 3  
65 wpm, ehleliwego, ejoliswe  
kwiprojekthi  
\$ 28,000 / nyk + nxamlo.  
kubiza iRhonda 555-2894**

**Ingcaphephe yekhompyutha  
idigri yeKholeji.  
Kufuneka ube nolwazi  
MS Word, Excel, Intanethi.  
Izibonelelo ezingama-40,000  
/ nyk +  
555-5757  
ubunzulu buyenzeka**

**Unontlalontle. Uqequesho  
IweKholeji. Sebenza kunye  
nabantu abadala.  
Unxibelewano olunamandla  
kunye nezakhono zomntu.  
\$ 32,000 / nyk. + nxamlo.  
Thumela iCV kumtu  
wenkampani, eLockwood  
Hospital, 109 Main Ave.  
Mayville, MN.**

**Mkhomba-ndlela: Gcwalisa ishati engezantsi ngokubhala ulwazi  
olufanelekileyo kwibhokisi nganye.**

	Izakhono	Isikolo	Umvuzo	Izinuzu	Umsebenzi
Hambela					
Umncedisi kuNgeniso					
Ingcaphephe yekhompyutha					
Unontlalontle					

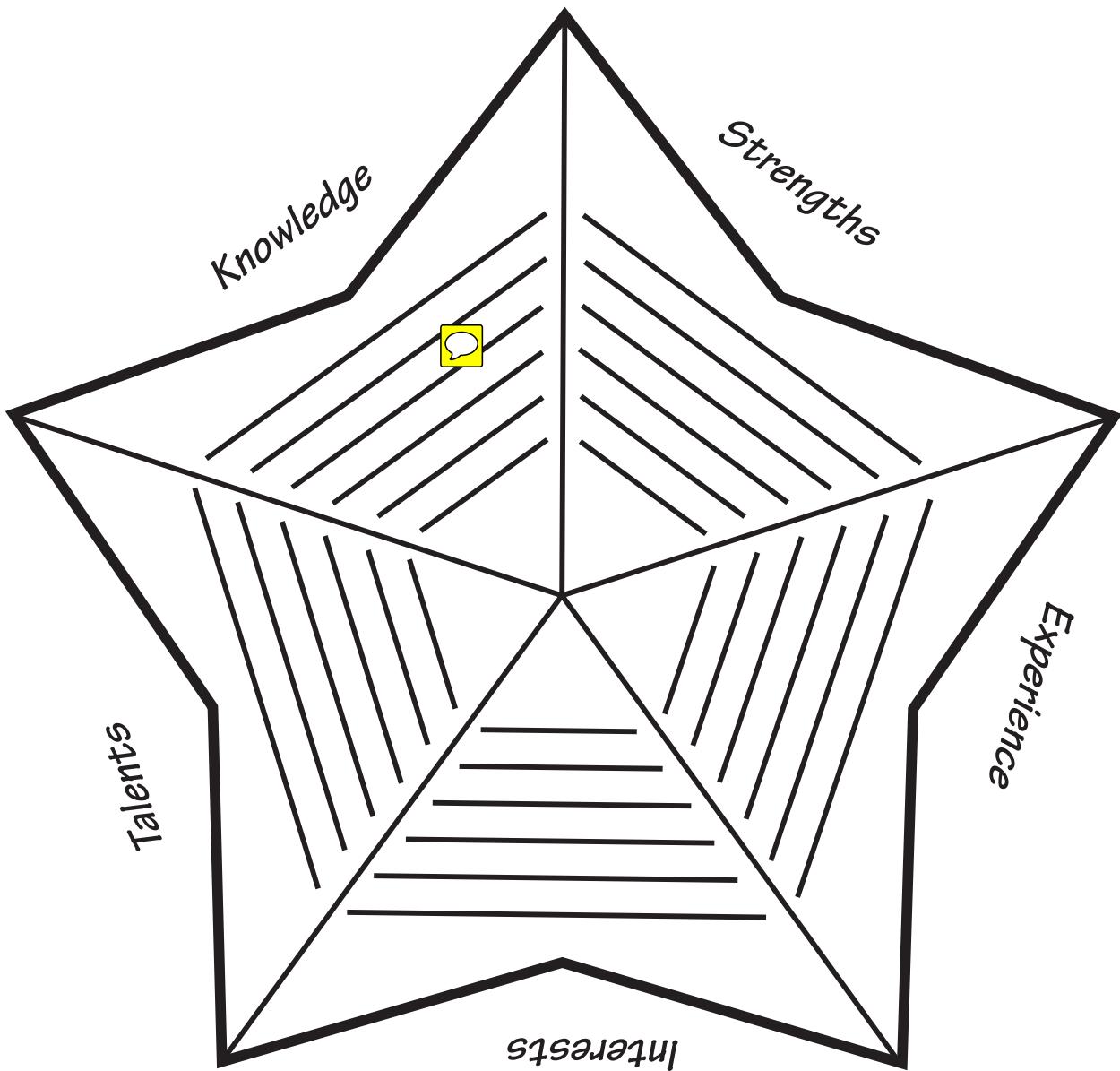
Imodyuli yesiBhozo: Iplani yoMdlalo yoMsebenzi ukwenzela Isikolo eSiphakamileyo

## Izifundo zam

limpawu zoluqu:

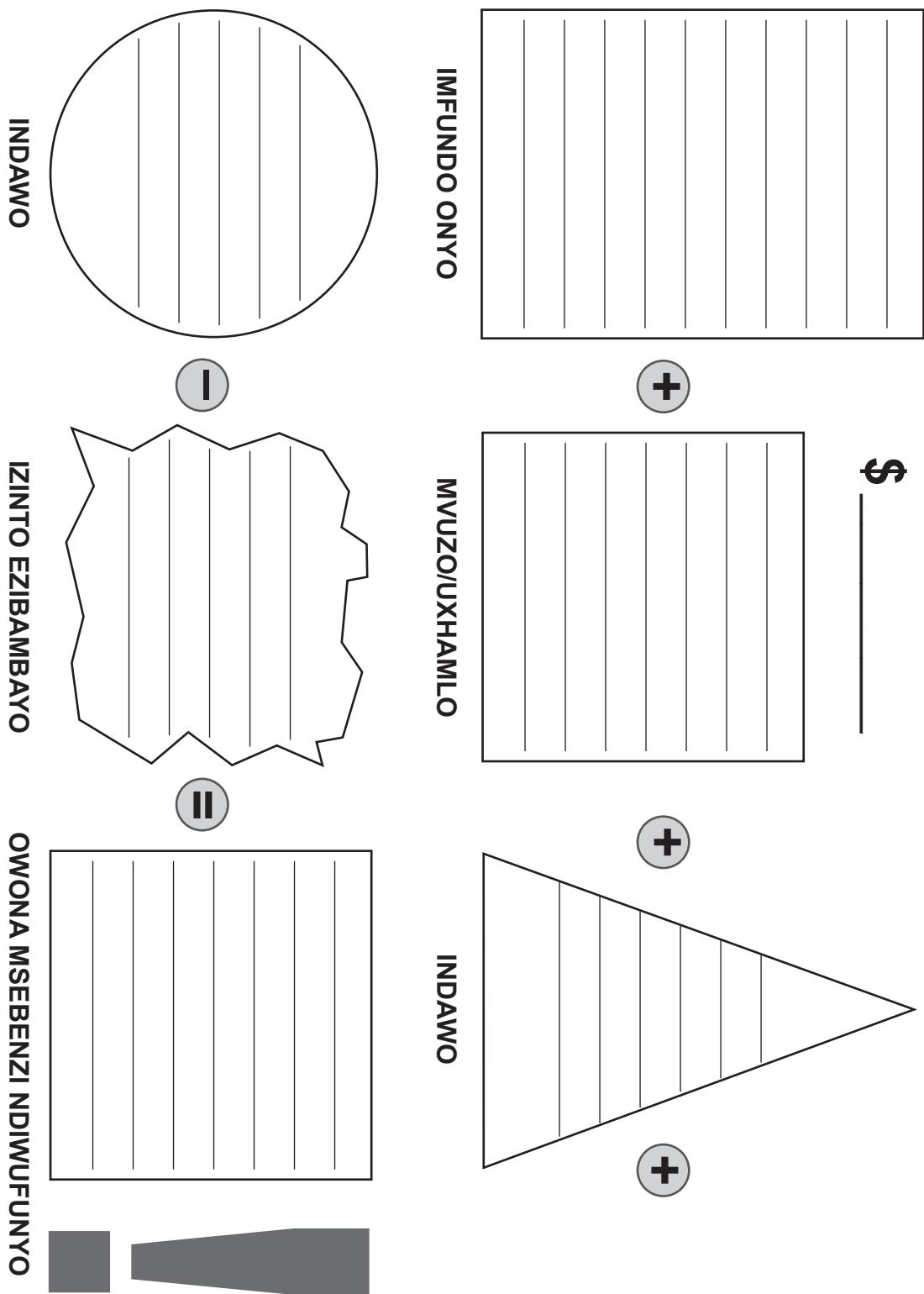
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Imodyuli yesibhozo: Iplani yoMdlalo yoMsebenzi ukwenzela Isikolo eSiphakamileyo

## Umzobo wowona Msebenzi Ndiwufunayo



Imodyuli yesiBhozo: Iplani yoMdlalo yoMsebenzi ukwenzela Isikolo eSiphakamileyo

# Thatha lo Msebenzi kwaye uwuThande

**Aba bafana abathathu bafumana imisebenzi yasehlobo eyokufa.  
Iyintoni imfihlo yabo?**

**Tony Ochoa, 18, Culver City, Calif.**

**I-Summer Intern, i-Sony Pictures**

**Umsebenzi:** UTony waqala njengomfundu kwiSebe lomculo we-Sony xa wayeneminyaka eyi-15 kwaye usandul 'ukufumana umsebenzi wexesha elipheleleyo kwisebe lekhompyutha. "Ndikunceda uqinisekise ukuba iikhomputha ezigcina onke amaxwebhu e-Sony kunye ne-animation-yonke into yefesimathi efana nayo *Amadoda aseMnyama* kwaye *Godzilla -Sebenzayo*."

