

High School Level

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Florida Essential Skills  
Alignment

## OVERCOMING OBSTACLES HIGH SCHOOL CURRICULUM

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### Florida Essential Skills Alignment

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**About the Florida Essential Skills:** The essential skills listed in this document are being integrated into the standards and benchmarks of the secondary and postsecondary Career and Technical Education programs maintained by the Florida Department of Education's Division of Career and Adult Education. They are the knowledge and skills essential to success for careers in all career clusters.

Students preparing for careers at any level should be able to demonstrate this knowledge and these skills in the context of their chosen clusters and career paths.

**About the Overcoming Obstacles Life Skills Curriculum:** Overcoming Obstacles' comprehensive curriculum materials are available at the middle and high school levels, and include lesson plans designed to help educators explicitly teach students the skills that are necessary for success. Each level covers over 20 vital skills and includes step-by-step instructions that break down these abstract concepts into age-appropriate techniques that students can apply to their daily lives. Both levels of the curriculum encompass a variety of individual and collaborative learning techniques, are designed to stimulate critical and creative thinking skills in young people, and engage students with hands-on activities.

Because college and career readiness are critical, students in the high school program also learn strategies that enable them to excel on the job; plan for a continuing education; develop financial responsibility; complete applications for scholarships, grants, and loans; prepare employment applications and resumes; manage time, money, and people; and perform well in employment interviews.

**Using this Document:** The Essential Skills learning standards that align with the program have been bolded. They are followed by correlating lessons from the Overcoming Obstacles curriculum (identified in blue text by the **module** and **lesson title** in which they appear).

For the Academic Foundations standards, please refer to the Overcoming Obstacles alignment with the Common Core State Standards for Language Arts and Mathematics.

Standards for the following skill groups were excluded from this document: Information Technology Applications Skills, Systems Skills, and Safety, Health, and Environmental.

## ACADEMIC FOUNDATIONS (AF)

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Refer to the Common Core State Standards alignment for further information on incorporating the Overcoming Obstacles curriculum into language arts and mathematics instruction.

- 01.0 Demonstrate language arts knowledge and skills. – The student will be able to:
  - 01.01 **Locate, comprehend and evaluate key elements of oral and written information.** *Module One: Communication Skills, Lesson 5: Communicating Constructively*
  - 01.02 **Draft, revise, and edit written documents using correct grammar, punctuation and vocabulary.** *Module Six: Skills for School and Beyond, Lesson 4: Writing Reports and Presenting to an Audience*
  - 01.03 **Present information formally and informally for specific purposes and audiences.** *Module Six: Skills for School and Beyond, Lesson 4: Writing Reports and Presenting to an Audience*
- 02.0 Demonstrate mathematics knowledge and skills. – The student will be able to:
  - 02.01 Demonstrate knowledge of arithmetic operations.
  - 02.02 Analyze and apply data and measurements to solve problems and interpret documents.
  - 02.03 Construct charts/tables/graphs using functions and data.
- 03.0 Demonstrate science knowledge and skills. – The student will be able to:
  - 03.01 Discuss the role of creativity in constructing scientific questions, methods and explanations.
  - 03.02 Formulate scientifically investigable questions, construct investigations, collect and evaluate data, and develop scientific recommendations based on findings.

## COMMUNICATIONS (CM)

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- 01.0 Use oral and written communication skills in creating, expressing and interpreting information and ideas. – The student will be able to:
- 01.01 **Select and employ appropriate communication concepts and strategies to enhance oral and written communication in the workplace.** **Module Ten: On-the-Job Skills, Lesson 3: Communicating on the Job**
  - 01.02 **Locate, organize and reference written information from various sources.** **Module Six: Skills for School and Beyond, Lesson 3: Reading, Listening, and Note Taking**
  - 01.03 **Design, develop and deliver formal and informal presentations using appropriate media to engage and inform diverse audiences.** **Service Learning, Lesson 5: Giving Presentations**
  - 01.04 **Interpret verbal and nonverbal cues/behaviors that enhance communication.** **Module One: Communication Skills, Lesson 1: Understanding Nonverbal Communication**
  - 01.05 **Apply active listening skills to obtain and clarify information.** **Module One: Communication Skills, Lesson 3: Listening Critically**
  - 01.06 **Develop and interpret tables and charts to support written and oral communications.** **Refer to Lesson Extensions in Module One: Communication**
  - 01.07 **Exhibit public relations skills that aid in achieving customer satisfaction.** **Module Four: Resolving Conflicts, Lesson 4: Creating a Win-Win Situation**