**Idlela awafumene ngayo:** Ngomcebisi wakhe ocebisa.

**Ingaba ufilelele ekujongeni izikriphthi?** "Akukho luvo."

**Oko wathola ihlobo lasekupheleni:** \$ 8 ngeyure.

**Oko wakwenza ngayo:** Yathengisa imoto. "Ngoku ukuba ndihlala ixesha elipheleleyo, ndinokuqala ukugcina iikholeji," utsho.

**Ingcebiso:** Qhubeka. "Xa ndandingumntu omtha, akukho mntu wayesazi ukuba ngubani ophethayo ekuncedeni abantwana ukuba bafumane imisebenzi yasehlobo, kodwa andizange ndilahle. Ndacela wonke umntu kwaye ekuggibeleni ndafumana isikhokelo somcebisi owamnike uluhlu lwemisebenzi."

**UPatrick Cline, 17, Cape May, NJ.**

**Isikhokheli ebomini**

**Umsebenzi:** Ayicace!

**Idlela awafumene ngayo:** UPatrick wabeka iifom e zimbini njengomlondolozi omncinane (inkubo eyadibana kabini ngeveki ukufundisa izakhono ezisisiseko). Kunyaka ophelileyo, udlulisele uvavanyo Iwe-rookie Iwamaqela amane (ngokubhukuda kakhlulu) ukuze abe ngumgcini wokuphila.

**Oko ayakuzuza:** Phantse i-\$ 50 ngosuku.

**Ingcebiso:** Musa ukukholwa yonke into oyibonayo *Baywatch*. "Nangona iimozulu iphosa, ukuba umntu omnye usemanzini, kufuneka ube elunxwemeni. Ngamanye amaxesha akukho zihlangulo ezinanzi. Xa ndandingumntwana, ndandidl ngokucinga i *Baywatch* yayintle, kodwa ngoku ndiyazi ayonyani."

\*Iphinde yashicilelwa ngemvume evela kwa *React* Imagazine. Ilungelo lokukopa 1999, Advance Magazine Publications, Inc. Isebenzisa: Umshini wokukopa, iprojekti ye-opaque, okanye imaster ekhanyayo yeprojektha yangaphezulu kwentloko. **I***React* Imagazine ikunikeza ilungelo lokuba uphinde ulivelise eli phepha kwigumbi lokufundela.

Imodyuli yesiBhozo: Iplani yoMdlalo yoMsebenzi ukwenzela Isikolo eSiphakamileyo

**URean Shealey, 16, uAlbany, uGa.**

**Umakhi weNdu, indawo yokuhlala yoLuntu**

**Umsebenzi:** "Ndiyinxalenye yeqela leenkunzi ezingama-25 ezabaleka ukuya eTennessee kwaye zachitha iiveki ezimbini zakha indlu yintsapho." I-Rena (ebizwa ngokuba yi-ren-AY) yenza into encinane. "Ndafaka ukukhungqa, ndandinceda ukwakha i-porch kwaye ndizalise imingxuma edieni. Ndasebenza nzima."

**Wayifumana njani:** Nge-Albany Boys & Girls Club.

**Yintoni ayenayo:** UZilch-kwakungumsebenzi wokuzithandela.

**Kutheni bekufanelekile:** "Ndacinga ukuba ndiza kufunda idlela yokwakha indlu, kodwa ngokwenene ndafunda malunga nokuhlukahluka. Kwakukho abamhlophe, abamnyama kunye namaLatinos kwiqela lethu, kwaye sonke saba ngabahlobo abakhulu kunabo, ngathi, iintsuku ezimbini."

**Ingcebiso:** Ungakhathazeki ukuba awuzange wenze oko ngaphambili. "Xa ndixelete abahlobo bam ukuba ndiza kwakha indlu, bathi, 'Wena? Akhondlela.' Abazange bakholwe ukuba ndide ndayenza ndade ndababonisa imifanekiso!"

**Katy Rowe, 17, Estes Park, iColo.**

**I-Mechanic, iParky Mountain National Park**

**Umsebenzi:** Ukugcina izithuthi zepaki. "Ukuba imoto iyaphula epakini, ndiya kuLangula."

**Wayifumana njani:** "Andizange ndicinge ukuba ndiyakwenza, kodwa utitshala wam undixelete ukuba ndifake isicelo."

**Oko aya kuzuza:** I-8.25 yeure kunye neekredithi zezikolo ezimbini.

**Ingcebiso:** Faka isicelo nokuba ngaba ucinga ukuba unayo izakhono. "Andizi nto ngeemoto, ngoko ndiza kufunda yonke into emsebenzini. Okokuqala ndiya kwenza izinto ezelula, njengokutshintshwa kweoli, ngoko baya kundifundisa idlela yokwenza izilwanyana. Inqwelo yam ineengxaki-zebrayikhs- mhlawumbi ndiza kuzilungisa!"

—UM.P. Dunlearvey

## Izixhobo zokuGuqulela

**AMAVA/IZAKHONO**




**ZOMSEBENZI**




**IZAKHONO ZOMSEBENZI**


1. Gcwalisa ibhokisi elincinci ngamava okanye umsebenzi wakho.
2. Bhala uluhlu lwezakhono ozisebenzisayo ukufezekisa loo msebenzi kwibhokisi "Izakhono."
3. Ezi zakhono ziyakwazi ukuguqulelwa kwibhokisi elithi "Skills Job".








**AMAVA/IZAKHONO**

**ZOMSEBENZI**

**IZAKHONO ZOMSEBENZI**

## Isampula yeCV A

### UCarlos DiSanto

925 Riverside Drive, Apartment #1F  
ESan Diego, CA 90013  
(619) 555-0485

#### Imfundo:

Kumabanga aPhantsi eCarver High  
2008-2011 Iqela leForensics  
KaRhulumente ka-2009-2011  
Shore Road Middle School, Class of 2008

#### Amava:

Ukuthengisa / Umshicileli  
Haagen Dazs Stores, eSan Diego, CA; Epreli ukuya kuDisemba 2010  
Uxanduva lomsebenzi wamakhasimende, irejista yemali, i-inventory kunye nevenkile ukugcina.

Umncedisi wasekitshini  
Ikhempu yehlobo; 2010  
Uncediswe ekulungiseleleni isidlo seenkampu ngokupheleleyo; wasebenza njengomgcini weebhasi kunye nebhasi.

Umqequeshi / Umgcni mntwana  
lintsapho ezininzi; 2007-2010  
Uxanduva lokunyamekela abantwana kunye nokufundiswa kwezibalo kwiintsapho ezininzi kunye nabantwana abaneminyaka eyi-1-9.

#### Izakhono:

Ulwazi lweekhompyutha kunye nebhakballball. Avid reader.

Izikhokelo zifumaneka xa zifunwa.

# Isampula yeCV B

## Amaya Adams

1 Liberty Plaza, Apartment #3  
New York, NY 10025  
(212) 555-7606

### Amava:

- 5/11–8/11 Umsebenzana we-internship woHlobo  
Central Park Conservancy, NY, NY  
Isebenza njengelungu leqela lezemvelo lokuphinda lisebenzise kwakhona kunye neprojekthi zokucebisa kwiCentral Park.
- 4/10–12/10 Umthengii/uMbhalalisi  
Haagen Dazs Stores, NY, NY  
Uxanduva lomsebenzi wamakhasimende, irejista yemali, i-inventory kunye nevenkile ukugcina.
- 6/10–9/10 Umncedi wasKhitshini  
Summer Camp, NY, NY  
Uncediswe ekulungiseleleni isidlo seenkampu ngokupheleleyo; wasebenza njenge-waitress kunye nentmbazana yebhasi.
- 1/07–3/10 Umncedi/Umngcini sana  
Unoxanduva lokunakekela abantwana kunye nomsebenzi osondele koko weentsapho ezininzi nabantwana abaphakathi ku1 ukuya ku9.

### Imfundo:

- IDalton High School  
Iqela laBafazi lebasketball, iminyaka emi-3 (umntu ongumpathi wangaphambili uyula, imbaa yeQela leGISAL All-Star)  
Iqela lebhola labafazi, iminyaka emi-2  
P.S.175 iklassi ka 2008

### Izakhono:

- I-PC yowlazi, amafoto / uluvo Iwegumbi elimnyama, igarita yeklasiki imidlalo eyahlukenyero .  
Izikhokelo zifumaneka xa zifunwa.

## ICV yam

Igama

Ifowuni

Isixeko, Indawo, iZip

Ifowni

### IMFUNDO / IZAKHONO

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### IMBONO ZEJOB / IZAKHONO

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### IZAKHONO / IZINTO ZOKUZILIBAZISA / INZALA EKHETHEKILEYO

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### IREFIRENSI

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## Isempula yeKhava yeleta

1347 Regata Drive  
Georgetown, RI 02931

Meyi 15, 2011

Nks. Beverly Johnson  
UMphathi  
Cortland Pharmacy  
233 I-Street yaseRyneveld  
Georgetown, RI 02931

Bhota Nksk. Johnson:

Ndinoxanduva lontengiso yangoku yeLedger, ndifaka isicelo sokubangunobhala ngeempelaveki Ndifake i-resume ukuba ndibone ngolwazi malunga namakhono endisebenza nabantu.

Amava andilungiselele esi sikhundla zibandakanya umsebenzi wam okhoyo kwi-Flagman's Sporting Goods, apho ndisebenze njengowakhokheyimu unyaka omnye kunika uncedo Iwabathengi kunye nenkonzo enhle. Ndiyavolontiya esibhedele sasekuhlaleni, ngoko ke ndiyazi amagama amachiza.

Ndiyakhathalela kwikamva elizayo kwiyeza. Ukusebenza kwiCortland Pharmacy kwakuza kunika ithuba lokwakha ulwazi kwintsimi. Inzala yam enzulu kumachiza iya kunceda ivenkile yakho.

Ndiza kuqhagamshelana nawe ngeveki ezayo ukuze ndioxoxe ngexesha elifanelekileyo ukuba sidibane. Ukuba unawo nayiphi imibuzo, ndingafunyanwa ku (401) 555-5656. Ndiyabulela ixesha lakho, kwaye ndikulindele ukuthetha nawe.

Ozithobileyo,

## UJason Washington

UJason Washington

## Ileta Yakho eGqumayo

Idilesi yakho

Isixeko sakho, indawo, iZip

Jikelezisa

Igama

Itayitile

Idilesi

IsiXeko, isizwe, ikhowudi ye-zip

Bhota \_\_\_\_\_,

Ndiyafaka isicelo \_\_\_\_\_

Amava andilungiselele kulo msebenzi aquka \_\_\_\_\_

Ndiya kuqhagamshelana nawe \_\_\_\_\_

Ozithobileyo,

Utyikityo

igama lakho

## Isikhombisi

Imodyuli yesiBhozo: Isicwangciso seMidlalo soMsebenzi

lifonti Isethi epheleleyo yokuprinta uhlobo Iwesitayela esithile.

imfundo onayo: Umgangatho, ikhono, okanye ukufezekiswa okwenza umntu afanele isikhundla okanye umsebenzi othile.

into enyanzelekile: Kufuneka okanye kuyimfuneko njengemeko yangaphambili.

irefirensi: 1 Umntu osesikweni sokucebisa omnye okanye ukuqinisekisa ukufaneleka kwakhe, njengomsebenzi. 2 Ingxelo malunga neziqinisekiso zomntu, umlingani kunye nokuthembeka.

Izinzuzo: Amalungelo afumaneka kwisivumelwano somsebenzi, njengesiqinisekiso sezokwelapha kunye namazinyo.

phinda uqalle I-akhawunti emfutshane malunga namava okanye umsebenzi wezemfundo kunye neziqinisekiso, ngokufuthi zihanjiswe ngesicelo sengqesho.

ubuchule: Amandla okuzalwa, njengokufunda; talente.

Ukulungiselela: Ukulungiswa kwedatha yokugcina okanye ukubonisa.

umcebisi: Umcebisi osisilumko kunye nethemba.

umenzi-sicelo Lowo osebenzayo, malunga nomsebenzi.

umntu omele iqumrhu: Umzimba wabasebenzi abaqeshwe okanye abasebenza kwimibutho, ishishini, okanye inkonzo.

## Umkhomba-ndlela

1. Bhala igama lakho kumantla esekoneni esekunene.
2. Goba iphepha esiphakathini ngokuzisa ikona yasemantla ekunene ukudibana neyasekhohlo kunye namazantsi ekona asekunene ukudibana nekona yasekunene emazanti.
3. Yolula iphepha.
4. Krazula ikona esemazantsi ephepha.
5. Phakama.
6. Jikeleza kwisangqa.
7. Hlala phantsi.
8. Hlabu imingxunya emibini esiphakathini sephepha.
9. Jonga phakathi kwemingxunya.
10. Sikunaka umyalelo wesithathu ukuya kowethoba kweli phepha.

## Isempula yofako sicelo

(NCEDA BHALA NGOKUCACILEYO.)

Ukusetyenziswa kwiOfisi Kuphela  
lindawo lisihlalo

isikhundla (izi) ofke iziclo kuzo: \_\_\_\_\_

Ingaba ngappambili wawuqeshwe sithi? \_\_\_\_\_ Ukuba ewe, nini? \_\_\_\_\_

Ukuba isicelo sakho sibonw sithandwa, ingaba ngomphi umhla uza kufumanek emsebenzini?

### YAKHO YOBUQU

Igama: \_\_\_\_\_ Inombolo yoKhuseleko yaseKuhlaleni: XXX-XX-XXXX

Idilesi yangoku: \_\_\_\_\_ Inombolo yomnxeba: \_\_\_\_\_

Ingaba ngokomthetho ukulungele ukuqaswa eUSA? \_\_\_\_\_ (Ukuba ewe, ugqinisiso luyafuneka.)

Ingaba ukwiminyaka esemthethweni ukusebenza? \_\_\_\_\_

**ULUHLU LWEMBALI YAKHO YOKUQESHWA NGEZANTSİ,  
UKUSUSELA KUMSEBENZİ WAKHO WAMVA NJE:**

Igama nedilesi yeNkampani uhlobo IweShishini	Ivela Ny.	Iya Nyk.	Uqalisa Umvuzo	Umvuzo Wokugqibela	izizathu sokuhamba
	cacisa umebenzi owenzile:				
Umnxeba:					

Igama nedilesi yeNkampani uhlobo IweShishini	Ivela Ny.	Iya Nyk.	Uqalisa Umvuzo	Umvuzo Wokugqibela	izizathu sokuhamba
	cacisa umebenzi owenzile:				
Umnxeba:					

Yenza isangqa kwelona banga liphakeme oligqibileyo	7	8	9	10	11	12	iBachelor
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Ndilapha ndinikeza imvume zokuqhagamshelana nabasebenzi abaffakwe kuluhlu ngentla malunga nolovo lwam lomsebenzi.

Utyikityo \_\_\_\_\_ Umhla \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Imodyuli Yesithoba Ukufumana Umsebenzi KwisiKolo Esiphakamileyo

## Isempula yesiCelo

### Sokwamkelwa ngaphambi kokuba ugrede

Esi SICELO KUFUNEKA SIHAMBISANE NE-\$ 25.00 YENTLAWULO YESICELO.

#### KUCELWA UPRIANTE OKANYE UTHAYIPHE.

Inombolo yokhuseleko lasekuhlaleni XXX - XX - XXXX

Igama (lokugqibela, lokuqala, eliphakathi) \_\_\_\_\_

Idilesi yesiGxina \_\_\_\_\_

Isixeko \_\_\_\_\_ Indoda \_\_\_\_\_ iZip \_\_\_\_\_ Ifowni (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Idilesi yemeyile (ukuba ihlukile kule engentla) \_\_\_\_\_

Isixeko \_\_\_\_\_ Indoda \_\_\_\_\_ iZip \_\_\_\_\_ Ifowni (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Umhla wokuzalwa (usuku/inyanga/unyaka) \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  Indoda

Ibhinja (jonga enye) Uhlanga Iwendalo (Ukhetho. Impendulo yalo mbuzo ayiyi kuchaphazela isiggibo sokwamkelwa.)

- Mhlophe (Akayo Hispanic)
- Mnyama (Akayo Hispanic)
- YiLatino/iHispani
- Indiya laseMelike okanye Inzalelwano zaseAlaskan
- UEshiya okanye iPacifi Islander

Umhlali waseU.S  Awungomhlali wase-U.S

Perm. Resident Alien

(Inombolo yokuBhaliswa kweziNye) \_\_\_\_\_

Kwimeko yongxamiseko, qha ga mshelana:  Mzali  Umgcini  Iqabane

Igama \_\_\_\_\_ Umnxeba (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Idilesi \_\_\_\_\_

Isixeko \_\_\_\_\_ Indawo \_\_\_\_\_ iZip \_\_\_\_\_

Ifowni yasekhaya (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Ukusebenzisa njengoko:  Umntu ophuma esikolweni  ukufaka isicelo

sogqithiselo se:  Ukuqa kwe  ntwasa hlobo  Uhlobo

Inkulu ejolisiwe \_\_\_\_\_

#### IZIKOLO EZIYE ZAFIKA:

Igama leSikolo	Sixeko, uRhulumente	Imihla efikelewe	Amaqondo	Uhloniphekile

LE SICELO KUFUNEKA ISAYINWE.

Ndiyaqonda ukuba ukugodela ulwazi oluceliwe kule sicelo okanye ukunika ulwazi

olungamanga kungenza ndivumelekile ukungena kwiYunivesithi okanye ukuxothwa.

Ndiyaqinisekisa ukuba ulwazi olunikeziwe kule sicelo luchanekile kwaye luzalisekile.

Utyikityo \_\_\_\_\_ Umhla \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Imodyuli Yesithoba Ukufumana Umsebenzi KwisiKolo Esiphakamileyo

## UKHONA Mbuzo?



Luthini uxhamlo lophando?

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Ngaba kukho amathuba okuqhubela phambili? Yiyiphi eminye imisebenzi?

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Ingaba unika nayiphi na inzuko?

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Ziziphi iiyure zomsebenzi eziqhelekileyo zomsebenzi?

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Ziziphi iimpawu ozifunayo kumviwa?

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## NdaGxothwa

emva kweeveki ezintathu emsebenzini

**Ndaxoshwa emva kweeveki ezintathu emsebenzini ngenxa yokuba andingenakulungele ukwenza i-burgers. Ngoku ndiya kumsebenzi kwindawo yokutya eyahlukileyo. Kuyafuneka ndibachazele ngomsebenzi wam wokugqibela? Dave, 16, New York**

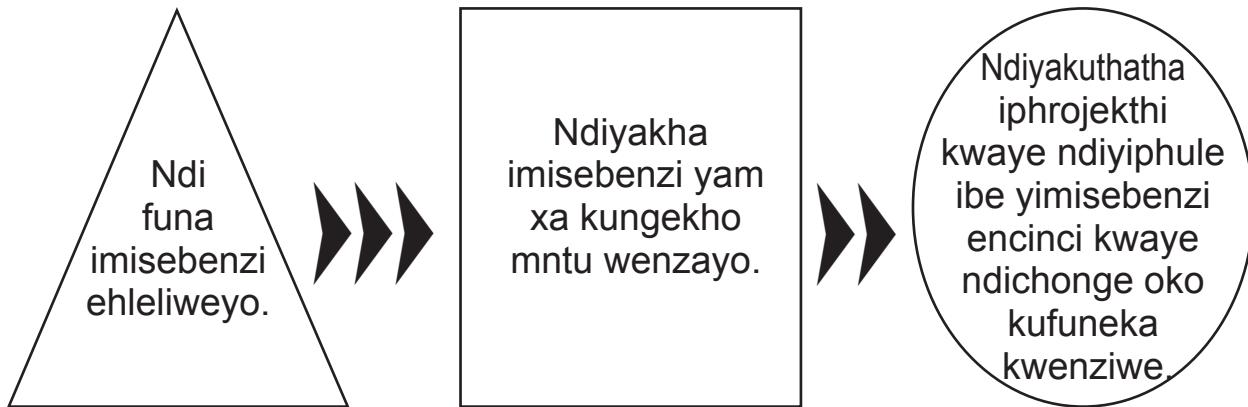
Nangona ungeke unyanzelekile ukuba ulethe umsebenzi wakho wangaphambili, musa ukuxoka xa ucelwa ngako. Nangona ukwenza i-burger kwakungekho nto yakho, kukho imisebenzi emininzi yokutyela-i-host hosts kune nabamakhosikazi, abasebenzi bokulinda, i-table prep kune nokucoca abasebenzi, ukubiza ngambalwa nje. UBradley G. Richardson, umsunguli we-JobSmarts,

iqumrhu elijongene nemicimbi yokuphucula umsebenzi, ithi, "Umgaqo wesigxina kwilizwe lezoshishino kukuba akudingeki ukuba uluhlu lomsebenzi kwi-resume yakho ngaphandle kokuba usebenze apho ubuncinci lintsuku ezingama-30 ukuya kwi-90. Ungalokothi ungathembekanga, nokuba kunjalo, ukuba ubuzwa ukuba uke waphunyezwa."