## EMPLOYMENT AND CAREER DEVELOPMENT (ECD)

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- 01.0 Explain the importance of employability skill and entrepreneurship skills. – The student will be able to:
- 01.01 **Identify and demonstrate positive work behaviors needed to be employable.** *Module Ten: On-the-Job Skills, Lesson 1: Developing a Positive Work Ethic*
  - 01.02 **Develop personal career plan that includes goals, objectives, and strategies.** *Module Three: Setting and Achieving Goals, Lesson 1: Identifying Goals*
  - 01.03 **Examine licensing, certification, and industry credentialing requirements.** *Module Seven: A Game Plan for College/Higher Education, Lesson 2: Determining the Training and Education You'll Need*
  - 01.04 **Maintain a career portfolio to document knowledge, skills, and experience.** *Module Eight: A Game Plan for Work, Lesson 5: Preparing a Resume*
  - 01.05 **Evaluate and compare employment opportunities that match career goals.** *Module Eight: A Game Plan for Work, Lesson 2: Exploring Job Possibilities*
  - 01.06 **Identify and exhibit traits for retaining employment.** *Module Ten: On-the-Job Skills, Lesson 1: Developing a Positive Work Ethic*
  - 01.07 **Identify opportunities and research requirements for career advancement.** *Module Eight: A Game Plan for Work, Lesson 3: Looking for a Job*
  - 01.08 **Research the benefits of ongoing professional development.** *Module Ten: On-the-Job Skills, Lesson 5: Advancing on the Job*
  - 01.09 Examine and describe entrepreneurship opportunities as a career planning option.

## ETHICS AND LEGAL RESPONSIBILITIES (ELR)

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- 01.0 Describe the importance of professional ethics and legal responsibilities. – The student will be able to:
- 01.01 **Evaluate and justify decisions based on ethical reasoning.** *Module Two: Decision Making Skills, Lesson 3: Exploring Alternatives and Considering Consequences*
  - 01.02 **Evaluate alternative responses to workplace situations based on personal, professional, ethical, legal responsibilities, and employer policies.** *Module Ten: On-the-Job Skills, Lesson 2: Working with Others*
  - 01.03 **Identify and explain personal and long-term consequences of unethical or illegal behaviors in the workplace.** *Module Ten: On-the-Job Skills, Lesson 1: Developing a Positive Work Ethic*
  - 01.01 **Interpret and explain written organizational policies and procedures.** *Module Two: Decision Making Skills, Lesson 2: Gathering Information*

## FINANCIAL LITERACY (FL)

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- 01.0 Demonstrate personal money-management concepts, procedures, and strategies. –  
The student will be able to:
- 01.01 **Identify and describe the services and legal responsibilities of financial institutions.** *Module Seven: A Game Plan for College/Higher Education, Lesson 5: Discovering Money: Scholarships, Grants, and Loans*
  - 01.02 **Describe the effect of money management on personal and career goals.** *Module Eleven: On Your Own, Lesson 1: Managing Your Finances*
  - 01.03 **Develop a personal budget and financial goals.** *Module Eleven: On Your Own, Lesson 2: Making a Budget*
  - 01.04 **Complete financial instruments for making deposits and withdrawals.** *Module Eleven: On Your Own, Lesson 1: Managing Your Finances*
  - 01.05 **Maintain financial records.** *Module Eleven: On Your Own, Lesson 1: Managing Your Finances*
  - 01.06 **Read and reconcile financial statements.** *Module Eleven: On Your Own, Lesson 2: Making a Budget*
  - 01.07 **Research, compare and contrast investment opportunities.** *Module Eleven: On Your Own, Lesson 1: Managing Your Finances*

## LEADERSHIP AND TEAMWORK (LT)

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- 01.0 Demonstrate leadership and teamwork skills needed to accomplish team goals and objectives. – The student will be able to:
- 01.01 **Employ leadership skills to accomplish organizational goals and objectives.** *Module Three: Setting and Achieving Goals, Lesson 5: Learning to Be Assertive*
  - 01.02 **Establish and maintain effective working relationships with others in order to accomplish objectives and tasks.** *Module Eight: A Game Plan for Work, Lesson 4: Networking*
  - 01.03 **Conduct and participate in meetings to accomplish work tasks.** *Module Ten: On-the-Job Skills, Lesson 3: Communicating on the Job*
  - 01.04 **Employ mentoring skills to inspire and teach others.** *Module Eleven: On Your Own, Lesson 4: Becoming a Responsible Citizen*

## PROBLEM-SOLVING AND CRITICAL THINKING (PS)

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- 01.0 Solve problems using critical thinking skills, creativity and innovation. – The student will be able to:
- 01.01 **Employ critical thinking skills independently and in teams to solve problems and make decisions.** *Module Five: Problem Solving, Lesson 1: Problem Solving Techniques*
  - 01.02 **Employ critical thinking and interpersonal skills to resolve conflicts.** *Module Five: Problem Solving, Lesson 3: Problem Solving on the Job*
  - 01.03 **Identify and document workplace performance goals and monitor progress toward those goals.** *Module Eight: A Game Plan for Work, Lesson 1: Working Toward Your Goals*
  - 01.04 **Conduct technical research to gather information necessary for decision-making.** *Module Two: Decision Making Skills, Lesson 2: Gathering Information*