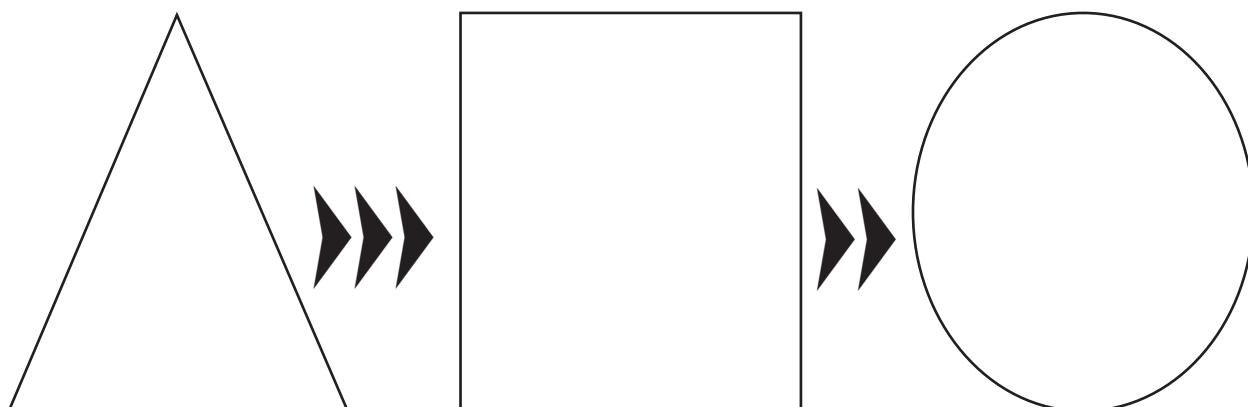
\*Iphinde yashicilewa ngemvume evela kwa *React Imazine*. Ilungelo lokukopa 1998, Advance Magazine Publications, Inc. Isebenzisa: Umshini wokukopa, iprojekti ye-opaque, okanye imaster ekhanyayo yeprojektha yangaphezulu kwentloko. *IReact Imazine* ikunikeza ilungelo lokuba uphinde ulivelise eli phepha kwigumbi lokufundela.

## Imibuzo eNzima

YINTONI OBUTHATHAKA BAKHO OBUKHULU?



YINTONI OBUTHATHAKA BAKHO OBUKHULU?



- ▲ kwisikweri, bonisa ubuthathaka bakho.
- Kunxantathu, thetha ngoko okwenzayo ukoyisa ubuthathaka kwaye oko ukufundile kwimpazamo zakho. Cinga ngendlela oku kwenza ukuba usebenze nzima kunye nendlela ekukuncede ukuba ukhule ngayo.
- Kwisangqa, thetha ngamandla amahle avela ekoyiseni lomqobo.

## Uluhlu lokujonga Ulungiselelo IoDliwano-Ndlebe

INGANA NINAYO I...

- IIKOPI ZE-CV YAKHO
- IMIBUZO EMITHATHU ONGAYIBUZA UMVAVANYI

### INNKUKACHA ENDINGAZIDINGA UKUZE NDIZALISE ISICELO

- Inombolo yoKhuseleko yaseKuhlaleni
- Igama loqhagamshelwano olungxamisekileyo
- Amagama kunye neenombolo zomnxeba zeenkukacha

### UKUPHATHWA KWEENKQUBO NOKUBHALA

- Izihlangu ezicocekileyo
- Inwele zicocekile kwaye azikho busweni bam
- Impahla azishwabananga
- Andinxibanga mnqwazi
- Andinxibanga kwanto ephazamisa umvavanyi kulento ndiyithethayo
- Utayi uthe ngqo
- Ishethi ihlohlifi
- Ndishevile cocekile, ukubakulungile
- Ndinxibe ibhulawuzi
- Isitu oknye ndinxibe iipentsi
- Isikethi esifanele umsebenzi okanye ilokhwe

## Ileta Yodliwano-Ndlebe yokuBulela

2051 Glenview Terrace  
Brighton, MA 02135

NgoFebruwari 8, 2010

Mnu. Ricardo Dominguez  
liDotsuez izibokisi kanye neenqatyisi  
304 Llewellen Drive  
Brighton, MA 02135

Bhota Mnu. Dominguez:

Ndiyabonga ngokuthatha ixesha lokudibana nam.  
Ndandichukumiseka yivenkile yakho.

Ndiyathanda kakhulu indawo yokuthengisa ekhoyo.  
Njengoko ndathetha ngethuba ludliwano-ndlebe, ixesha  
lam elithengisa i-candy kwindlu ngendlu yam iqela lebhola  
liye linika ithuba elihle kumsebenzi wamakhasimende.  
Ukusebenza kwiiDotsuez izibokisi kanye nee-Shoes ziza  
kuba yindlela enhle kakhulu yokuba ndiphuhlise izakhono  
zam zokuthengisa.

Ndiyayixabisa ukuba uyandicinga ngendawo  
yokuthengisa. Ndiza kuqhagamshelana nani emva  
kweveki ukuphendula nayiphi na imibuzo enokuba nayo.  
Ukuba unqwenela ukunxibelelana nam phambi koko,  
nceda undibize kum (617) 555-9625.

Enkosi ngexesha lakho.

Ozithobileyo,

**UKameika Moore**

UKameika Moore

Ndiyabulela-hlomla

Ukuqinisekiswa  
komdla wakho  
kumsebenzi;  
ukugqamisa amandla  
akho

Ulwazi  
Iwenkcukacha

## Inxalenye yeLeta yeShishini

Isihloko nika ababhali idilesi epehelele kunye nomhla.

Isiphakathi sedilesi ikunika igama lomfumani nedilesi.

- Biza inkampani ukuba awuqinisekanga iadesi okanye isipelingi ukwenzela ukuba iletu yakho inolwazi oluchanekileyo..

Umbuliso uqala ngegama "Bhota" kwaye uhele ngekholon, hayi i ikhoma.

- Ukuba awukwazi ukufumana igama lomntu, sebenzisa "Othandekayo" kunye nesihloko somntu, njengokuthi "Umphathi Othandayo."

Umzimba iquka isithuba esinye somqolo namathuba amabini, ayinanto, phakathi kwemihlathi.

- Ukuba umzimba uya kwiphepha lesibini, faka igama lommkelo kwindawo engasentla ekhohlo, inombolo 2 phakathi, kunye nomhla osekude.

Isivalo esihle siquka amagama afana "Ozithobileyo" okanye "Owakho othembekileyo" kulandelwe yikhoma.

Utyikityo quka zombini umbhalo wesandla wombhalu kunye negama elichwetheziwe.

## Umsebenzi endiwuniwe

### Umsebenzi # 1

Umgcini wezilwanyana

limbopheleleko ziakuka ukunyamekela izilwanyana, ukucoca ii-cages kanye namathangi imihla ngemihla, kanye nokutsala. Esi sikhundla sokwinqanaba lokungena, kodwa kukho ithuba lokukhuthazwa. Unokwenza ishedyuli yakho, iiyure ziguquguqukayo, kodwa awukwazi ukusebenza ngaphezu kweeyure eziyi-8 / ngeveki. Kukho inyanga yenyanga yovavanyo. Ukufumana izilwanyana kakhethwa, kodwa akudingeki. Umvuzo \$8.25/yure.

### Umsebenzi # 2

Umsebzni bhankini

limbopheleleko ziakuka ukusebenza kwifestile yokuxelela ekuncediseni abathengi ngeenkonzo ezisisiseko. liveki ezintathu zoqequesho ezifunekayo. Uqequesho luqhutywe ngoMvulo-ngoLwesihlanu ukususela ngo-3:00 ukuya ku-5:00 ngokuhlwa iiyure zabasebenzi thilini zifumaneka ngo-8:00 ukuya ku-5:00 ngokuhlwa ngoMgqibelo. Ukukhuthazwa kuyatholakala emva kweenyanga ezintandathu. Umandla wobugcisa. Umgama ukusuka ekhaya ukuya emsebenzini unemizuzu engama-40. Umvuzo wokuqala ngu \$9.95/nyk.

### Umsebenzi # 3

Inkonzo yaekhawuntarini / Umbhatalisi

limbopheleleko zibandakanya inkonzo yabathengi, ukugcina indawo yokuhlala, ukusebenzela irejista yemali, ukufumana izitorethi zokugcina izitolo kanye nokucoca igumbi lesitokisi. Kumele usebenze ubuncinci beentshintsho zokuvala ezintathu ngeveki (5:00 ngokuhlwa ukuya ku- 10:30 ngokuhlwa) kanye noMgqibelo opheleleyo ngenyanga. Ukutya kwamahhala kuzo zonke iinguqu ezithatha iiyure ezintlanu. Qala ngoko nangoko Umvuzo yi \$8.90/yure.

### YINTONI ENDIYIFUNAYO EMSEBENZINI:

Kwithuba elingezaasi, bhala phantsi izinto ezibalulekileyo ozifunayo kumsebenzi njengoko kuboniswe kwpiphepha lakho lomsebenzi "Owona msebenzi uwufunayo". Emva koko uze uthelekise kanye nezichazwe zomsebenzi apha ngasentla.

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## Isikhombisi

Imodyuli Yesithoba: Ukufumana umsebenzi

bafanelekile: Ukuba nolungiso olufanelekileyo okanye iziqinisekiso kwiofisi, isikhundla, okanye umsebenzi; ezifanelekileyo.

Ileta yesicelo somsebenzi: Ileta ekholisayo edla ngokuhamba kunye nesiphakamiso esibhaliwego.

Inethiwekhi 1 Inkqubo yokukhangela umsebenzi ngokusasaza ilizwi kwiqela eliqela labantu. 2 Iqela elongezelelwego labantu abanomdla okanye iimfuno ezifanayo ezibandakanyekileyo kwaye zihlale zingabandakanyekanga ngokungabandakanywanga ukuba zenziwe ngoncedo okanye inkxaso.

inyathelo: 1 Amandla okanye ubuchule bokuqala okanye ukulandela ngokubanzi ngesicwangciso okanye umsebenzi ngendlela emelekileyo; isenzo esizimeleyo.  
2 Ukuzimisela.

uluhlu lokuhle / nokubi: Uluhlu olusetyenziselwa ukuchaza izizathu ezilungileyo nezimbi kunye nokuchasene nento ethile.

umbuliso: Igama okanye ibinzana lokubulisa elisetyenziselwa ukuqala iletta.

Umsebenzi owufundeleyo: 1 Ukuhambelana nemigangatho yomsebenzi.  
2 Ukuba nebonisa ubuchule obukhulu; ingcali.

umviwa: Umntu oqwalaselwa kwisithuba esithile.

## Ukudla lindima Emsebenzini

1. Wena kune nabasebenzi bentsebenziswano kusemini yekhefu. Abanye abambini abambisene nabo bahlala phantsi kune nawe kwaye baqala ukuhleka ngetyala malunga nomnye osebenza kune naye. Bakhuthaza ukuba uhlebe kune nabo. Ingaba wenza ntoni?
2. Ubeka amashalofu kune nomntu omtsha emsebenzini. Umntu omtsha akwazi ukuba iithalafu zigcinwe nge-alfabhethi, ngoko ke uzibeka ngokubhekiselele kubukhulu. Umntu uyaziqhenya ngomsebenzi wobugcisa owenzayo. Ingaba wenza ntoni?
3. Wena kune nabasebenzi bakho basekutyela apho usebenze khona nje uchithe imizuzu engama-45 ukucoca iikoni. Umphathi wakho uza ngaphakathi kwaye abuze ngelizwi elicasuliweyo ukuba kutheni ikhishini linjalo. I-sink inesitya kuyo, kwaye iibalati kufuneka zicime. Ingaba wenza ntoni?
4. Wena kune nomntu osebenza kune nabo basebenzela ukukhuthazwa. Nina bobabini abasebenza kakuhle, kodwa osebenza naye usebenze malunga neenyanga ezintandathu kunexesha elide kunako, ngoko ufumana ukukhuthazwa. Ingaba uthini kosebenza naye?
5. Uwuggibile yonke imisebenzi yakho yokutshintsha kwakho. Uza kucela umphathi wakho ukuba unokushiya embalwa imizuzu yokuqala. Emva koko, umntu osebenza kune naye uza kuwe ukucela uncedo lwakho. Umntu osebenza naye unemisebenzi emithandathu yokwenza ngaphambi kokuphela kokutshintshwa kwakhe, kwaye akaqinisekanga ukuba bonke baya kuggitywa. Ingaba wenza ntoni?
6. Usebenza kwindawo yokucoca i-ice cream eduze kwendlu yakho. Unina onabantwana abancinci abahlau ufika kwaye ubeka umyalelo onzima kakhulu. Uyabona ukuba umqeshwa osebenza ngokutsha uzalisa umyalelo onzima ngokuchanekileyo kune nokumncoma okumnandi. Ingaba wenza ntoni?

## Ukubhalela kuMsebenzi

Uphawu	Ingcaciso	Umzekelo
Indawo yokuqala	Cinga ngeyona mfuneko yileta yakho dilesi.	Ndibhalela ukufaka isicelo ... Njengoko ucele ...
Injongo	Uza kusombulula iingxaki, ugqibezele umsebenzi, okanye ucele isenzo ngokubelana ngemibono kanye nolwazi.	Isisombululo esinokwenzeka kwisingxaki...  Singafuna ukuguqula iinkqubo zethu ...
Abaphulaphuli	Cinga ngomfundi wakho. Yazi isikhundla somfundi wakho, iimfuno kanye nolwazi. Cwangcisa umyalezo ngokufanelekileyo.	Abasebenzi kwi-Three Oaks Day Camp baxabisa ukuhlanelwa kooimeyli kwixesha lethu lokutya ngeveki eveki.  Egameni leqela leHawks elincinane, ndifuna ukunibonga ngamatikiti owathumelayo. Sasinomdla omkhulu kumdlalo we Lakers.
Ifomu	Ininzi yokubhala indawo yomsebenzi inesimo esifanelekileyo: (1) isakhiwo sesithathu sichaza injongo, sinika iinkcukacha, kwaye sichaza isenzo, kanye (2) nedatha, kubandakanya izicwangciso, iinombolo kanye neziboniso.	Ndibhalela ngolwazi malunga nomatshini wakho omtsha wekhompiyutha. Inkampani yethu incinci, kodwa yenza okungenani iikopi ezili-100 ngosuku. Nceda ubize (969) 555-1756 ngoMvulo ukuya ngoLwesine uze undicele, uJulio Vaca.  Sinikela ngeenkonzo ezilandelayo: <ul style="list-style-type: none"><li>• Ukuhlamba iifestile</li><li>• Ukuococa ikhaphethi</li><li>• Ukuweksa umgangatho</li></ul>
Ilizwi	Yiba nengxoxo, kodwa ngqo. Musa ukuba yinto esemthethweni okanye uqobo.	Siyakwamukela kummandla wezorhwebo wasePasadena.  Ndiza kuseka inkomfa yeendaba eziza kusinika uluntu olulungileyo.

## Shuuu

1. Ibingumboniso opholileyo.
2. Bendingenanjongo zokushukumisa isikhephe.
3. Imveliso yethu iya kubhena kwiklasi ephantsi.
4. Bonke abantu abaqeshwe yilo nkampani kufuneka baqinisekise ukuba baqulunge ukuhamba kwabo ukuqinisekisa ukuba abafikayo bahambelana nezihlandlo zabo zokuqala.
5. Isebe lethu liya kufuneka libuyele kwinqanaba elilodwa.
6. UNksz Herman ukhutshiwe, ngoko ndamcebisa ukuba athathe ikhefu lakhe ekuseni.
7. ISikontrakta asikwazi ukwabela okanye ukudlulisela imisebenzi yakhe apha ngezantsi.
8. Amatshontsho aya kuvunyelwa ukuba adlale kwiqela le-softball yenkompani.
9. Ndibeka izinto ozicelileyo kule mvulophu.
10. Ngokuqwalaselwa intlawulo yakhoye \$1,000.00, receipt ke ngoko apha iyamkelwa.

## Ukwenza

**Oku kuluhlu lwemisebenzi omele uyizalise ekupheleni kokutshintsha kwakho kwivenkile yokuthenga. Umsebenzi ngamnye unomlinganiselo oqikelelweyo wexesha apho uya kuthatha ukuggiba. Usebenza ngeeyure ezine. Nika ingqwalaselo ekufutshane kwinkcazo yomsebenzi ngamnye. Lalela le mi sebenzi ukwenzela ukuba zonke zifezekiswe.**

### Uluhlu-lozokwenza

Umsebenzi

Ixesha Iza kulithatha

- Ivathyum. Oku kufuneka kwenziwe ekupheleni kokutshintsha, nje (imizuzu engama-45) emva kokuba ivenkile ivale.
- Izipili ezicocekileyo. Oku kufuneka kwenziwe ngaphambi kokuba (imizuzu engama-20) kuvatyumwe.
- Ukurekhoda izinto zihanjiswe ukusuka kwositokisi ukuya kwi-shelf (imizuzu engama-50)
- Sula izinto zokubala phantsi kwendwangu yamanzi. Oku kufuneka kwenziwe (imizuzu engama-15) ekupheleni kokutshintshwa.
- Amagumbi okugcoba angenario kwaye ubeke iimpahla kuma-hangers. (Imizuzu engama-45) Oku kufuneka kwenziwe ngexesha lokutshintsha, kungekhona imida eyi 45 elandelanayo.
- Ncenceshela izityalo. (imizuzu engama-10)
- Yenza iimpawu zentengiso enkulu. (imizuzu engama-45)
- Hlaziya iingubo kwiithalafu. Oku kufuneka kwenziwe kwimizuzu yonke (imizuzu engama-45) ukutshintshwa kwaye ekupheleni, kungekhona imida engama 45 elandelelanayo.

Ndingayifumana njani le misebenzi?

## Isikhombisi

Imodyuli yemsebenzini: izakhono zomsebenzi

efanelekileyo: Unako ukufunda okanye ufunde; kucace.

indlela zokuziphatha: Umgaqo-siseko womntu wokuziphatha.

Ingcebiso: Ingxelo efanelekileyo malunga nesimo somntu okanye iziqinisekiso.

intshukumo: Inqaku elifutshane okanye isishwankathelo esisetyenziswe lula.

isilengi: Uhlobo olulwimi oluvela ikakhulu kwiintetho eziqhelekileyo okanye ezidlala.

isithethe: 1 Indlela umntu aziphatha ngayo. 2 Isimo sengqondo umntu ahamba naye.

mosha: Ukubonakalisa ukulahlekelwa okanye ukulimala.

ngqinisia: Ukufumana okanye ukuvavanya inyaniso okanye ukuchaneka kwento ethile.

Inkqubo yenkampani: Imigangatho nemigaqo ebekwe yintlango yezoshishino ukuba ifuthe kwaye iqinisekise iziggibo kune nezenzo.

ukuthembeka: 1 Ukwazi ukukholelwa okanye ukuthenjwa. 2 Unelungelo lokuthenga getyala, ukuzithemba okanye ukwamkela.

Ukuziphatha emsebenzini: Isethi yemigaqo yokuziphatha equka ukuhlonipha imigaqo yomsebenzi.

unoxanduva: Unexanduva lokuba; kufuneka ukuba iphendule ngokuziphatha kwayo.  
yimfuneko: Kuyafuneka; kuyimfuneko.

yokuziphatha: Ukuhamba ngokuhambelana nemigaqo eyamkelekileyo yokulungileyo nokungalunganga elawula ukuziphatha komntu okanye amalungu omsebenzi.

## Itshekhi yemali

IBurke Food Supply Company  
617 East 5<sup>th</sup> Avenue  
New York, NY 10019

Dolores Lopez  
77 Waldo Ave.  
Bronx, NY 10038

inombolo yetshekhi: 7207869  
Ixesha lokuhlawula liphelile 12/31/10

### liyure kune noKurhola

### lirhafu nokuNcontsulwa

Ingcaciso	Imali	Ingcaciso	Ngoku Imali	Y-T-D Imali
Isixa sokubhatala uBhaliso.	7.00	Irhafu yeFICA	21.50	1,118.00
Umgangatho weO.T.	10.50	Fed. Imali yerhafu engenayo	79.33	4,125.50
Iyure ezisetyenziwe Reg.	40	NY State	15.40	800.80
Iyure ezisetyenziwe e O.T.	10	U.S. Savings Bonds	7.00	364.00
Umrholo emveni kotsalo	259.77	Imali zemibutho yabasebenzi	2.00	104.00
Imali ynke engekatsalwa	385.00	Irhafu yokungasebenzi	2.00	104.00
Imali yonke engekatsalwa Y-T-D	20,020.00	Total	127.23	6,616.30

### Isiteyithimenti sokurhola. Yiuse uyigcine ukwenzela irekhodi.

IBurke Food Supply Company  
617 East 5th Avenue  
New York, NY 10019

**7207869**

**Umhla:** Janyuwari 1, 2010

**Ihlawulwe kwi  
okuthengwe ngu**  
Dolores Lopez  
77 Waldo Ave  
Bronx, NY 10038

\$\*\*\*259.77

Amakhulu amabini anamashumi amahlanu kune 77/100 . . . . . **IIDOLA**

City Savings & Loan  
23 Sebastian St.  
Bronx, NY 10038

**UJoseph W. Burke**

| : 61777 | :      614728066 | | : 7207869

## Itsheki engenanto

Mkhomba-ndlela:

Gcwalisa ezi tshekhi zimbini ukususela kwezi nkukacha zilandelayo:

- Ngetshekhi #329, uhlawue i- \$29.95 ityala lefowni ku AT&T kuDisemba ka 20, 2010.
- Ngetshekhi #330, uthenge \$20.00 imali yeKhadi IoNaka Omtsha kuK-Mart ngoDisemba 22, 2010.

Jessica Robinson 579 Blue Ridge Road Kansas City, MO 64105	329
	_____ 20 _____
Hlawula kwi-oda ka _____	\$ _____
IIDOLA	
FIRST SAVINGS BANK 294 Greenville Dr. Kansas City, MO 64105	
imemo _____	_____
: 001032357   :      50918900   : 329	

Jessica Robinson 579 Blue Ridge Road Kansas City, MO 64105	330
	_____ 20 _____
Hlawula kwi-oda ka _____	\$ _____
IIDOLA	
FIRST SAVINGS BANK 294 Greenville Dr. Kansas City, MO 64105	
imemo _____	_____
: 001032357   :      50918900   : 330	

## Bhalisa

**Mkhomba-ndlela: Wenze uthengo kaththu kodwa awukakushicileli oko kubabhaliso lwenwadi yetshekhi Ukususela kwiinkcukacha zakho, vuselela ubhliso kwincwdi yakho yetshekhi**

1. Itshekhi #331—Uchithe i \$89.97 eDanny's Shoes ukuungisa izihlang nge3 kaJanyuwari.
2. Nge6 kaFebruwari, ufake itshekhi ye \$9.60 esuka kumhlob wakho uAnna.
3. Uthenge isipho sokuzalwa sikamama wakho ngoFebruwari 17 eJay's Women's Wear. U sebenzise itshekhi #332 kwaye uchithe i \$42.50.

esele Itshekhi Inombolo	Umhla	Ingcaciso yemali	Intlawulo		Imali efakiwe		Imali		
			\$	135	18				
328	12/14	La Rosita Restaurant	18	32			–	18	32
		Isidlo sangokuhlwa					=	116	86
329	12/20	AT&T	29	95			–	29	95
		Italyala lefowni					=	86	91
330	12/22	K-Mart	20	00			–	20	00
		Amakhadi oNyaka Omtsha					=	66	91
	12/31	Itshekhi yemali			259	77	+	259	77
							=	326	68

## Ukuphuma uyothenga esitolo zempahla

<b>\$ 500.00</b>	
Ibhenki	\$ _____
Impahla	\$ _____
Ezombane	\$ _____
Ivenkile yezihlangu	\$ _____
Ivenkile enkulu	\$ _____
Enokuninzi	\$ _____
Imali yonke echithiwe	\$ _____
Imali yonke egciniwe	\$ _____
<b>\$500.00</b>	
Ibhenki	\$ _____
Impahla	\$ _____
Ezombane	\$ _____
Ivenkile yezihlangu	\$ _____
Ivenkile enkulu	\$ _____
Enokuninzi	\$ _____
Imali yonke echithiwe	\$ _____
Imali yonke egciniwe	\$ _____

<b>\$500.00</b>	
Ibhenki	\$ _____
Impahla	\$ _____
Ezombane	\$ _____
Ivenkile yezihlangu	\$ _____
Ivenkile enkulu	\$ _____
Enokuninzi	\$ _____
Imali yonke echithiwe	\$ _____
Imali yonke egciniwe	\$ _____
<b>\$500.00</b>	
Ibhenk	\$ _____
Impahla	\$ _____
Ezombane	\$ _____
Ivenkile yezihlangu	\$ _____
Ivenkile enkulu	\$ _____
Enokuninzi	\$ _____
Imali yonke echithiwe	\$ _____
Imali yonke egciniwe	\$ _____

## Ibhajethi Yam

Ngeveki		Ngenyanga
Ingeniso	\$ <u>50.00</u>	× 4      \$ <u>200.00</u>
Ukugcina imali	\$ <u>10,00</u>	× 4      \$ <u>40,00</u>
Ukutya	\$ <u>20,00</u>	× 4      \$ <u>80,00</u>

	Ngeveki		Ngenyanga
Ingeniso	\$ _____	× 4	\$ _____
NGEVEKI IIMFUNO/IZIDINGO	IXABISO		IMALI OYICHITHA NGENYANGA
Ukugcina	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
_____	\$ _____	× 4	\$ _____
Imali yengeniso iyonke	\$ _____		\$ _____
-Imai echithiwe iyonke	-\$ _____		-\$ _____
	=\$ _____		=\$ _____
	(Oku makubekukhulu kunoziro.)		(Oku makubekukhulu kunoziro.)

## Imveliso Imveliso yoMkhankaso weNtengiso

**Mkhomba-ndlela: Yinqumle inkazo yeemveliso ezilandelayo zibe yimichilo ukwenzela ukuba iivolontiya zeqela zidwebe enye.**

Ibhola engaggampiyo

I-Candy enencasa ingathi yingququ yenkuni

Ibhulebhu ehlala imizuzu emihlanu nje

Umdlali we-MP3 odlala kuphela iingoma

Ikholo yeenja eyenza injia igwebe

I-lotan ye-lotan eyenza ukushona kwelanga

I-Automobile ehamba ngeekhilomitha ezisithandathu kuphela ngeolon yegesi

Isiselos esisiselo esenza ukhathele

Izikeyiti ezisemgceni zinamavili asiskwere

Umgcoba wezambatho oshiya izambatho zakho zivutha njengothuli

Iphunga elivumba lephefyum linuka njengepetroli

## Indlela zokuthengisa

Ithetha kwiimvakalelo: Le ndlela ixhaphaza abathengi kunye neengxaki. Umzekelo, iintengiso kusetyenziswa ukuthetha neemvakalelo kungabuza "Ingaba unawo unomoya onukayo?" okanye ithi "I-Dandruff ayikho seksi." Umyalezo ujolise ubumbano kwaye udala ukungathandabuzeki ngokwakho. Isisombululo esinikezelwa kukuba, ukuba uthenge imveliso epapashwe.

Indlela ye-Bandwagon: Le ndlela ithetha abantu ukuba benze oko wonke umntu akwenzayo. Kuthatha inzuko yabantu abanqwenela ukuhambelana. Ukusetyenziswa kwindlela yokusebenzisa i-bandwagon kukuba abathengi kufuneka "baqhubeke kunye namaJones." Abathengi abafuni ukungaqondakali ngokungathengi umkhiqizo. Le ndlela yokubhengezwa isetyenziswe ngokubanzi kwimikhankaso yezopolitiko.

lingqinisiso: Le fomu yentengiso isebeenzisa abantu abaziwayo, njengabadlali, abdlali, kunye nabaculi, okanye abantu abaqhelekileyo ukuxhasa iimveliso. Ingqiqo kukuba ukuba aba bantu bathanda umkhiqizo okanye inkonzo, umthengi oghelekileyo uya kuthanda, naye. Ezi ntengiso zibonisa ukuba ezinye zegama loMduo linga "gxobhoza" kumsebenzisi.

Izinto gabalala ezimenyezelayo: Olu hlolo lwasibhengezo lusetyenziswa ngokugqithisileyo okanye amabinzana athathakayo, afana nokuthi "Ulungele ukuhla kwelokugqibela" okanye "Andizange ndilibale umfazi ogqoke idayimane." Nangona ezi binzana zikhangelingqwalasela, ayithethi nantoni na.

Isibheno sokuphakama: Le nkqubo ibonisa ukuba kuya kuthanda okanye kuhloniphekile ukuba ibe ngumntu ocebileyo kwisibhengezo. Ibonisa ukuba umboleki angaphumelela kubahlobo kunye nabamelwane ngokuthenga loo mveliso. Impapasho ezininzi zeemoto zentengiso zisebenzisa le ndlela.

Amagama eebrend: Igama lomtsalane ligama, umfanekiso, okanye uphawu lweemveliso okanye inkonzo. linkampani ezininzi ziyazi ukuba zichongiwe kangakanani igama lokutshintshwa kwegama-mali, ngoko bachitha imali eninzi yokukhangisa nokwakha ulwazi lomthengi ngemveliso yabo. Abathengi baphenjelelwa ngamagama abonwa rhoqo kwiimaphephancwadi nakumaphephancwadi okanye kumabonwakude.

# Uvavanyo IoMkhankaso weNtengiso

**Amalungu eQela**

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## INKQUBO YOBANZI:

**** okuseleyo	** okulungile
*** okugqibelele	* Imbi

IQELA	AMATHUBA	UKUPAPASHWA UBUCHWEPHESHE	YAYE IYINTONI UMNTU OSEQUMRHWINI LOKUKHUPHA UMTHETHO	YINTONI ENOKUPHUCULA	UKALO

## Isikhombisi

Imodyuli yeShumi elinanye: ngokwakho

i-akhawunti yebhanki: Ulwalamano olusesikweni olumiselwe ukubonelela ukubeka okanye ukuhoxisa imali.

i-akhawunti yokugcina: I-akhawunti yasebhanki esetyenziselwa ukugcina imali ngexesha elifumana umdla.

ibhajethi: Isicwangciso esisisiseko sokusetyenziswa kwezinto eziqhelekileyo, ezifana nemali okanye ixesha, ngexesha elithile.

idiphozithi ngqo: Isivumelwano phakathi kwenkampani kunye nebhanki evumela ukuba ikhekhe yomqeshwa ihlawulwe ngqo kwi-akhawunti yakhe yasebhanki.

ifederal: Kulo, okanye ngokuphathelele, urhulumente ophakathi waseUnited States.

ikhadi letyala: Ikhadi leplastiki ephuma kwibhankini okanye elinye iziko eligunyazisa ukuthengwa kweempahla kwikhredithi.

imidiya: 1. Ubunxibelewano bobutyebi, njengamaphephandaba, omagazini, umsakazo, umabonwakude, okanye intanethi. 2. Iqela leenkatheli zeendaba kunye nabanye ababandakanya ishishini loqhagamshelwano kunye nobugcisa.

isixa esikhulu: Ingeniso epheleleyo okanye inzuso ngaphambi kokuncitshiswa.

jonga i-akhawunti: I-akhawunti yaseBhanki isetyenziselwa iintlawulo ngee-check checks.

ngeniso: Isixa semali okanye ixabiso elilinganayo lifunyenwe ngexesha lexesha ngokutshintshiselwa abasebenzi okanye iinkonzo.

ntengiso: Isivumelwano seshishini okanye utshintshiselwano; shishini.

ukubamba irhafu: Imirhumo yokuba urhulumente, urhulumente, urhulumente, okanye urhulumente wengingqi ulahla kwi-paycheck yomsebenzi.

ukubuyisa irhafu: Ifomu emele ifakwe ngumqeshwa kunye noorhulumente ukuba abike inani lemirhafu ehlawulwayo.

umdla: Imali ehlawulwe ukusetyenziswa kwemali ebolekileyo.

umgangatho wokuziphatha: Isethi yemigaqo yokuziphatha kunye nokukhetha malunga nokuziphatha.

umhlawulwa: Umntu onikwe imali.

umkhuthazi: Ukulwela ukuba negunya lokukholisa okanye ukuthonya.

zikhutshiwe: Ukungabi namagunya omthetho okanye ukufaneleka.

Imodyuli yeShumi elinanye Kwibanga lakkho lesiklo esiPhakamileyo

## Ikhontrakthi eyiSempula

I, (igama lomfundu), njenelungu le (igama lomhlohlili nesifundo) iklasini, ndichaza ukuzibophezela kwam kwinkqubo yokufunda kwinkonzo esiya kuyenza iklasi lethu. Njengenxalenyeye qeqela leprojekthi, ndiyavuma oku kulandelayo:

- Yiza kwiklasi ngexesha ukwenzela ukwandisa ixesha lethu lomsebenzi kwiprojekthi.
- Phatha le projekthi kwaye yonke imisebenzi ibandakanyeke ngokungqongqo.
- Gcwalisa imisebenzi ngexesha kunye nokusemandleni akho.
- Gcina zonke iimbopheleleko zeeprojekthi.
- Qhubeka usebenza kwiprojekthi uze ugqityiwe, okanye ade iqela livuma ukuba umsebenzi uyensiwe.

Isayinwe kwi \_\_\_\_\_  
(umhla)

---

(Isityikityi somfundi)

---

(Isityikityi soTitshala)

---

(Isityikityo seNggina)

# Isikhokhelo SokuFunda ngeNkonzo neJongo-Luhlu

## Ukukhetha iProjekthi

- Chaza "ukufunda ngenkonzo" kubafund.
- Ukukhuthaza nokukhuthaza abafundi ukuba bahlanganye.
- Ncedisa abafundi ukuba bakhetha isihloko sesiprojekthi.

## Ukudala iSicwangciso soMsebenzi kunye nokulungiselela iProjekthi

- Chaza "isicwangciso senzo" kwaye uchaze ukuba kutheni kufuneka kwensiwe umntu..
- Cacisa ukuba yeypifi ifayile kufuneka ifakwe kwisicwangciso senqubo
- Ukufunda abafundi ngeendlela ezahlukeneyo zokufumana ulwazi kwinkonzo yokufunda
- Hlanganisa imizamo yophando yabafundi.
- Yenza abafundi babhalise izivumelwano zeprojekthi
- Hlanganisa imizamo yomsebenzi wabafundi ngokwenza amaqela eeprojekthi okanye amaqela omsebenzi.
- Nceda abafundi babhale icebo lesenzo.
- Ncedisa abafundi ngokudala umgca wexesha lomsebenzi / i-flowchart yomsebenzi.
- Yenza abafundi bangenise icebo lesenzo sokwamkelwa kwabo bafanele ukulungelelanisa le projekthi.
- Lungiselela abafundi ukuba benze iintetho malunga neprojekthi.
- Nceda abafundi bahlaziye isicwangciso sabo sokusebenza, ukuba kuyimfuneko.
- Khokela abafundi njengoko belandela amanyathelo achazwe kwisicwangciso sabo sokusebenza ukuze balungiselele iphrokethi.
- Cacisa ukabaluleka kunye neendlela zokulandeleta inkqubela phambili yabafundi njengoko basebenza ukugqiba le projekthi.
- Echaza imbono kunye nokubaluleka kokuba nomsebenzi onamandla.
- Cacisa iingcamango ezikhethekileyo abafundi abajamelana nazo xa besenza iprojekthi

## UkuPhatha iProjekthi

- Khumbuza abafundi ukuba bahlolisise kwaye bahlolisise ngokuphindwe kabini ukuqinisekisa ukuba baye bagqiba bonke umsebenzi weprojekthi yabo
- Nceda abafundi baqiqe iingxaki zeprojekthi yokuggibela..
- Yenza abafundi bahambe ngeprojekthi baze benze i-ajenda yomhla weprojekthi.
- UkuXhasa abafundi njengoko begqiba iprojekthi yokufunda kwinkonzo.
- Bhiyoza.

## UkuVavanya nokuVavanya koLuntu

- Cacisa ukuzihlolisa kwaye kutheni kubalulekile
- Cacisa ukuba kuhlolle ntoni ukuhlola.
- Yenza abafundi bazalise ukuhlola ngokwabo umsebenzi weprojekthi..
- Cacisa ukuba uvavanyo lukawonke wonke lunjani kwaye kutheni luncedo.
- Cacisa ukuba uvavanyo lukawonke wonke lufanele lubandakanye.
- Ingaba abafundi bazalise uvavanyo lwabantu ngomsebenzi wabo.
- Ahlola impembelelo yeprojekthi kubafundi nakumphakathi..

Ukufunda iNkonzo kwiBanga eliPhkamileyo

## Ukutrekha lishiti

Igama:

Umhla waNamhlanje:

Umxholo weProjekthi:

Igama	Umsebenzi	Usuku lokujolisa	Eyona nto Jikelezisa	Izimvo

## Isampula eyiMemo

IYA KU: Nks. Grimes  
ISUKA: Iqela lokudlala  
Mp: Ingxelo yeeNkqubela zeveki  
UMHLA Matshi 22

Le veki, iqela lethu lifeze le mi sebenzi elandelayo:

- Wabhalal isalathisi sesibini kwisenco sesibini somdlalo.
- Qinisekisa ubungqina bokujala, okwenziwa ngoku.
- Qhagamshelana neqela lophando ukuze uxoxe ngale mibuzo elandelayo esiyidingayo impendulo kwisenco sokugqibela somdlalo:
  - Ziziphi iintlobo zeentlanzi eziyingxene yendalo yepaki?
  - Ukutshintshwa kwamaxesa kuthintela njani kwendalo?

Sineengxaki ezilandelayo ukunqoba:

- I-auditorium yesikolo esiseprayimari ibhalwa ngosuku esiye silungiselela ngayo ukusebenza kwethu.
- Asikwazi ukufumana iibhokisi zekhadibhodi zendawo.

Ngeveki elandelayo, siceba ukuggiba imisebenzi elandelayo:

- Bhala umqulu wokuqala wokudlala isenzo sesithathu nesokuggibela.
- Fumana idrafti yesibini sesenzo sesibini sokuphonononga.
- Misela umhla kwi-auditorium kwisikolo saseprayimari; uhlaziyo lwexesha.
- Qhagamshelana nezinye izitolo zendawo kunye nezityalo zokuphinda kwaye ucele iibhokisi zekhadibhodi.

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NGUMARGUERITE MARSH

**Imidlalo yeVidiyo, ii-iPod, iifowuni, ukuthumela imiyalezo, ukubukela kwe-TV, ukuziphatha okubi-leyo yiprofayili abathile abantu abathile abakutsha namhlanje. Eminye ifanelekile loo mboniso, kodwa ininzi ayinayo.**

**Ingxaki kukuba ukuziphatha kakuhle akusoloko kufumana umshicileli wokuziphatha okubi. Khawubheke abanye abatsha abenza umehluko. Ingatshintsha indlela ojonga ngayo abantwana abane-18 nangaphantsi.**

## Mimi Ausland

Abaninzi abantu, bengayekanga bafana okanye abafana, bangatsho ukuba baqale iwebhusayithi ukunyusa izilwanyana ezilambile kwindawo yokuhlala kwendawo yokuhlala. Kodwa mna uAus Ausland, oneminyaka eli-12 ubudala waseBend, Oregon, ozinikele kwiindawo zokukhusela, unokuthi wenza-ngempumelelo.

U-Ausland waqala ukufumana ingcamango evela kwi-site yeRistile yamahhala, apho yonke imibuzo oyiphendule ngokuchanekileyo inikela ngeesilidi ezili-10 zerayisi kwi-World Food Programme ekuncedeni ukuphelisa indlala. Esikhundleni selayisi, wakhetha i-kibble yamakati kunye neenja. Yonke imihla ngemibuzo emibini i-post-enye malunga neekati kunye nomnye ngeenja. Xa uphendula, ngokuchanekileyo okanye ngokungalunganga, unika iziqwenga ezili-10 ze-kibble kwisilwanyana ngasinye.

Ngokwewebhusayithi yayo, i-Ausland iqalise i-freekibble ngo-Ephreli 1, 2008. Ngomhla we-14 kuMeyi, waqokelela ii-pounds ezingama-240 zokutya, awazinikela kwindawo yakhe yokuhlala, i-Humane Society yase-Oregon ephakathi.

Umnikelo wakhe wokuqala wanele ukondla izinja ezingama-456 ngosuku olunye. Ngomhla kajJanuvari 4, 2010, i-freekibble ne-freekibblekat, iphakame ngaphezu kwe-285,000 iiplani (142 toni) ze-kibble ezabelwana ngazo kwiindawo zokuhlala ezi-13 kwi-US. Akumangalisi ukuba yi-ASPCA ka-2008 i-ASPCA i-Humane Award Winner kwimigudu yakhe.

## USally O'Brien

Njengomdala oneminyaka eyi-18 ubudala e-Upper Arlington High School, uSally O'Brien unesicwangciso esityebileyo. Uthatha iiklasi, afundise abanye abafundi, ngumhleli wekopi yencwadi yakhe yokufunda yesikolo esiphakamileyo kunye nomhleli wokuyila umagazini wezobugcisa. Kwakhona isebenza iintsuku ezintathu ngeveki kwindawo yokutyla. Kodwa oko akumthinteli ukuzithandela esikolweni nakummandla. "Ivolontiya yindlela ebini," uOriri wachaza. "Kungakhathaliseki ukuba ndinika phi, ndifumana into ngokubuyisela."

Uluhlu Iwayo Iweprojekthi zokuzithandela lukhulu-esikolweni uhileleka kumculo wesikolo, Ukusebenzisana Kwontanga, UkuZihlonela, kunye neNhlonipho yeComputer Flight, kwaye ngumcebisi wekampu yee-sixth-graders kwi-Big Sisters Big Sisters Camp Oty'Okwa. Uyazivolontiya zonke ihlobo eDolophu yaseKukhuseleko yase-Upper Arlington, njengoko wenzayo ukususela kwibakala lesithupha-esebenza nabantwana abaneminyaka emi-5 no-6. "Ndisebenze eofisini, ndandincedisa uitishala kunye nomphathi wongaphandle," kusho uOrien. "Ndifunde kakhulu. Bandifundisile kangangoko ndibafundisile. Ndingcono ekusebenzeni nabantu. Ndibona izinto ukusuka kwindawo yabo yokujonga. Ndifunde ukungathathi izinto ngokubaluleka kwaye nokubaluleka kokuphuma nokunceda abantu."

Yena kunye nabahlobo bakhe bancedisa ukuhamba izinja kwi-Capital Area Humane Society. "Siyakwazi ukuhamba ezinja

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size sihlangane kunye," u-O'Brien uthe. Ukubandakanyeka kwakhe neenja akupheli aphi. Yena kunye nentsapho yakhe baye bakhulisa amantombazana ku-Pilot Dogs ukususela ngo-2001. Baye bakhulisa iintsana ezisixhenxe begcina omnye ngonyaka. "Sonke sinceda ekubukeni, ekuhlaleni nasekufundiseni," watsho. Abazali bam banendima enkulu kule nto. Baye bandifundisa ukuba ndinemithombo yokuphuma kwaye ndinokunceda abantu kunye nefuthe kuluntu. Ndinemexsha. Kwaye ndibe nexesha lokuxhoma kunye nabahlobo bam. Ndiyakwazi ukwenza oko ndifuna ukukwenza, ngoko kutheni? "

### UErin O'Brien

U-Erin O'Brien ungumntwana oneminyaka engama-16 ubudala e-Upper Arlington High School kwaye udade lukaSally. U-Erin naye uyzibandakanya noluntu kwaye ubandakanyeka kwimibutho efana no-Sally, kodwa uhamba naye kumdaka wakhe. U-Erin uye wanikela iinwele zakhe kwiLocks of Love-ukunikela, iinwele kufuneka zibe ziintshi ezili-10 ubude okanye ngaphezulu. "Ndandisoloko ndizithiya ukunqunyulwa kwamagwele," uOrien uthe. "Xa ndandinemyaka eli-11 ubudala, bekuncinci kwam. Ndiyenzile kathathu kwaye ndiceba ukuqhube ka ndiyenza."

Kwakhona uyinxalenye yeConferencing Crew esikolweni, ukunceda abantu abatshintshisayo ukuba bafundele esikolweni esiphakamileyo, baye bahlabela umculo wonyaka wesikolo esiphakathi, kuhileleke kwiNtionalo yakho kwaye uye waba ngumcebisi wekampu labaphathi beesithandathu kwi-Camp Oty'Okwa. Udidi olupheleleyo lwasithandathu luya, "uOrien uthe. "Injongo yonke kukuba ngumzekelo omhle. Basenokungazi indlela yokusebenza kwindawo entsha. Sinawo wonke amava eenkampu." Ufunde kwiinkampu, naye, wathi. "Bandifundise ukabaluleka kokujonga ngombono womnye umntu. Kwaye ke vumela uhambe uye ujabule."

Ukususela kwibanga lesithandathu, u-O'Brien uchithe ukushisa kwakhe kwiKapa lezoKhuseleko. Okwangoku ungumncedisi wothisha, uncedisa abantwana ngezobugcisa nokuzifundisa iingoma. Ukwafundisa nokukhuseleko kwendlela kunye nendlela yokuhamba ngeendlela ezikhuselekileyo. Kwaye ufunde ntoni? "Ndiye ndavelisa izakhono zabantu abatsha kunye nezakhono zonxibelelwano ezinxulumene nabantwana, abazali babo kunye namagosa. Ndiyilungele umsebenzi omdala kunye nodliwano-ndlebe." Injongo ka-O'Brien kukufunda uphando kunye mhlawumbi usebenze kwiintlalontle zoluntu. "Ndiyakuthanda ukusebenzisana nabantu abaninzi," watsho. "ISebe leKhuseleko liye lamnceda ukuba ndiqonde ukuba."

I-O'Brien icebiso kubafana abanqwenela ukuzivolontiya kodwa abanakuggiba isiggibo sokuba benze ntoni ukuzama uMbutho weHuman. "Yithandwa kakhulu. Kulula ukuhlambulula iikhoyi kunye nezinja zokuhamba. Fumana iitalente zakho nobuchule bakho ukwenza umehluko. Mbonise into enokuyenza kunye nento enokuyithandayo. Ingaba uthanda imidlalo? Kuthiwani ngee-Olimpiki ezizodwa? Ukunceda abantwana? Fumana isikolo esinokusebenzisa uncedo lwakho. Kukhona into yazo zonke iintlubo."

### UEryn Dalton Powell

Umndilili we-Columbus 2009 I-Jefferson Award kwinkonzo karhulumente, kunye nomdali wewebhusayithi ye-Eryn's Healing Arts, u-Eryn Dalton Powell unolwazi oluninzi lobomi kwiminyaka eyi-14. Ukuhumanisa i-anemia yesalente yesaleni (SCA) esemncinci, uPowell uye wachitha ixesa elininzi kwiZibhedlele saBantwana beSizwe. Ingcamango yakhe yokuqala yokuqhube ibhola yokudlala iyayizalwa xa ebhedlele ngenkathi efumana unyango Iwe-SCA. Wathi, "Kungaba buhlungu kakhulu," watsho. "Amaseli egazi ayavalwa emithanjeni.

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Ndazama ukuphazamisa intlungu-ndenza imidwebo kwaye ndenza amakhadi."

Inqwelo yesipho esinika izigulane zobugcisa nemisebenzi yezandla, amathoyizi, iincwadi kune nezilwanyana ezixutywe, kwakuncedo. "Abantu banikela ngezinto," watsho. "Kwandenzena ndive ngcono ukuba umntu wayecinga ngam."

UPowell waqala ukuqhuba yakhe itekisi kune nabafundi afunda nabo, ababenomdla ngokunceda. Ukuqhuba kwakhe okokuqala kwaba yimpumelelo kangangokuthi wenza isiganeko sonyaka, wafumana uncedo oluvela kwiChicago Symphony kune nootitshala esikolweni sakhe.

Ingcamango yewebhusayithi yakhe yafika xa unina wayibona imidwebo yakhe kwaye wenza amakhadi kubo. UPowell ngoku uthengisa amakhadi kwisayithi lakhe njengengxowa-mali. Injongo yakhe? Ukunceda nokufundisa abanye nge-SCA.

"abantu abaninzi abazi ukuba banesifo. Umntu oneminyaka eyi-16 ubudala wayinokufa ngecal ka kwaye wafunyaniswa oko. " Ufuna nje ukunceda abanye. "Ukuba omnye umntu unokuziva engcono nantoni na-ndifuna ukwenza okuthile ukuze ndibancede. Ukunceda abanye abantu bandivuyisa. Ndiyamthanda nje. "

IPowell unamanye amalungiselelo kwiwebhusayithi yakhe-efana nokwakha ikhalenda kwiifoto ayithandayo ukuthatha. Kodwa baya kufuneka balinde. Ngenxa ye-SCA, waphoswa isikolo esininzi kulo nyaka kwaye unomsebenzi omningi wokufunda ekhaya. Kodwa loo nto ayiyi kumgcina. "Ndiyathanda ukuvakalelw," watsho. "Kodwa ngelo xesha, ndicinga ukuba ndiyakwazi ukwenza okunye. Ndiyinyani ngokwenene, kodwa ndiyazi ukuba ndingaqhubeka ndihamba. "

Iphindiwe ngemvume evela kwiNkampani yokuPrinta iNtengiso. Ubunikazi be-2010, iNkampani yokuprinta iNtengiso. Isebenzisa: Umshini wokukopa, iprojekti ye-opaque, okanye imaster ekhanyayo yeprojektha yangaphezulu kwentloko. Inkampani yokuPrinta iNtengiso inikeza imvume yokuvelisa eli phepha ukuze lisetyenziswe eklasini.